Narrative efforts at social redemption by people with AIDS/HIV

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Narrative Efforts at Social Redemption by People With AIDS/HIV

by

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A dissertation submitted in partial fulfillment of the requirements for the degree of Doctor of Philosophy
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Dedication

This dissertation is dedicated to my father, Stanley M. Zolnier, who always wanted a doctor in the family.
Acknowledgements

I must first thank my committee: Eric, Elizabeth, Kim and Stacy, without whom I would not be here. Thank you for the support, encouragement, patience, and guidance you have provided. This work is truly a result of your outstanding input. I would also like to thank Steven Thelen, who supported me in every way possible and will always hold that special place in my heart. Kevin, although we have only been together a short time, I am glad you are in my life and get the chance to share one of the greatest moments of my life with me. Dave and Melanie, you have always been very supportive and deep down you both knew this time would come, even when I did not! But, there are also the people who listened to me cry, scream, yell and want to quit: Elena, Eric and Wendy, Deb, Laura, Shawn, Joan, Keysha, Shari, Anna, and Lori, all of whom told me to relax and that I could do this. A special thanks to my parents, Deanna and Buddy, for always reminding me I had to get this done. And of course to Dr. Payne, who showed me that Burke does not need to be feared, and who did not strangle me when he might have wanted to. Lastly, to Dennis, who redeemed me not only academically, but spiritually as well.
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Narrative Efforts at Social Redemption by People with AIDS/HIV

Andrea Zolnier Thelen

ABSTRACT

This dissertation explores four narrative texts written about AIDS/HIV and evaluates each one by applying Kenneth Burke’s redemption drama, consisting of guilt, purification, and redemption. The methodology is a close textual analysis using rhetorical analysis as a way to highlight the use of the redemption drama in language. The first chapter explores the history of AIDS/HIV and makes the argument for using Burke’s rhetorical approach. The second chapter briefly highlights the plot of the four narratives and provides background information and context for each book. The third chapter applies the concept of guilt to all four narratives. The fourth chapter uses purification, breaking it down into mortification and victimage. Chapter five explains the way each protagonist and reader has found redemption. Chapter six concludes the research and offers limits and possible areas for future study. This research shows that with illnesses that carry a stigma, like HIV/AIDS, those ill often feel the need to defend themselves and their mode of infection to others. Using Burke’s redemption drama, an analyst can study language use to show how these individuals defend their medical status to others, and how this allows them to redefine both themselves and their ailments.
Chapter One: History

I walk down the hall to my new class. It is the first day and I am nervous. I wonder what the upcoming term will bring. Will this be one of those wonderful, dynamic classes that students love despite the three-hour time frame? Or, will the course drag on for what feels like an eternity? I pause at the door; the class is quiet, as most students do not know each other. I take a deep breath and walk into the classroom. All eyes are on me as I stroll to the front of the room and place my computer case on the desk. I see confusion in their eyes. They do not know if I am the professor or a student. As I pull out copies of the syllabus, one of their questions is answered. I am the professor of NUR 4194: An Interdisciplinary Perspective on the HIV Disease. But now, new questions form in their minds about my qualifications. I see them evaluating me. I am a white, middle class, educated woman who looks young for my age. I doubt they question my teaching credentials. I was hired to teach a college course, so in some manner, I must have the requisite degrees needed for such a position. No, the question on their minds is about my HIV status. I am teaching a course on AIDS/HIV, so am I qualified by personal experience? Once this question is mentally asked, the next is how did I become infected if I am indeed positive? It could have been promiscuous sex, IV drugs, or a blood transfusion. This is an important question for them because students want to place me on the hierarchy of AIDS/HIV blame. If this is something that I did to myself that will impact the way they perceive me. If I became infected through no fault of my own, from a blood transfusion, for example, then I am redeemed in their eyes. If I am HIV negative, questions will arise about my experience with AIDS/HIV, as most of my students are nursing students, and I am not a nurse. While I tell them that I am a doctoral student writing about AIDS/HIV, and that a good friend of mine has been HIV positive for over 20 years, I do not answer the burning question about my own status. And I will not answer this question for weeks. By that time, they will have gotten to know me as a person. Some of them will fear that I have the disease. No longer will it matter how I may have become infected, only if I am. I suspect that even the reader may wonder the very same thing, and I ask you the same question I ask my students: Does it matter?
The “Red Death” had long devastated the country. No pestilence had ever been so fatal, or so hideous. Blood was its Avatar and its seal—the redness and the horror of blood. The scarlet stains upon the body and especially upon the face of the victim, were the pest ban which shut him out from the aid and from the sympathy of his fellow men.

—Edgar Allan Poe,
The Masque of the Red Death

Edgar Allen Poe was describing the pestilence of his time, tuberculosis. It was commonly called the Red Death because it left the face of its victims red and flushed. However, if Poe’s original reference was unknown, one might have thought that the pestilence being described was AIDS, a disease that has been called the plague of the 20th century (Garrett, 1994). According to the World Health Organization, there have been three million deaths attributed to AIDS since 1981, and forty million people are either living with HIV or have AIDS. In 2003 (the last time figures were compiled) five million people learned they were HIV positive (CDC, 2004). AIDS/HIV is especially prevalent among minorities, as African Americans are ten times more likely—and Latinos four times more likely—than whites to become infected with AIDS/HIV (Stine, 2002). And while in the past decade the numbers of new infections have leveled off, recent reports from the Centers for Disease Control and Prevention (CDC) suggest that young gay males are seeing an increase in seroconversions, or becoming HIV positive (Tampa Tribune, 2003). Unfortunately many young people have come to believe that the protease cocktails used to treat the opportunistic infections associated with AIDS are a cure, which they are not. They mistakenly believe that even if they should become
infected, with current medications the virus can reliably be made chronic instead of terminal (Stine, 2002). These statistics show that while AIDS/HIV might not be at the forefront of media reports as it was during the eighties and early nineties, it is still very much an issue and continues to impact millions of lives.

In addition, despite decades of AIDS education, there are still some who blame the patient for his/her infection. In order to address this issue of blame, people with AIDS/HIV and their loved ones often feel the need to explain their lives and mode of infection as a way to defend themselves against this “patient-at-fault” image. The purpose of this dissertation is to explore narratives written by those who are HIV positive and/or their loved ones and investigate the rhetorical techniques they used to redeem themselves in the eyes of others. This chapter will briefly explore the history of AIDS in terms of both medical and psychosocial implications, introduce a justification and rationale for the study of AIDS/HIV narratives, and explain Kenneth Burke’s model of redemption rhetoric as a useful way to analyze these stories.

**AIDS/HIV: The Plague of the 20th Century?**

In Los Angeles in April of 1981, Dr. Joseph Gottlieb treated five gay male patients suffering from thrush, which is the same strain of yeast that causes a common gynecological infection in women. What was unusual was that these men had this bacterium in the mouth and esophagus. Doubly puzzling to the doctor was the fact that thrush is not usually seen in young, healthy men, but in people whose immune systems are compromised, such as the elderly or those receiving chemotherapy treatments for cancer (Hooper, 1999). By May of that year, two of these men died of PCP, a normally

---

1 For an extended history of AIDS and HIV, please see Alcamo (2003); Garrett (1994) chapter 11; Grmek (1990); Mann (1992, 1996); and Shilts (1988).
harmless bacterium found in the lungs of healthy people (Langone, 1991). On June 5 1981, the first article appeared about these strange ailments infecting gay men. Due to the word “homosexual” in the article’s title, the only publication that would carry the medical information was the CDC’s weekly newsletter, *Morbidity and Mortality Weekly Report* (MMWR) (Hooper, 1999). This article was quite possibly the first ever written about AIDS, and it depicted this disease as affecting only gay men.

By the following year, speculation began that the disease had a broader reach, despite its earlier name: Gay Related Immune Deficiency Syndrome or GRIDS. Heroin addicts, hemophiliacs, and Haitians (also known as the 4H’s) were also beginning to exhibit signs of compromised immune systems (Sabatier, 1988). At this point it became evident that this was no longer solely a gay disease, and the name was officially changed from GRIDS to AIDS: Acquired Immune Deficiency Syndrome. However, the connotation that AIDS was a gay disease caused by deviant sexual practices remained strong in the minds of many Americans and Europeans.

After years of research, it was concluded that the Human Immunodeficiency Virus (HIV) was the underlying cause of AIDS. People could now be tested to find out if

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2 These same gay men also claimed to use nitrate inhalants, called poppers, before having sex. Poppers would allow the men to have extra energy for either dancing all night or multiple sexual escapades and were at one time thought to lower the resistance of the immune system (Garrett, 1994).

3 While the disease was first noticed in Los Angeles, after reading the CDC’s MMRW, physicians in both New York and San Francisco also found cases of otherwise healthy homosexual men with thrush, PCP, Kaposi Sarcoma (KS) and other infections that are typically only found in individuals with a suppressed immune system. These healthy men were dying of a bacterium, which was normally harmless in the human body. The gay community had labeled this new ailment gay cancer, but the medical establishment had taken to calling it Gay Related Immune Deficiency (GRIDS). By the end of 1981, over 40 gay men had become gravely ill and died (Hooper, 1999).

4 When the initial groups began to show symptoms of AIDS/HIV, the CDC called this grouping the 4H’s, including Haitians. This label was later removed because being from one area did not constitute a at risk behavior.
they were anti-body positive for the virus (Shilts, 1987). In addition, the national blood supply could also be tested for HIV in the blood used for transfusions (Garrett, 1994). Once the cause was known to be a virus, the CDC determined that there were a few modes of transmission: unprotected sex, either heterosexual or homosexual, blood transfusions, needle sticks, and reused intravenous (IV) drug needles (Garrett, 1994; Grmek, 1990; Hooper, 1999; Langone, 1991; Paine, 1988; Shilts, 1987; Stine, 2002).

Reviewing the aforementioned ways of transmitting the virus, one notes that individuals who engaged in these practices are not representative of the population at large (Sabatier, 1988). Largely because of who comprised the groups of early infections (e.g. homosexual men, drugs users, prostitutes and a few hemophiliacs) people who had AIDS or HIV were stigmatized, or considered societal deviants.6

Since this disease was first discovered in gay men and then in IV drug users, the general public and the American Government were not concerned about the epidemic (Garrett, 1994; Shilts, 1987). President Reagan had already been in office for seven years before he said the words HIV or AIDS in public (Garrett, 1994; Stine 2002). By the time Reagan addressed the issue, 36,058 Americans were diagnosed with HIV, and 20,849 had died (Shilts, 1987). Many wonder why the government turned its back on these Americans. Under the Reagan Administration, homosexuality and drug use were seen as sinful and unacceptable. Also, President Reagan was funding a cold war with Russia, using funds from government agencies like the CDC, and did not appear to want to

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5 There is a group who call themselves the AIDS dissidents, and they do not believe that HIV is the virus that leads to AIDS. This group is comprised of scholars, researchers and prominent doctors. While this is not the focus of the paper, one should look at the research in chapter 2 for more information.

6 Earlier it was mentioned that Haitians were also at one point considered a risk group, as the numbers of Haitians with HIV was very high. This label was later dropped by the CDC because being from a certain racial group did not mean that you were more or less likely to become infected, rather it had to do with certain behaviors (Grmek, 1990; Sabatier, 1988).
reallocate funds for what was thought of as a gay cancer or gay plague (Garrett, 1994). Whatever caused the hesitation on the part of the Reagan Administration, legions of people were dying.

But where did the virus come from? To date, there is no conclusive answer. What is known is that AIDS can lead to a horrible death (Garrett, 1994; Mann, Tarantola and Netter, 1992, 1996). Perhaps because of its unknown origins, and the way that its victims seem to wither away to nothing, some people have an exaggerated fear of acquiring this virus. Some Americans still believe that one can become infected by sharing silverware or toilets with those who are positive (Stine, 2002). Others feel that it can be transmitted by mosquitoes, and some think that the virus can be transmitted through the air (Stine, 2002). In fact, scientists have found that the virus is very weak and can only survive in certain environments. The virus cannot live outside the body for more than a few minutes, and if one does come into contact with the virus, soap and water can rinse the virus away (CDC, 2002). However, an open wound exposed to an infected person’s blood can lead to infection. The most common method of transmission is unprotected anal sex, as the penis will often rip the lining of the anus, causing it to bleed, thereby allowing the virus direct access into the bloodstream (Grmek, 1990).

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7 It has been suggested that one possible reason for this lack of immediate attention might have been attributed to the fiasco that occurred with the fear of swine flu, where medical doctors persuaded the government to fund a vaccine because they felt a disastrous outbreak was imminent. People were vaccinated, the swine flu epidemic never happened, but the vaccine produced horrible side effects and the government was sued for millions (Garrett, 1994).

8 There are some theories that exist as to origin of the virus. This disease is a punishment from God for certain sinful lifestyles. Another suggests that Aliens brought it from another planet. A popular theory is that Africans become exposed through contact with infected simians. Some have suggested that a small, segregated tribe in Africa lived in peace with the virus until they were exposed others who did not have immunity to it. Hooper (1999) has researched the idea that a tainted batch of polio vaccine infected thousands of Africans. And some truly do think the CIA created this virus to rid the planet of those some consider undesirable. The truth is that there is no definitive answer to what the origin of this virus is or could be.
Also, reusing hypodermic needles containing contaminated blood allows for an easy mode of transmission (Stine, 2002). The virus needs to have direct access to bodily fluids and cannot survive long in an environment without them.

There has also been public speculation about which bodily fluids contain the virus. According to the CDC (2004), the virus has been found in blood, semen, vaginal secretions, breast milk, and saliva. All of these modes can transmit the virus, but some better than others. For example, many used to worry about kissing an HIV positive person, but scientists have found that the amount of HIV in saliva is not enough to cause infection, unless an enormous amount is ingested (Stine, 2002). Mothers can pass the virus along to their babies, but if one does not breast feed and gives birth via Cesarean, the chances are only about 5 percent that the baby will remain HIV positive once it sheds its mother’s antibodies (Stine, 2002).

Whatever the origins of the virus, the statistics remain frightening. Some attempt to assuage their fears by blaming others or by pretending that it will never affect them, but the reality is that AIDS/HIV impacts people of every ethnicity, gender and socio-economic class. Sadly, media reports do not often represent the diversity of those infected. Of new infections among men in the United States, the CDC estimates that approximately 60 percent of men were infected through homosexual sex, 25 percent through intravenous drug use, and 15 percent through heterosexual sex. Of newly infected men, approximately 50 percent are black, 30 percent are white, 20 percent are Hispanic, and small percentages are members of other racial/ethnic groups. Fifty nine percent of these infections occurred in men between the ages of 25-40. Of new infections among women in the United States, the CDC estimates that approximately 75
percent of women were infected through heterosexual sex and 25 percent through injection drug use. African American women represent the majority of new female AIDS cases, as their numbers are 19 times higher than those of white women and five times higher than those of Hispanic women in thirty two states with stable AIDS/HIV reporting. In general, African Americans suffer the majority of deaths caused by AIDS, accounting for more than half of all U.S. AIDS-related deaths in 2003 (CDC, 2004).

These statistics are appalling, but the devastation in Africa is even worse. In America, AIDS/HIV is still thought of as a gay and drug user disease; in Africa it is mainly a heterosexual issue. Recent trends reported by the Joint United Nations Programme on AIDS/HIV (UNAIDS) suggest that in sub-Saharan Africa, 75 percent of women between the ages of 15-24 are infected with HIV (2006). The total number of both men and women infected in this part of Africa is over 6.5 million (2006). Many wonder why AIDS education is not working in this part of the world. There is no simple answer to this question. One suggestion is that some African cultures permit men to sleep with women outside of the marriage, but wives cannot ask their husbands to use condoms. In addition, some were infected early on in the epidemic via reused and non-sterile needles, which led to a fear of the “white man’s medicines” (Garrett, 1994). When outside doctors came to educate about AIDS, many in small villages were suspicious of the information, politely took the condoms and listened, but did not act upon the information provided (Mann, Tarantola, & Netter, 1996). Sadly, more current research suggests this rejection of condom use is still prevalent today (CDC, 2004). Many people in Africa have other issues to deal with such as poverty, hunger, and malnutrition;
therefore, AIDS is not high on their list of worries or priorities. This makes AIDS education in Africa a challenge.

**Current AIDS/HIV Issues**

It has been over 20 years since the discovery of the first US case of AIDS. In that time we have learned a great deal about the virus, the scientific community, and ourselves. While it may be that adversity brings out the best in people, fear brings out the worst. Many people infected early on were treated poorly: nurses did not want to touch patients who were positive, the police would wear gloves while touching a heroin addict or a gay male, and even our own president did not admit to the existence of the virus until six years after it emerged in California. While one would like to think that people are more informed and progressive than 20 years ago, Stine (2002) explains that this is not likely the case:

One in five Americans (22%) still believes that sharing a drinking glass can transmit HIV or is not sure about the risk of this activity. 16% believe that touching a toilet seat can or might transmit HIV. More than half (58%) did not know that having another sexually transmitted infection, such as herpes, increases the risk of HIV infection. Less than half (43%) are aware of available treatment to prevent mother-to-child transmission. The majority of Americans (84%) believe that people with HIV and AIDS still face some or a lot of prejudice and discrimination because the preconception is that this is a gay disease. One third (33%) of Americans are concerned that others would think less of them if it were known that they had been tested, but 43% do admit to being tested. More than
one in four Americans (28%) says they would be uncomfortable working with someone who has HIV or AIDS. (p. 430)

These misconceptions about AIDS/HIV are not easily corrected by exposing people to more medical information and statistics. This gap between research and reality leaves many AIDS/HIV patients without information. Where can people go to learn from others who have lived with the virus? One could refer to the basic historical information, such as that presented above, but this is only the medical and statistical side of the virus. The alternative to medical and historical research is to look at HIV patient narratives, life stories that might provide what Burke (1973) calls “equipment for living.” These narratives, written by people who are positive or know or love (ed) someone positive, are real accounts of individuals living and dying with this disease. These authors know what it is like to wake up every day and live with AIDS/HIV. In addition, they also know that regardless of how they became infected, they are not to blame for their situations. They provide real life examples of how the virus is transmitted and to whom. Narratives about AIDS/HIV are one useful way for sharing knowledge and educating the reader about the identity of those living with AIDS/HIV.

There is a sense of mystery surrounding this virus, and with that comes the tendency of the public to blame AIDS/HIV patients for their own infections. Inaccurately, people label many HIV positive people and those with AIDS as having a flaw in character, and are therefore likely guilty of some indiscretion, which led to their infections. The authors of AIDS/HIV narratives seek to promote a better understanding of people with AIDS/HIV and challenge certain preconceived stereotypes. The authors of these texts try to establish some common ground with the reader to show that this
disease can happen to anyone and that they had done nothing wrong to deserve their fates. The idea that people who are infected with HIV are to blame for their status leads to the following research question:

**RQ: How do people with AIDS/HIV use the narrative format to pursue redemption from blame?**

The nature of AIDS/HIV encourages feelings of fear among those who are not infected, leading to scapegoating, or blaming of the victim. In order to deal with this guilt, the authors of some AIDS/HIV narratives seek to challenge this notion of blame with a rhetoric of identification and redemption. Burke’s work on the cycle of guilt, purification, and redemption allow for an analysis of the language used in these narratives. The redemption drama provides the tools that will show where the guilt is present in the language and how that guilt needs to be addressed and remedied through purification to ultimately attempt to reach a momentary form of redemption

….the reason to believe that, while the era of temporal dominion continues, the cycle of terms implicit in the idea of worldly order continues, forever circling back upon itself, thus forever “guilty”, thus forever demanding “redemption”, thus forever incident anew to the search for a curative victim. For it seems that, even if one believes in the idea of a perfect, supernatural, superpersonal victim, by identification with whose voluntary sacrifice one can be eternally saved, there is still the goad to look for victims here on earth as well, who should be punished for their part, real or imaginary, in blocking the believer’s path to felicity or perhaps in threatening to send him on his heavenly way too soon. (Burke, 1970, p. 223)
This dissertation will explore how these narratives attempt to reach redemption, and examine whether or not such attempts are successful by looking at the ways in which guilt, purification, and redemption are used to redefine AIDS and those who suffer from it. In the section that follows, the concepts of identification and redemption will be explained in more detail.

**Theoretical Perspective: Burke and the Redemption Drama**

Kenneth Burke (1966, 1968, 1969a, 1969b, 1970, 1973, 1984a, 1984b) argued that rhetoric provides humans with the information and guidance they need to live and function in society. As such, rhetoric has the ability to make people feel valuable, needed, and part of something greater than themselves. In addition, Burke adds that rhetoric is also a “strategy for encompassing a situation” (1973, p.109), which means that situations are defined and reacted to based upon the language we use to describe them. Rhetoric is a tool that may be used for unification, and the concept of identification allows for people to see their similarities. Persons can be unique and still have common characteristics with one another. As such, it is possible to identify with others while retaining a separate identity.

For Burke, identification and persuasion are not interchangeable. Rather “we might well keep it in mind that a speaker persuades an audience by the use of stylistic identifications; his act of persuasion may be for the purpose of causing the audience to identify itself with the speaker’s interests; and the speaker draws on identification of interests to establish rapport between himself and the audience” (Burke, 1969, p. 46). Identification creates unity, and rhetoric can promote this union. However, as mentioned above, people are unique beings, and these unique qualities are what Burke (1969) calls
substances. It is through the unification of these substances, or qualities, that two or more people become consubstantial, or identified with one another. This consubstantiality can lead to an attitude change as the language used by the speaker will likely highlight the commonalities between speaker and audience, thus creating the impression of unity and similarity (i.e., identification) (Burke, 1969).

For Burke (1969), the need for identification originates in our perception of division. “Identification is, by the same token, though roundabout, to confront the implications of division” (Burke, 1969b, p. 22.). If people did not feel divided, there would be no need for rhetoric to provide a common language that attempts to make people feel unified on an issue. Burke states, “if men were not apart from one another, there would be no need for the rhetorician to proclaim their unity. If men were wholly and truly of one substance, absolute communication would be of man’s very essence. In pure identification, there would be no strife,” (1969b, p. 22). If everyone felt the same way about things, there would not be a need for someone to explain why we should all agree or disagree. Since many people have different views and ideas, however, at times a rhetorician is needed to stress the possibility of a unified body.

Burke (1969) asserts that identification works in three ways. The first is identification as an end in and of itself. “A presidential candidate may tell a group of farmers that she was raised on a farm. If she can convince the farmers that they thus share substance, she may win their votes. In these cases, ‘insofar as their interests are joined, A is identified with B’ and persuasion concerning a desired end occurs,” (Burke, 1969b, p. 20). In this case, the goal is persuasion.
The second type of identification involves antithesis, or identification based on a common enemy. For example, two people may violently disagree on a topic, but find they come together when a common concern is threatened. The idea behind antithesis is that people on opposing sides may join together and suppress their differences for a short time, based on the unified focus of a common interest or foe.

The third type of identification is perhaps the most subversive and persuasive because it is covert and occurs at the subconscious level. The example that Burke (1969b) uses deals with war, and how we “identify” with soldiers when discussing war. Despite the fact that the person in question is not a solider, he/she identifies with that soldier by using “we” to imply that everyone is involved in the war effort. This is what Burke means when he states that we become co-substantial with others when identification occurs. Subconsciously, the speaker has formed a relationship with someone he/she did not know based on a feeling of being unified for a cause, such as fighting a war.

As shown above, identification is more than relating to another. It also involves the ways in which people use language to bridge their dissimilarities to reach common ground. Divisions in the social order create drama that can be explored via Burke’s (1966, 1984b) concepts of guilt (pollution), purification, and redemption. By blaming another group for something, people may be united through that act of scapegoating a common enemy. This unification, which is what happens when identification has been successfully achieved, also provides the group with a common language to describe the ostracized other (Brock, 1998; Gusfield, 1989; Hart, 1990).
Burke’s (1966) redemption is based on the idea of drama, and he defines drama by action and conflict. If action is to be our key term, then drama; for drama is the cumulative form of action…but if drama, then conflict. And if conflict, then victimage. Dramatism is always on the edge of this vexing problem, that comes to a culmination in tragedy, the song of the scapegoat. (Burke, 1966, p. 54, original emphasis)

When life is defined as a drama, it suggests that life is lived through actions, and not ideas. These actions lead people to behave in certain ways and make certain choices, with the idea that there will be conflict resolution. The people in the drama are not characters in a play, but characters trying to create change and deal with uncertainty. Drama is about agents making choices. This is all done through the use of language and how these issues, uncertainties and fears are dealt with becomes the performance. Since Burke (1966) argues that life is about division and is a person’s attempt to deal with the guilt caused by such alienation, the redemption drama is a way to work through, using language, the guilt and purification to reach the act of redemption.

Burke’s (1966) notion of redemption is much like the idea of sin in Christian rhetoric; whereby, someone must atone for a sin that has been committed. Bobbitt (2004) explains that Burke’s notion of the redemption drama is not found in any one body of his work, but rather can be seen throughout his many publications. However, many others have compiled and organized this theory and explain in detail how one can use it for the purpose of rhetorical criticism (Brock, Scott, and Chesebro, 1990; Foss, Foss and Trapp, 2002; Rybacki and Rybacki, 1991; Scheibel, 2002, 1999, 1995).

The concept of redemption begins when a person or group rejects a hierarchy,
which produces feelings of guilt that must be addressed (Burke 1984b, 1970). Rejection of a hierarchy implies that a person has done something wrong, be it an internal or external feeling of failure, and this causes that individual to feel guilt. Burke’s (1970) poem about redemption sets up the process:

Here are the steps
In the Iron Law of History
That weds Order and Sacrifice:

Order leads to Guilt
(for who can keep commandments!)

Guilt needs Redemption
(for who would not be cleansed!)

Redemption needs Redeemer
(which is to say, a Victim!)

Order
Through Guilt
To Victimage
(hence the Cult of the Kill)…..( p. 4-5)

These feelings of guilt are communicated through language and word choice and an analysis of such language allows the rhetorician to rewind and determine the initial cause of the guilt (Scheibel, 1995). For the person who feels guilty, he or she must then find a way to counteract this perceived fault. Thus, when one feels he/she violated a hierarchy, that person feels guilt. This person must then reclaim his/her status on the social hierarchy. One way to make someone feel less guilty is to find another and place him or her below one’s self on the hierarchy in question. This is called purification; whereby, another can be symbolically held accountable for one’s own feelings of guilt; this is also known as scapegoating or victimage. Internalizing the feelings of responsibility for a certain action is termed mortification.
In order to resolve this feeling of guilt, one must “make a symbolic offering to appease society and restore balance to the social order,” (Rybacki and Rybacki, 1991, p. 72). This means either the person who has been accused of being wrong must admit to his/her guilt or someone else must take personal responsibility and blame him or herself. Thus, a scapegoat is named. As such, a ritualized act of victimization or mortification needs to occur (Burke, 1969a). Victimage means that others publicly place blame on someone else; whereas, mortification is when one accepts the blame for some deed to appease others (1966). For example, Mackey-Kallis and Hahn (1994) wrote about the type of scapegoating that occurred during the war on drugs. They found that Americans were happy to blame the drug lords for the drug problem in America, and not the people buying the drugs. By blaming those bringing drugs into the country, Americans could find an external scapegoat, and not have to look inward at drug use at home. Many viewed drug use as bad and, therefore, users were low on the social hierarchy, but dealers could be placed even lower. This belief may have created a feeling of unity among Americans, as they were rhetorically and symbolically fighting a war against the evil drug lords wanting to corrupt good Americans (Mackey-Kallis and Hahn, 1994). This allowed many to purge their own guilt about not being able to stop drug use and sales in this country.

Another way to purge our guilt about breaking the social order or hierarchy is through mortification, or “self-inflicted punishment, self-sacrifice, or self-imposed denials and restrictions designed to slay characteristics, impulses or aspects of the self” (Foss, Foss, and Trapp, 1991, p. 197). For example, Bobbitt (2004) describes how Martin Luther King, Jr. spent much time delivering speeches for the civil rights movement, thereby not
being at home with his family and putting all their lives at risk for the unification of the country. In addition, it could be said that King also made the greatest sacrifice: shot preaching unity between blacks and whites in the 1960’s, King willingly sacrificed his life to spread his message. King’s decision to give up his personal life to forward his cause for civil rights is a critical example of mortification, as he sacrificed something important in his life for the betterment of others. Mortification implies that one is sacrificing something important for something else that is important in a different way.

Finally, after the guilt has been addressed and the person has been redefined as either not to blame or has accepted blame, then he/she must be redeemed. This can be accomplished by “a change in identity, a new perspective, or a feeling of moving forward toward a goal or a better life in general” (Foss, Foss and Trapp, 2002, p. 211). This catharsis can be found in many forms, but it needs to be a type of closure that addresses the initial guilt that started the need for redemption in the first place. The redemption drama, which begins with feelings of guilt stemming from issues of hierarchy, requires that purification occurs either by blaming oneself (mortification) or another (victimimage), so that a redemption or catharsis can take place. Figure one below shows a breakdown of the redemption drama into its three main parts. This drama is enacted through the use of language, because all language is rich in hierarchy, and thus a new language needs to emerge that addresses the initial hierarchy and provides a new perspective. Burke (1966) believes that because language is filled with “though shall nots” many feel guilt when they enact one of these “shall nots,” and that is how we can find where the guilt first occurred, setting off the need for redemption.
Figure One: Redemption Drama

This concept of redemption has been used to look at many different forms of rhetoric. Burke (1973) himself used the concept of the scapegoat in “The Rhetoric of Hitler’s Battle”. In addition, Brummett (1981) explored scapegoating, mortification, and transcendence in presidential campaigns. The concept of hierarchy and victimage was used to look at allegations of witchcraft in Africa (Westerfelhaus and Ciekawy, 1998). Scheibel (2002) has even used this redemption model to analyze the narrative of a guitar repairman. In addition he has explored how it can be used to explain the myth associated with the death of a roommate in college (1994) and the hierarchy present in surfer rhetoric (1995). However, neither AIDS nor illness narratives have been rhetorically analyzed in terms of pollution, purification and redemption.

To understand why people with AIDS write their stories and share them with others, we must understand the hierarchy of AIDS (which is created by the propensity to blame the victim) and how we can change this view of a disease that ultimately will kill most of its victims. What is meant by the idea of written stories is an exploration of not only becoming infected, but progressing to AIDS and dealing with the ailments, as well as both the physical and social issues that accompany such a diagnosis. This drama is a
valuable method for illuminating the rhetorical dimensions of AIDS/HIV narratives. One must remember that AIDS/HIV is unique in that it is a sexually transmitted disease that kills. Most of the victims are blamed for their own conditions, which is unusual for most other terminal illnesses. These infected people must find a way to recontextualize what it means to be HIV positive or to have AIDS. They must find a way to redeem their position on the social hierarchy of illness and blame and remind others that regardless of how they became infected, they are still classified as terminal patients.

By using Burke’s drama of redemption, this study will look at the AIDS hierarchy, the idea that the patient is at fault for his/her own medical condition, and the way that guilt is addressed by the author to challenge the notion of blaming the patient for the ailment. In addition, the ways in which each author attempts to lift the stigma of this disease and how each addresses the notion of being scapegoated by those who blame will be highlighted. Lastly, this study investigates how the authors redeem themselves and their audiences by changing the view of AIDS patients and what it means to live and die with it. All of this will be done by analyzing the language of identification used to bring about the redemption of people with AIDS/HIV. A dramatistic redemptive approach sees AIDS/HIV in terms of people making choices (action) rather than as viruses attacking cells (motion).

**Methodology**

The focus of this research is not to conduct a traditional ethnography, in which a researcher investigates a certain site from a distance and reports his/her findings. This is also not an auto-ethnography, in which the researcher communicates about his/her own feelings about a specific research site. Rather, this is a rhetorical analysis of already
published accounts written by those who are either HIV positive, or have loved someone who was HIV positive or had AIDS. A rhetorical analysis suggests that one will be analyzing the language of a text and making arguments as to what this language states about the phenomena in question. In this particular instance, the rhetoric is found in the form of narratives about lived experiences with AIDS/HIV. The redemption drama as a rhetorical tool, outlined above, works well with these types of publications because the true motives of the authors cannot be known, but an analysis of the language and the word choices made can help one to investigate why the authors felt the need to defend their situations by writing a book about their lives with AIDS/HIV.

The narratives chosen are about AIDS/HIV, and focus on life with the illness. For example, Greg Louganis, the Olympic diver, is someone well known for his HIV status, but his book only addressed this issue in one brief chapter, and therefore did not have enough information to be considered (Louganis & Marcus, 1995). Arthur Ashe was a tennis player who contracted the virus via a blood transfusion, but his book was more of an autobiography of his life, with only a fraction being about living with AIDS (Ashe and Rampersad, 1993). There are many anthologies of narratives written by those who are HIV positive. Rudd and Taylor (1992), for example, have edited a book about women who are HIV positive, but the stories in this book are short and not sufficiently detailed and, thus, were excluded from this study. Maggiore (2000) has written a small text on the dissident view of AIDS/HIV, and while she does include narratives at the end, they are also not detailed enough for this study. Many are familiar with Randy Shilts’ (1988) narrative entitled And the Band Played On, but this is more a historical view of the virus from the early days rather than one person’s story about AIDS/HIV. Thus, the four texts
chosen focus on life and death with the virus. Each had to be detailed and descriptive about life with AIDS/HIV, and each had to represent one of the main groups impacted by AIDS/HIV: Hemophiliacs via tainted blood, heterosexual women via sex, gay men via sex, and heroin users via shared needles. These are the four narratives that are used in this research.

In addition to meeting the criteria listed above, these narratives had to employ certain rhetorical strategies of identification and redemption as proposed by Burke, to argue that anyone could become infected, that this was not a disease only of “deviants.” Based on these certain rhetorical strategies, this research focuses on explaining how and why these texts are acts of redemption and why AIDS and HIV should be seen as no different than any other illness. The goal is to understand that while these protagonists may be infected with AIDS/HIV, they are not to blame for their condition.

The four narratives chosen for this analysis had to be available to a mass audience, and therefore found in libraries, bookstores, and online book houses. A broad search under AIDS/HIV will yield these books. All were rated by Amazon.com and Barnesandnoble.com readers as being audience favorites with five stars each under the recommendation column by at least fifteen readers. These favorable reviews suggest that their messages are easy to understand, and that some readers could identify with the authors of these books.

Each one of these narratives represents protagonists having to make choices about their lives. An option would have been to let the infection run its course and die. None of these writers selected this option, and therefore these narratives represent one view of what happens when an individual becomes ill with a disease that carries with it a moral
and societal stigma. These stories show how a life narrative changes with a diagnosis of AIDS/HIV and how that new life narrative must be altered to accommodate an identity of one infected with not simply an illness, but one that carries with it a great deal of fear and blame. These four narratives represent struggles to make sense of this new life and identity, and they do so with great detail. They are all shocking because each one represents an outlier, an exception, to the predominate groups who become infected.

Illness Narratives

The stories people tell to account for dis-ease in both their minds and bodies are called illness narratives. To understand this type of narrative format, one must understand what differentiates an illness narrative from more traditional narratives. Frank (1991, 1995) has written about his own illnesses, reporting on his experience with both cancer and a heart attack. Due to his experience, Frank (1991) tells us that there is a difference between illness and disease:

Disease terms include measures of body temperature, the presence or absence of infections, the circulation and composition of blood and other fluids, the texture of skin, and so on and on. Illness is the experience of living through the disease. If disease talk measures the body, illness talk tells of the fear and frustration of being inside a body that is breaking down. Illness begins where medicine leaves off, where I recognize what is happening to my body is not some set of measures. What happens to my body is my life. (p. 12-13)

Thus, an illness narrative chronicles the way that an illness impacts the everyday life of an individual.
Kleinman (1988) also has a definition of what constitutes an illness narrative. He states that illness is how a patient and those surrounding that patient deal with and respond to being ill. Kleinman (1988) also separates out disease from illness. Disease from his view is what the doctor or practitioner sees when he/she observes a person who is ill. It is a biological reaction to something going wrong with the body. Based on Kleinman’s view, an illness narrative is the telling of the experience of being sick, focusing more on the social symptoms than the biological ones.

These stories are shared not to show expertise, but rather to share experience and make sense of one’s predicament (Frank 1991). Frank also argues that illness allows a re-evaluation of life and creates a new focus on both what the ill person can learn and how that person can help others (1995).

What makes an illness story is the act of witness that says, implicitly or explicitly, ‘I will tell you not what you want to hear, but what I know to be true because I have lived it. This truth will trouble you, but in the end, you cannot be free without it because you know it already; your body knows it already.’ In telling the story truthfully, the ill person rises to the occasion. (Frank, 1995, p. 63)

Illness narratives have been written about such ailments as breast cancer (Olive, 1996), chronic fatigue syndrome (Strauman, 1997), and emphysema (Ellis, 1995).

The illness narratives used in this research provide the reader with unique insight into what it is like to live with AIDS/HIV. The goal is to explore these true stories about AIDS and how they use redemption dramas to attempt to change the readers’ view of both the disease and the diseased. In addition, a dramatistic analysis will show how the patient moves toward redemption by sharing his/her story with readers. These narratives
encourage readers to avoid the lessons the authors had to learn the hard way, but these stories also help to see that people with this disease are not so different from the audience. In addition, these narratives help to make AIDS/HIV statistics a reality. A number is easy to dismiss, but when a reader identifies with an author of one of these narratives, it is harder to ignore the human message. Communication scholars Brosius and Bathelt (1994) state,

The aims of exemplifying an issue with individual experiences (very often dramatic) are to increase vividness and perceived authenticity…. this is because research in social psychology has demonstrated the difficulties people have in processing or comprehending general statements that include percentages, probabilities and so forth. (p. 50)

This quote reinforces the belief that statistics are not persuasive in and of themselves and, therefore, must be supported with anecdotes to reinforce the message and make it more credible to the reader.

**Limitations of Research**

The amount of literature available on AIDS/HIV is so extensive that it would take years to read all the material available and report on it adequately. For that reason, some limits of the research must be detailed.

This research does not explore AIDS as a worldwide epidemic, breaking it down into each country. It does not investigate AIDS/HIV as only a homosexual disease. It does not specifically focus on women’s or men’s medical issues associated with the virus, nor does it discuss all the money spent on research and treatments or vaccines. While AIDS/HIV is a political issue, and one cannot ignore the politics of its history and its
victims, this research will not be an expressly political analysis of these texts. The narratives chosen are political in that they seek to change opinions and attitudes about AIDS/HIV and those infected, but the purpose of the research for this dissertation is to focus on the issue of blaming the victims/patients for their own infection. These texts detail the lives of those who are positive or someone close to one who is HIV positive, and as such provide insight into what it means to be HIV positive or have AIDS in a society where many are blamed for their own ailment.

This research does explore the texts of those who write and publish their own stories. It does look at some of the people affected by this disease and the stories they tell to help themselves and others understand their illnesses. More specifically, the research explores the ways in which these narratives move through Burke’s concept of identification and redemption; that is, how each addresses pollution, purification, and redemption. Looking at AIDS illness narratives in this manner will allow for a better understanding of how these authors responded to contracting the disease and how they want the readers of their stories to respond and act as well. The way the authors portray either themselves or others shows that they are human beings fighting an undeserved disease.

Not all authors of AIDS/HIV texts seek redemption or the need to address any blame at all. There are some narratives that just tell the story of being HIV positive. However, for the texts that do deal with blame and redemption, an investigation using Burke’s theory may provide a better understanding of why, how, and how well this rhetorical approach can work with these types of illness narratives.
Communication Response to AIDS/HIV Research

The dominant story about AIDS is told most often by physicians using facts and statistics. From a rhetorical perspective, statistics are not very persuasive. The protagonists of the chosen narratives either have AIDS/HIV or tell the story of someone else the know. This is a disease that many still mark as a form of pollution. The authors do not want to be labeled as “polluted,” “sinful” or “dirty”, and therefore attempt to find a way to remove this pollution or guilt. If the rhetoric has been successful, once the book has been read, the reader should have a new understanding of AIDS patients, an understanding that will hopefully prevent the reader from judging those who are HIV positive. Rueckert (1982) succinctly explains, “Persuasion to this ideal—in the sense of bringing man to knowledge through theoretical discussion and applied criticism, with knowledge designed to effect a change in attitude, and the change in attitude eventually to result in an altered course of action—is the principle motive behind all of Burke’s recent effusive and often extraordinary rhetoric” (p. 140). If the reader identifies with the authors of these texts, a new view of AIDS/HIV patients can emerge, one which includes an increased empathy towards those who are ill. This change in viewpoint is done through communication and it recontextualizes the definition of this illness and how one talks about it (Adelman, 1992; Bloom, 1997; Bowen & Michal-Johnson, 1990; Himley, 1999); Kirkwood & Brown, 1995; Metts & Fitzpatrick, 1992; Salmon & Kroger, 1992).

Cherry (1993, 1996) ethnographically explores the isolation of 24-to 46-year-old men with AIDS, as well as public reactions to a 29-year-old male who died of AIDS. He writes about his own story while he tells the stories of the men and women he met while
researching the Tampa AIDS Network (TAN). Another publication (Gregory and Longman, 1992) details the way that mothers respond to losing their sons to AIDS. Ezzy (1991) explores both qualitative and quantitative responses to AIDS/HIV in Australia. Vinney and Bousfield (1991) and Pittam and Gallios (1996) also explore narrative analysis from a quantitative point of view, and use ANOVA coding to see how often certain key phrases are used by those who talk about AIDS. Lastly, Vanderford, Smith, and Harris (1992) looked at a value analysis of the narratives that HIV positive patients and their doctors tell before and after course on ethics.

Reeves’ has published the majority of the rhetorical work on AIDS (1990, 1992, 1996, 1998). Her texts tend to be close textual analysis of certain aspects of the phenomena of AIDS/HIV. For example, one article explores the new language that was created when doctors began to diagnose AIDS patients. It also shows the rhetorical tension between doctor and patient as AIDS patients tended to be young, intelligent, affluent, and medically knowledgeable (Reeves, 1986). Another publication was a close textual analysis of the medical debate between Gallo (1991) and Montagnier. Both claimed to have discovered the AIDS virus first, but Reeves argues that the rhetoric used in these debates showed that Gallo’s choice of language was much more concise and depicted that he did, indeed, discover the virus (1998). Montagnier’s language was less direct and more collectivistic, and Reeves argues that it did not sound as definitive as Gallo’s claims. Her other two articles on AIDS were precursors to these two major communication publications, both exploring early medical accounts and the discovery of AIDS/HIV (1990, 1992).
None of these communication scholars has examined AIDS/HIV narratives as a redemption drama (Burke, 1966, 1984b). Narratives told by the person who is ill or a close loved one have not been looked at in such a manner either. By using a dramatistic approach, a critic can explore how the pollution, purification, and redemption in each story attempts to persuade the reader to adopt a new understanding of AIDS/HIV and those who are infected. A dramatistic analysis will show how each AIDS illness narrative assists readers “so that each person, in his [sic] way, may peacefully and intelligently pursue the better life” (Rueckert, 1982, p. 161, original emphasis). More to the point, it will show how, through the language of identification, the authors seek to redeem the “at fault” status on the hierarchy of illness by repositioning what it means to have AIDS/HIV and how this sacrifice of normality and health lead to a redemption of AIDS/HIV as a blameless disease.

Chapter Organization

This first chapter gives a detailed history of AIDS/HIV, and explains what is being looked at and how it will be analyzed using Burke’s redemption drama. Included as well is a section on research limitations and other communication research done on the subject of AIDS/HIV.

Chapter Two is a summary about each of the four AIDS narratives and will include a history or context of the time in which it was written. There is no analysis in this chapter, only an AIDS/HIV context and plot summary for each book. However, a brief overview of the dissident view of AIDS/HIV is also explored.

Chapter Three begins the analysis of these stories as redemption dramas by exploring what Burke means, and what others have said, about pollution/guilt. The
research proceeds to analyze all four books, separated by subheadings, and shows how pollution/guilt is evident in each one. All of these narratives must deal with the medical pollution of the body and the moral pollution associated with AIDS. Most of society would argue that these individual’s blood is tainted, and as such, these authors must deal with this perception. For Ryan White the pollution was mostly social, for Janice Burns it was medical, for Pedro Zamora it was his Hispanic culture, and for Roger it was the medical establishment.

Chapter Four begins with a brief description of purification, then follows with a breakdown of each book and shows how each patient is either victimized, engages in mortification, or both. Ryan does both; he is the scapegoat for AIDS, but he is also our AIDS savior. Janice covertly scapegoats her husband and internalizes a great deal of blame and shame. Pedro does a bit of scapegoating, but it is Judd who does most of the mortification due to his own lack of knowledge about AIDS. Lastly, Roger and Dr. Bob blatantly scapegoat the traditional medical establishment and also certain behaviors in which others are engaging.

Chapter Five begins with a literature review about redemption, what it is and how one does it. The chapter then proceeds through the four books and shows how the text allow for the authors to be redeemed in some way. Ryan, Janice’s husband, and Pedro all died at the end of their books, so their redemption is a bit different. But Janice and Roger are still alive when their stories end, and so their redemption is about coping and living.

The final chapter is a conclusion. It summarizes some findings and then explores the gaps where more research needs to be done. In addition, it focuses on what each
redemption drama has told us about the likely motives each author had for writing his/her narrative.
Chapter Two: Subjects of Study

One day you wake up with the beginnings of a sore throat and have swollen glands. This coupled with increased fatigue cause you to call in sick for the day and go back to bed. Three days later you are feeling no better, so you make an appointment to see your physician, thinking that maybe you have the office flu or at worst, a student has somehow shared his/her mononucleosis with you. Your doctor looks over you, feels your glands and requests extensive blood work, including an HIV test. She hands you a prescription for the latest antibiotic and sends you home for more bed rest. Great news! By Monday of the following week you are feeling much better. The antibiotics must have worked on your flu or cold or whatever was ailing you. The doctors’ office calls with your test results and asks that you come in to discuss an anomaly with one of the tests. When you arrive, your doctor informs you that you have tested HIV positive. It is as though someone has taken all the air out of the room and hit you with a sledge hammer at the same time. The room spins out of control, and you begin to think about the life that you will never lead. You do not understand! You do not do IV drugs, you are not a homosexual man, you are not promiscuous but not a virgin either, and have never received a blood transfusion...how did this happen? And then it hits you: society will never look at you the same way. You are now infected, diseased, your body riddled with the modern day plague, and regardless of how you became infected, most people are going to think you did something to deserve your fate...(Garrett, 1994).

When AIDS first emerged in the early 1980’s many thought it to be solely a disease of those who engaged in deviant sexual or drug using behaviors. Even once it was proven to also be transmittable via heterosexual intercourse, some continued to believe that AIDS and later HIV were the result of sinful acts relating to sex, drugs, and sexual preferences. Now, more than twenty years into the epidemic, some still believe that if one is diagnosed with HIV, that person is to blame for his/her condition. However,
the amounts of people who believe this to be true represent a much smaller group than in the past (Garrett, 1994). Still, the question of blame exists. The books chosen for this research reflect the stages of public acceptance of HIV. In the early 1980’s, anyone who was diagnosed with HIV or AIDS was thought to be a pariah and cast out of society due to fear. By the 1990’s, the realization spread that this was a non discriminatory disease. While victims were still looked at as being at fault or responsible, they were no longer treated as infectious and the focus became on treating them as human beings, raising money, safe-sex education and finding a cure. In addition, alternative theories about what really causes AIDS have been proposed and explored in legitimate scientific circles.

In the new millennium, some have become complacent about AIDS/HIV, and no longer see it as the terminal and deadly condition that it is. Many also expect a cure to be discovered at any moment. And yet, despite incremental changes in beliefs about this ailment, many AIDS/HIV patients feel the need to defend their status to others, often having to explain why they are not to blame (for their condition) regardless of the method of contraction.

The four books chosen for this research represent people who are trying to change these attitudes about those infected with AIDS/HIV. Each author still feels the pressure to defend him/herself against the issue of blame. So, while it might appear that many more are tolerant of AIDS/HIV, the reality may be that people still fear this disease as those with AIDS/HIV continue to defend themselves to those who are not infected. This chapter will provide a brief rhetorical situation for each narrative. In addition, it will also provide a short summary of each narrative and identify the main characters in each.
Ryan White’s Story

The prevalent hegemonic narrative about AIDS in the early 1980’s was that it was caused by the “deviant” behaviors engaged in by men having sex with other men (Shilts, 1988). Statistics complied by the CDC in early 1984 show the group at highest risk of acquiring AIDS were gay men (72% of patients). This led many to conclude that it was caused only by what some in society deemed abnormal homosexual practices. As a result, those who found themselves diagnosed, homosexual or not, were often treated as pariahs, much like leprosy patients had been in the past (Sabatier, 1988). In addition, these same people who were ill were blamed for their disease, as though they had done something evil to deserve this fate.

Ryan White’s AIDS experience was important because he was a 13 year-old boy who was not homosexual, Haitian, an IV drug user, or heterosexually active. Ryan was a hemophiliac who needed Factor VIII, created from human blood, to control his bleeding. Hemophilia is the inability of the blood to coagulate, so the person does not stop bleeding when injured (White, 1992). Factor VIII is a blood clotting product given to people who suffer from Hemophilia (White, 1992). It was not known at the beginning of the epidemic that AIDS could be transmitted via blood, so no one knew that Factor VIII, which was made from blood products, could also transmit the virus. Due to his method of infection, Ryan was the poster child for “innocent” AIDS in the early 1980’s until his death in 1990. He was outspoken about living with AIDS and as a result his name and face may have become a symbol for the disease. In addition, Ryan fought hard to be allowed to go to school despite having AIDS, but others tried to keep him out due to misconceptions about ways this infection could be spread.
The CDC reported the following information about pediatric AIDS cases in 1984, which helps provide the context for Ryan’s situation:

Twenty-nine (40%) of the 72 infected AIDS pediatric patients came from families in which one or both parents had histories of intravenous (IV) drug abuse; 17 had one or both parents who were born in Haiti; 12 had received blood or blood components before their onsets of illness; four had hemophilia; one had a father who was bisexual; and one child's parents deny any risk factors. (CDC, 1984)

This indicates that out of 72 pediatric AIDS patients 13 years old and under, only 4 had hemophilia. Ryan was one of these four. There were a total of 52 hemophiliac cases including both adults and children, between 1981 (when surveillance on the disease first began) and 1984 when Ryan was diagnosed. This was how Ryan contracted the virus; it was not by choice, nor was it through any fault of his own. This was also the reason Ryan decided to write a book about his experiences.

Ryan’s book entitled, “My Own Story” was published in 1992, and was a bestseller. Both Amazon.com and Barnesandnoble.com readers continue to rank it as the number one book about AIDS. Many had read this book and this exposure allowed it to shape how people viewed AIDS, defined it and identified with Ryan White as an innocent who happened to be ill. Ryan took this opportunity to show the world that he was not to blame for his fate. His book made it clear that he was no more deviant than any other teen-age boy; rather, he was an innocent victim scapegoated by the ignorant.

The chapters to come will explore the concept of pollution as one aspect of Ryan’s redemption drama. Since society viewed AIDS as a moral failure, Ryan had to find a way to redefine AIDS so that it became a medical condition instead of a moral one. In
addition, he was scapegoated by his community for having AIDS, but in this text Ryan resists the blame by showing, through the concept of identification, how normal he was. One way he deals with the guilt is by purification, in this case giving up his freedom and anonymity by becoming a poster child for AIDS. This type of victimage implies that he purified himself by offering his own life for public scrutiny, whereby he gave up the freedom and privacy that most terminal patients should be awarded. Finally, at the end of the drama, Ryan’s redemption occurs when the text provides arguments to support that he too is normal.

Janice’s Experience

While homosexuals comprised most of the early AIDS/HIV cases, they were not the only group who contracted the virus. The CDC stated that in 2004, 11 percent of all AIDS/HIV cases were due to heterosexual transmission. This number is relatively low compared to homosexuals, who still comprise 46 percent of infections (CDC, 2004). This statistic may cause some heterosexuals to believe that they are not at risk for contracting the virus simply because they engage in heterosexual intercourse. This is simply not the case. Today, much more is known about this disease and how it is contracted, but current trends indicate that HIV infection continues to increase in all categories (CDC 2004). Anyone who has unprotected sex, or uses IV drugs is at risk. The exceptions are those who receive donated blood, since this number has significantly decreased, but there is still a small chance infection may occur (Stine, 2004).

By 1987, the year that Sarah’s Song was written, there were a total of 46,000 AIDS cases. Of those infected, less than 10 percent were traceable to heterosexual sex. Women comprised only 2.6 percent of the total infections (CDC, 1987). Even with these
numbers, white gay males still represented the largest numbers of all groups. Most white, heterosexual couples thought they did not have to worry, but an unfortunate few were tragically wrong.

Sarah’s Song deals with the issues of the heterosexual transmission of AIDS/HIV. This narrative details the lives of Janice and Bill starting in 1987, when both were diagnosed as HIV positive. These were two married, educated people who never would have thought themselves at risk until one day when a test result proved otherwise. Unlike Ryan who received tainted blood, Janice and Bill were a monogamous couple who had 5 prior sexual partners between them. Their narrative is startling for many because it does not conform to the belief that AIDS/HIV affects only deviants and miscreants. Their story shows how everyday people can and do get AIDS/HIV.

While this book was not a New York Times bestseller like Ryan’s autobiography, it, too, received five stars from readers at Amazon.com and Barnesandnoble.com. The book fit with the selection criteria in that it is a detailed account of life with AIDS/HIV, centering around the ailment. In addition, it challenges the issues of blame and presents an alternative to the idea of who contracts this disease. It creates a vivid picture of life with AIDS/HIV. Many people who think they are safe from the virus are married couples who are monogamous. This story serves as a reminder that AIDS/HIV can and does happen to anyone. The title of the book represents the life that Janice and Bill were denied with their infection. Sarah was the name of the daughter they would never have.

The analysis of this narrative will look at how Janice uses a graphic depiction of AIDS/HIV, identification, and emotional responsibility to persuade the reader to understand what it means to have AIDS/HIV. It challenges any preconceived notions the
reader may have about this disease, and shows how this couple, who contracted the
disease via heterosexual monogamous sex, are not to blame for their fate. Janice will
show us the pollution of AIDS both in their lives and their bodies. The text will then
explore how she and her husband mortified themselves to help others avoid a similar fate,
and finally will show that redemption occurs when one sees that Janice and Bill were not
to blame for their illness.

**Pedro’s Message**

In 1989, AIDS/HIV had knowingly been around for about 8 years, and in that
time, the CDC was aware of roughly 83,000 reported cases (CDC, 1989). Of these cases,
90 percent were men, and 68 percent of those men had contracted AIDS/HIV via
homosexual sex. The number of minorities infected with AIDS/HIV had risen at 2.8
times the rate of Caucasian men. The median age for men contracting this disease was
37. The total percentage of Hispanic males with the disease at this time was about 16
percent (CDC, 1989).

With these statistics in mind, and knowing that the first group of people to
become ill with the virus were homosexuals, it was appropriate one of the narratives be
about a homosexual man living with HIV. Pedro was one such young man, who made
his disease, as well as life and death with it, very public. But Pedro was unique in the
greater AIDS narrative because he was a Hispanic male who was diagnosed at age 17.

*Pedro and Me* was not written by the subject, Pedro, but rather by his close friend
and one-time roommate, Judd. In fitting with the research parameters, it was a narrative
about a person with HIV and/or AIDS and life with the virus. While it was not a
bestseller, it was the first book about homosexual AIDS that earned a five star rating by
readers on both Amazon.com and Barnesandnoble.com. This is important because many mainstream readers may not want to read about gay men and AIDS, but Pedro’s story seemed to rise above his sexuality and become more about a person with AIDS. In this case, Pedro was a young homosexual Cuban man who contracted the virus while in high school. What makes this book so different from the others is the format of the narrative. Some of the previous books did contain pictures of the protagonists and loved ones usually before major illness set in, but these were photographs taken with a camera. However, Judd is a cartoonist for a living. So, while he told his narrative about life with Pedro, and did use words to do so, he also used the comic book format as an alternate vehicle for his message.

In addition to printed text, we had a visual text that supported the words being used with images. This format was appealing for a number of reasons, the most obvious of which was its appeal to the audience. This comic book format called to the younger generation. The fact that both of these young men appeared on MTV’s Real World may have also appealed to a younger, hipper culture. Despite its unique delivery method, Pedro’s story, as told by Judd, provided an education about AIDS/HIV.

It should be noted that this research is not the only one to recognize the impact that Pedro and his narrative had on both the Latino culture and AIDS/HIV pedagogy. Munoz (1999) adds,

For five months, Zamora was one of the few out gay men appearing regularly on television. He was also one of the few Latinos seen regularly on national television. Furthermore, he was one of the few out people living with AIDS on television. Yet Zamora was more than simply represented; he used MTV as an
opportunity to continue his life’s work of AIDS/HIV pedagogy, queer education and human-rights activism. (p. 151-2)

The quotation reinforces the impact that Pedro had on those who watched the show.

Present in this narrative form were definitions of being positive, both in written description and pictorial representation. In addition, identification with the protagonist and the writer, and an educational perspective of AIDS/HIV were also included. The analysis of this story will explore the guilt experienced by a gay Hispanic male in a Latino culture where homosexuals are marginalized. In addition, it will show how Pedro and Judd purified themselves by exposing their lives to a mass audience. Finally, it will investigate how Pedro’s death and Judd’s cartoons led to redemption of young people with AIDS and gave a face to the disease to which many could relate.

Roger’s Differing View

In December of 1986, over 28,000 cases of AIDS had been reported to the CDC. Of this number, 93 percent of the cases were male, 63 percent were Caucasian, and the average age of the patient was 36.8 (1986). In addition, 17 percent of the total cases listed IV drug use as their only possible source of infection. This meant that patients claimed to not have participated in anal sex with other men, did not receive a blood transfusion and were not of Haitian origin, which because of the large numbers of infections was a group once thought to “carry” the virus (CDC, 1986). Despite the small percentage numbers, at the time, many drug users would sell their blood and marrow for drug money. These people unknowingly tainted the blood supply for transfusion recipients and hemophiliacs, like Ryan White. Because HIV was passed via blood, injecting drugs while a small amount of another’s blood remained in the vial almost
guaranteed infection (Garrett, 1994). It was for this reason that some feared infection via needle contamination. And of course, because drugs can distort the mind, clean needles may not have been a priority..

Roger, the main character in this chapter, was a heroin user. His addiction began during the Vietnam War as a way to cope with the daily atrocities he was forced to deal with as a military medic. Eventually, he did overcome his addiction, but sadly not before becoming infected with AIDS/HIV. Although Roger never actually stated when he became infected or diagnosed, his story in the book began in 1986.

This story was different from the other narratives. It was a true story about a person living with AIDS/HIV, but Roger was not telling his own story, rather it was told by his good friend and doctor, Bob. The entire book was about Roger’s recovery from AIDS. This book was not a New York Times bestseller, but it did receive a five star rating from Amazon.com and Barnesandnoble.com readers, suggesting that there was an audience for alternative views of AIDS. In addition, this book was included in study about AIDS/HIV because it had been printed in nine languages, in its sixth edition, and was published by a small press. The fact that it had been edited six times and had been published in different languages led to the conclusion that the message might not only be important, but also appealing to multiple audiences. Interestingly, there were not that many books written by HIV positive former drug users. Therefore, the selection was somewhat limited, but it did fit with the criteria and it also had the added bonus of being a resistant narrative to the belief that HIV was the sole cause of AIDS. This is a very complicated and lengthy debate, but the brief information provided will give the reader a context for Roger’s story.
HIV Not the Cause of AIDS?

Could it be that after 20 years doctors and scientists were wrong? HIV might not be the cause of AIDS? How could that be? It has been taught that the retrovirus HIV attacked the T-Cells causing the immune system to slowly, over a period of decades, break down and become disabled, unable to even fight the most basic infections. Who could possibly advance the idea that HIV did not lead to AIDS? Not only did this question perhaps the most researched disease in history, but it also questioned the motives of the medical establishment who might have willingly and knowingly mislead us.

The person who could and did ask this was Dr. Peter Duesburg (1987, 1988, 1989, 1991, 1992, 1993, 1994, 1995, 1996). However, while some may think his ideas were unfounded, he was a reputable researcher who was admired and respected by his peers and colleagues. This perspective changed in 1987, when he published his first article challenging retroviruses as the cause of cancer and by extension the cause of AIDS (Duesberg, 1987). Dr. Duesberg was known as an expert in retrovirology. HIV has been classified as a retrovirus. He was also a full professor of Molecular and Cell Biology at the University of California, Berkley.

Duesberg was a very well known and respected scientist. He received the outstanding investigator grant and award from the National Institute of Health (NIH) for seven consecutive years, and discovered the first so-called cancer gene in 1970. At that time, Duesberg also discovered the retrovirus and eventually concluded that this type of virus did not cause cancer. He also claimed in that same article in 1987, that it could not cause AIDS either.
Surprisingly, Duesberg was not the only one who found the hypothesis that HIV caused AIDS questionable. Other supporters of Duesberg include journalists, doctors and other researchers (Callen, 1990; Feldman, 1994; Fry, 1989; Fumento, 1993; Joseph, 1992; Willner, 1994; Young, 1993). The establishment believed he was incorrect. What was Duesburg’s argument? He felt that retroviruses did not cause cancer. The bigger implication was Duesberg believed that retroviruses were not harmful and therefore HIV, if labeled as a retrovirus, was not cytotoxic, or able to kill or damage cells (Maggiore, 2000). Also, while HIV might have been a new virus, the opportunistic infections associated with AIDS were not and have been around for a long time (Lauritsen, 1993). If one were to be diagnosed with *Pneumocystis Carinii* Pneumonia (PCP), and not have tested positive for HIV antibodies, then that person only had PCP. However, if that same person tested positive for PCP and did have antibodies to HIV, then that person had progressed to AIDS (Maggiore, 2000). This shows that the definition of what constitutes AIDS versus an infection was the presence or absence of HIV.

According to the CDC (2002), there were 29 opportunistic infections that made up AIDS. The criteria for a diagnosis of AIDS was a T-Cell count lower than 200 and a chronic bout with one of the 29 opportunistic infections. Duesberg and his fellow dissidents did not dismiss the horrid pain and suffering that an AIDS diagnosis brought with it, but rather wanted others to understand that a diagnosis as HIV positive did not mean a death sentence (Duesberg, 1996, 1997; Maggiore, 2000; Root-Bernstein, 1993). Maggiore (2000) found that the current HIV blood test was unreliable and very often showed a positive reading if one had been infected with other diseases that also produce antibodies, such as mononucleosis, malaria, hepatitis, herpes, and some forms of lupus.
In the United States, malaria was not the threat that it appeared to be in Africa, but many students seem to contract mono while in college, and this was also the age group that appeared to have the most access to free or inexpensive HIV tests (Cantwell, 1988).

If HIV did not cause AIDS, what did? Duesberg (1996, 1997) et al believed that certain behaviors could cause immune-suppression. This would include using drugs, such as poppers, heroin, cocaine, etc., having multiple sexual partners with multiple sexually transmitted infections (STI), and taking AZT, the drug prescribed to help people with AIDS/HIV live longer and fight off the opportunistic infections. All of these activities, it was claimed, caused the immune system to wear down, thereby allowing the opportunistic infections to take hold. Duesburg (1996) argued that once a person produced antibodies to an infection, it was a sign that the body had successfully defeated that virus, and the antibodies were an attempt to guarantee that the person would not become re-infected with the same ailment. Chicken Pox might be a helpful example. After overcoming Chicken Pox, very rarely did that person become re-infected with the virus again. This was because the body had now learned to fight off that particular bug by producing antibodies, which “remembered” that specific virus. Mononucleosis does the same thing, which was why if one was ill with a harsh enough strain, that person was likely not to become re-infected if exposed to others with mono (Stine, 2002).

Many wonder about the possibility of Zidovudine (AZT) causing the opportunistic infections it was prescribed to prevent. Lauritsen (1993), Duesburg (1997), Shenton (1998), Kitzerow (2000), Maggiore (2000), and Null (2002) seem to be in agreement that AZT killed patients. In the early 1960’s, AZT was researched as a possible cancer therapy drug, but due to its highly toxic side effects was shelved until the mid 80’s, when
Glaxo-Wellcome, the pharmaceutical company who created AZT, decided to use it in clinical trials for HIV and AIDS patients. Much controversy surrounded the actual trials of the drug, but AIDS dissidents felt that the trials were fraudulent and the results skewed. For example, the trials were set to proceed for a certain amount of weeks, but were terminated early due to the outstanding success of the drug. However, weeks later those same patients who had initially shown improvement began to decline in health (Lauritsen, 1993). In addition, the trials were supposed to have been double blind studies, where neither the doctors nor the patients knew who was actually taking the drug and who was taking a placebo (Lauritsen, 1990 & 1993). Yet, some patients admitted to knowing which drug was which due to a certain aftertaste left by AZT. When a patient discovered he/she had a placebo, or sugar pill, that person would ask another member of the trial to share AZT (Maggiore, 2000). In the end, very few people were taking the placebo, but were showing the same side effects as those taking the actual drug! The trial was skewed, and even when the people at Wellcome discovered this they chose to ignore it because the people who were surely taking the drug had higher T-cells than those who were not taking it (Lauritsen, 1990 & 1993). The trial was terminated early. Later when researchers went to find the original patients who were still taking AZT, most had died (Duesberg, 1996). The FDA, wanting to discover the efficacy of the drug, conducted its own trial consisting of HIV positive veterans,

We found that early Zidovudine (AZT) therapy delayed the progression of AIDS. We also found that the survival was comparable in the two treatment groups. That is, no benefit—no detectible benefit. We found that early Zidovudine resulted in transitory benefits in whites and neutral or harmful effects in blacks
and Hispanic patients. And we conclude, that further studies were mandatory in minority groups. (Lauritsen, 1993, p. 276)

Provided above is a very cursory look at the dissident AIDS debate. It is included here so the nuances of Roger’s story and Dr. Bob’s claims that Roger had been cured would have a context. While this narrative was obviously resistant to the entire dominant AIDS narrative in general, it also addressed the issues of blame in similar ways as the other narratives. It was for that reason this narrative was important. In addition, Dr. Bob is rejecting the traditional medical model of AIDS/HIV which suggests that this is an immune deficiency caused by a virus. Instead, he and Roger propose, through Roger’s own experience with being ill, that AIDS is a breakdown of the system brought on by years of abuse: alcohol, drugs, lack of exercise, etc. The alternative proposition is that one needs to rid the body of such impurities, by rejecting traditional medications and illegal substances in favor of more natural, holistic approaches. The science rejected is the belief that HIV is a virus that can break down the body’s immune system. Allegedly, Roger and Dr. Bob have found that HIV is nothing more than a passenger virus, coincidently found in those suffering from AIDS. In upcoming chapters, it will be shown that Roger’s experience with AIDS was serious and he was not to blame for contracting his ailment as he was addicted to drugs because of his experience in Vietnam. In addition, the research will focus on the identification that must occur between reader and author (s) so that we believe much of Roger’s story, one that deals with a new definition of blame, and his cure. Lastly, the research will investigate how both protagonists shift blame on to the traditional medical establishment for AIDS, thus reaching redemption by redefining what it means to have AIDS.
Chapter Summary

The focus of this chapter is an introduction to the texts being analyzed and the rhetorical situation in which they were written. While AIDS/HIV statistics have changed over the years, the idea of blame and stigma are still very much alive for those who find themselves diagnosed with the disease. The narratives chosen for analysis show the defensive posturing that those infected feel they must take to prove to others that they are good people who happen to be sick. All try to redefine who can have AIDS/HIV and what it means to be ill with it. The connection between these stories is how they all struggle to make sense of their realities. Each narrative is shocking in that it provides the life stories of those who are not typical of this syndrome. They are forced to make choices about how to define AIDS/HIV, and the stories analyzed show the ways in which those challenges occur. The narratives highlight what happens when people not only become ill, but are infected with a disease that also includes a moral stigma as well. The only standout to this is Roger’s story, as he tries to redefine the entire ailment, thereby making it something that does not require stigma or blame at all, but rather responsibility on the part of the traditional medical establishment. The fact that there is a dissident view of this condition that seems to be well supported suggests that people are looking for different ways to deal with what it means to have AIDS. In the next three chapters, the analysis will break down each of these four texts, looking at guilt, how each purified him/herself and finally how all found redemption to their stories.
Although he used the word “guilt” often, Burke never clearly defined what he meant by the term. For Burke, guilt can be characterized by using some of the following adjectives: anxiety, social tension or embarrassment (1966, 1969a, 1969b, 1984b). The term “pollution” can be used interchangeably with the concept of guilt, which works well with the research presented here about AIDS/HIV. Bobbitt (2004) implies that guilt is a sense of responsibility and shame, but it could also include a feeling of separation from others or the failure to live up to standards imposed by the self, society or both. These feelings can lead to reduced social cohesion with others and leave people with the idea that they are less than others (Brock, 1990). In order to combat this guilt, people must find a way to become whole again, hence the creation of the redemption drama. Once the guilt has been identified, the rhetor will need to find the purification and redemption acts as well. Gusfield (1989) succinctly summarizes Burke’s ideas of redemption by stating, “If there is hierarchy and social order, there is also a rejection of order and the consequent guilt. Here is the foundation of Burke’s society: if drama, then conflict. If conflict, then hierarchy. If hierarchy, then guilt. If guilt, then redemption. If redemption, then victimage” (p. 33). This chapter will explore issues of guilt. In order to provide an understanding of what constitutes guilt, Burke’s views will be explored followed by clarifying examples.
Bobbitt (2004) analyzed the redemptive qualities of Martin Luther King’s “I have a Dream” speech. Bobbitt argued that King made his audience feel guilty about segregation. Some Caucasian American’s at the time felt shame they had kept Blacks from the American Dream. In addition, many knew that segregation was wrong and went against the Christian ideals of unity and love. King used the terms “morally wrong and sinful” to reinforce the religious ideals and create feelings of guilt (Bobbitt, 2004). King allowed for the possibility of unification, by stating that Caucasians and Blacks could unite and end segregation. This would right all the wrongs and would free Caucasian Americans from both a social guilt and a personal one.

Scheibel utilized Burke’s redemption drama to investigate everyday life (1995, 1999, 2002). In his article on surfing Scheibel explores how surfers redeem themselves in surfing magazines as they write about intimidation and exclusion in the surfing culture (1995). These “writing” surfers cannot go out on the waves and surf because of territory issues, so they found another way to get their message across. Scheibel explains that this culture needs to be redeemed because of the hierarchy of those who can and those who cannot surf certain waves. The “riding” surfers claim the water as theirs and, therefore, certain groups of surfers are prevented from surfing in certain waters. This creates feelings of shame, guilt, hurt, and anger among the “outed” surfers. These excluded surfers fight the perceived injustice by writing for surfers and non-surfers alike. They argue that the water belongs to no one, and accuse those who have excluded them of being petty. Since the “writing” surfers could not become a legitimate part of the other group based upon their talent in the water, they had to create a new hierarchy by making
the other group look bad. Through the use of language, it became evident that the surfers wanted to replace one surfing hierarchy with another one.

The analysis that follows will explore how each protagonist and/or author reveals and addresses the guilt proposed by Burke. In most situations, this guilt is unconscious and only revealed by the language used. These stories reveal their issues with pollution of the body by the virus, the feelings associated with being ill or uninformed, and conflicts of identity involved with having AIDS/HIV or knowing and caring about someone who does. The guilt stems from not meeting the perceived expectations of both self and society, thereby creating feelings of being less than or not equal to others. This is how guilt is defined for the purpose of this research. For these protagonists, it is caused by being diagnosed with AIDS/HIV and the moral stigma that is associated with such a terminal classification. This label then creates feelings of guilt in the protagonists, which is evidenced by the terms they use to describe themselves and their treatment by others.

Ryan’s guilt stems from his being excluded from the social hierarchy he so very much covets because of his AIDS diagnosis. Janice, being older, has more complicated issues with her guilt, which stem from her inability to attain certain societal roles. In addition, she must also deal with her husband’s infection with HIV and her anger at him for sharing it. Judd’s guilt stems from his need to repay Pedro for all that Judd learned through his friendship with Pedro. Pedro himself fears that he will never live up to his blessed status, and his body is dying at age 22. Roger must deal with his past drug use and his current medical condition. Dr. Bob deals with his own identity crisis as he moves from trusting in traditional medicine to questioning all he has done and been taught.
The fact that these stories were penned is an indication of a larger, societal guilt. This could be to save the lives of others, to educate those who are positive, and/or to portray the protagonists and AIDS/HIV in such a way that can be redeemed. The major source of guilt found in these narratives is what Burke termed categorical guilt (also known as original sin) (1984b). This is a type of guilt from which everyone in a society suffers from, and it is passed down from generation to generation. For example, one is born into a certain status system. Some people feel guilty because they have more status than others. “Those ‘Up’ are guilty of not being ‘Down’, those ‘Down’ are certainly guilty of not being ‘Up’” (Burke, 1966, p.15). The end result is a hierarchy where everyone wants to be at a different level and feels guilt for their current standing. Burke calls this a hierarchical psychosis (1966).

And the unresolved problems of “pride” that are intrinsic to privilege also bring the motive of hierarchy to bare here; for many kinds of guilt, resentment and fear tend to cluster about the hierarchical psychosis, with its corresponding search for a sacrificial principle such as can become embodied in a political scapegoat.

(Burke, 1966, p. 18-9)

The constant stressing of normalcy, of AIDS as just a medical condition, of the need to educate others are all indicators of this categorical or societal guilt that Burke explored (1984b). AIDS/HIV is seen as a disease that is caused by at fault behaviors (Sabatier, 1988). Very few people are classified as innocent in how they contract AIDS, and this view has been imposed upon these protagonists by a society that refuses to see them as normal. This “us versus them” mentality is indicative of the up/down status that Burke (1966) discussed. By making people with AIDS different, or lower, others can
feel safe about their own lives, and therefore be up or higher. The protagonists all challenge that ideal and show they are equal with the rest of society.

**Ryan and his guilt:**

*“What kind of bread does a fag eat? Ryan White bread.”*

White, 1992, p. 94

This “joke” is a good indication of what Ryan White had to deal with after he was diagnosed with AIDS. While most teens were out hanging with their friends eating pizza and receiving hickies, Ryan was dying of a terminal ailment that some thought of as the plague of the 20th century. All he wanted was to be like other teens; he desperately wanted to fit in. Sadly, there were those who refused to see Ryan as normal, and this led him to feel guilty about being different. His narrative is a defense against this view of him somehow being different because he is ill, but the more he claims normalcy, the more obvious his guilt.

For most teens, being ostracized by peers for being different is hard enough, but for Ryan it was a reminder that he would never been seen as normal by others. This is most clearly evident on the cover of his autobiography, where Ryan is shown looking like a healthy teen-age boy in a stone washed jean jacket and matching jeans (it was the 80’s!). He is pictured with a huge smile and his hair looks perfect. In this picture there is no indication there is anything physically wrong with Ryan. This is the first marker in the text of Ryan’s feelings about his medical conditions. Ryan White was well known because of his battle with AIDS, but the picture gracing the cover of the book is that of a healthy Ryan. It signifies Ryan’s own inability to accept his mortality, and it also expressed his guilt about not being “normal”. The book was published not long after
Ryan died. There were many pictures that could have been used on the cover of this book. But the one chosen was that of Ryan as maybe Ryan wanted himself to be remembered: a healthy, attractive teen. This photograph shows none of the segregation he experienced, none of the harassment, and none of the physical issues AIDS brought with it. It is one that represents the life that Ryan once had but would never have again: a life at peace.

If the photo does not convince some, one only needs to open the book to the table of contents and read the names of the chapters:

1. Growing up different
2. How I got AIDS
3. How I tried to go back to school
4. How I got back into school and had to leave town
5. I come up grinning: How life changed
6. Going to a better place (White, 1992, table of contents)

The first chapter, growing up different, acknowledges the hierarchies between those who are deemed normal and healthy and are symbolically raised above those who are seen as abnormal and afflicted. The irony about chapter one is that growing up different does not address Ryan’s AIDS diagnosis, but rather his hemophilia. Ryan’s initial guilt stems from the failure of his body to stop bleeding on its own.

Ryan was born with hemophilia, or the inability of his blood to clot (Ryan, 1992). However, he did not let this defeat or define him as a sick child. On the other hand, while he tried to be like other boys and play rough, he could not play sports because the risk of
a serious bleed was too much. It was not society that made Ryan feel guilt about his situation, but rather his own sense of physical limitations.

Most kids here are really into sports: they play ‘em, they cheerlead ‘em, they watch ‘em on TV, especially basketball. Basketball is okay, but when you have hemophilia, you can’t play sports too well because you might get hurt and start bleeding. So I love cars. (White, 1992, p. 9)

Note what Ryan does with the basketball hierarchy prevalent in Indiana. He acknowledges it, gives it credibility, explains his reasons for not playing, and then offers something else that he loves more than basketball. It might appear as though Ryan does not feel badly about not being able to play the game, but if this were true, why mention it at all? The fact that Ryan spends one full page discussing the role of basketball in Indiana culture is an indication of feelings of not being included. The statement about cars is meant to show that he has found an alternative outlet. In Indiana, however, it is not cars that people love, but basketball. His rhetorical attempt to shift attention just reinforces Ryan’s feelings of guilt over his medical condition.

In chapter one, the major focus is on Ryan proving in the text that he can do most of the things other kids can do. Burke’s (1966) idea of hierarchy is rooted in the negative, and hemophilia can be seen as the negative side of having normal blood. Physical limitations create “thou shall nots”. In other words, Ryan’s body is telling him that he cannot do the things that other people can. Even if he is protected, should something happen, he will have to deal with it differently than other children who do not have hemophilia. Despite this, Ryan greatly downplayed the impact of hemophilia on his life, and made it a point to say that his mom did not treat him any differently because he
might bleed (Ryan, 1992). However, his biological father was not a part of his life, “We live in a place where sports is important, but I’d like to remind dad that there are plenty of other things that I can do” (White, 1992, p. 31). This quote shows that he clearly felt his medical condition had something to do with his father’s departure, but at the same time, it is meant to make his father feel guilt for leaving his son behind just because he was ill. For a brief moment, this shift in who should be guilty might have made Ryan feel as though he were in a more superior moral position and therefore better than his father.

Ryan also categorized his own issues by comparing his disorder to other childhood ailments:

I met plenty of kids in bigger trouble than I was. Hemophilia’s not nearly as painful as cancer, where you might need treatments that make all your hair fall out. I felt for kids who had to have chemotherapy. Being bald at age three would have killed me right there! Then there are the horrible burns, or having something wrong with your mind, or all kinds of defects and other diseases you might be born with that mean you need operation after operation. I’d already decided that I didn’t have hemophilia, I was living with it. You can feel well no matter what’s wrong with you. I think that’s the only way to think. (White, p. 22, 1992)

Ryan realizes that if he compares himself to children who are more severely or terminally ill, then he can be closer to that idea of normality and therefore rise up the hierarchy of illness. But, also evident in this quote is his guilt at putting down those who are more ill. When he says he felt for those kids who had to undergo
chemotherapy, he is putting himself above them by being in a position to feel badly for them. In the next line, however, he states that losing his hair at age three would have devastated him, thereby stating that such children have more inner strength than he would have in that same situation. He addresses his own guilt for his condition, but expresses sympathy for those who are terminal. Ryan would later become one of these terminally ill children, and ironically was one when writing this section.

The title of chapter two, “How I got AIDS” is also a good indication of hierarchy and guilt. This statement implies that it was given to him; he did not catch it through any activity of his own doing. Already, Ryan was positioning his diagnosis as being something outside of his control, much like being born with hemophilia. Actually, it was through the Factor VIII that he needed for his blood, that he became infected with AIDS. The medication that had kept him alive for so long was also what would cause his death. Factor VIII allowed Ryan to have as close to a normal childhood as he could with hemophilia. It is ironic that the medication that brought him so close to being like other kids, would end up segregating him in major ways.

In 1984, the year that Ryan was diagnosed, having AIDS was considered the lowest rung of the hierarchy of disease (Garrett, 1994). It did not matter that Ryan was innocent in his contraction of the ailment, only that he was infected. Ryan saw his diagnosis with AIDS as another reason why he was different from other kids. For his mother, it was another reminder that she had caused her son’s illness and infection. Hemophilia is passed from mother to son, and Jeanne, Ryan’s mom stated, “Ryan has AIDS because of his hemophilia. I gave him the bad gene that passed hemophilia on to
him. I gave him the Factor that infected him with AIDS. So, if you want to blame
anyone, blame me” (White, p.57, 1992). In addition, she stated that she wished Ryan had
died during the biopsy of his lung that proved his AIDS diagnosis (White, 1992). But
Ryan never alleviates his own guilt by blaming his mother. In fact, he praises his mother
for putting up with both his hemophilia and his AIDS. In this case, he internalizes the
guilt and despite Jeanne’s words, he places her very high on the hierarchy of love by
expressing over and over how much she sacrificed for him, including moving to another
town.

Burke (1966) states that those who are seen as polluted or different by society feel
guilt and must try to rejoin society to alleviate those feelings. Chapter three in Ryan’s
narrative details how his community wanted to keep him out of school because he had
AIDS. This created new feelings of segregation and anger for Ryan. All he wanted was
to be like other kids and go to school.

They are dumber than a box of rocks! This is crazy! I can ride my bike, I can do
my paper route, and I can go to the movies. I can do everything! I like being at
school. I do not want to stay home alone—I want to be with my friends, just like
everyone else. (White, p. 95, 1992)

Ryan was complaining to his mother that the people keeping him out of school were
dumb, they were ignorant about his condition and they did not understand how normal he
was. This made Ryan more open minded and therefore a good and non-judgmental
person. The examples Ryan used about riding a bike, delivering papers, and so on are
meant to reassure himself that he deserves to be back in school and also reinforce that he
has done nothing to deserve the exile imposed upon him by people who do not
understand AIDS. It is implied that he could go to school, so Ryan has effectively created a hierarchy where those who do not know about AIDS should feel guilty for jumping to erroneous conclusions about something they know nothing about. And by siding with Ryan, the audience could then be defined as open minded and compassionate, not closed minded and cold hearted.

Ryan fought long and hard to be allowed to return to school, and even went to court to appeal the verdicts that kept him out. One of his friends commented that Ryan was very lucky to be kept out of school legally, but Ryan’s responded he was tired of being home alone. The reality is that while Ryan was home, he was constantly reminded that he was different than other young people his age. In addition, he was being kept out because he was sick, so his attempt to be perceived as normal was failing. One of his girlfriends told him, “My parents do not think we should hang out anymore” (White, p. 103, 1992). Here again was the reminder that even when he was permitted to return to school, he was not the same as everyone else. This made Ryan feel sad and isolated. To make matters worse, once he was legally permitted to return to school, he would often find himself too sick to go. His inability to attend school both because of his illness and the efforts made by the people of Kokomo, prevented Ryan from always seeing himself the way he wanted to see himself—as a normal teenager. The text shows a side of Ryan that is not always ill, that has feelings, and that really cares about his education. The “us versus. them” guilt found in the text allows for a potential identification to occur with Ryan.

Chapter 4 details Ryan’s return to school, but his guilt was not alleviated by being with HIV negative people. Perhaps Ryan thought that being with others who were not ill
would make him feel normal, but all it did was allow students to verbally attack him and constantly remind him that while the law may have permitted him an education, his peers would not accept him. However, it was not just in school that Ryan was socially ostracized and reminded of his status. During an Easter service, no one wanted to shake his hand and wish him peace. Even in church, where most people seek redemption for their own sins, Ryan could not find those who would look at him as a church-goer and not someone with AIDS. That day, upon arriving home, the White’s found a bullet hole in their front window. It was apparent that the town of Kokomo felt polluted by Ryan’s mere presence, and resulted to name calling and vandalism to eradicate the pestilence they feared.

Once Mom, Andrea and I were walking back to the car at the mall. A kid on a bike whizzed right between us, laughing and shouting, ‘Ryan White’s a faggot!’

Mom was telling Andrea and me all the time to keep going, to never feel sorry for ourselves, to remember that we were doing something important—helping people by educating them. (White, p. 137, 1992)

The child on the bike in this quote represents many people at the time in Kokomo, Indiana. This type of verbal abuse, calling Ryan a faggot because he had AIDS, most likely made Ryan feel bad that his family had to suffer because he was ill. Later in the text, he states that his sister and mother also dealt with rude comments (White, 1992). These feelings of guilt were compensated by the idea that the White’s would educate the AIDS ignorant in this little town. By telling her children not to give up, Ryan’s mom is saying that they are better than the people calling names. Her message is that their goal of spreading the truth about AIDS was more important and more worthwhile than
allowing a few comments to dissuade them. This, in turn, would place the guilt on those who did not see the sacrifice the White’s were making for AIDS education. It also shows how the White’s were forced to endure, when all they wanted was to help other people. It reinforces the support the audience feels toward the White family and their devotion to educate others.

Ryan’s next chapter explained how after everything that happened in Kokomo, the family decided to move to a town a few miles away. The family was very happy here because they were accepted. The title of this chapter is “I came up grinning: How life changed” (White, 1992). Evidence of a changed hierarchy is clear right away. By stating that “he came up” Ryan is saying that he overcame the issues with his old school and neighbors. He was the bigger person, and when he realized that he could not educate them nor change them, he threw in the towel and walked away. But, at the same time, it paints the people of Kokomo as being mean-spirited, closed-minded, and ignorant. They drove a young boy out of town for contracting a disease through contaminated blood products. Simultaneously, his new place of residence is described as open minded, accepting, and willing to learn.

At his new school, people were in awe of him because he knew so many famous people. For example, one day after taping an episode of the Today Show, Ryan ran into Tom Cruise, who knew who Ryan was (White, 1992)! Also, Ryan hung out with Greg Louganis, the HIV positive diver, Michael Jackson, Elton John, and Howie Long. So, while Ryan was not segregated because he had AIDS, he still was not seen as being like everyone else. Now, he was a celebrity, and people treated him as such. This too caused him feelings of guilt, because when a young man asked him if he would give up all his
fame to be free of AIDS, Ryan responded, “How dumb can you get! I snapped my fingers at him and told him like that, I’d give it up like that” (White, p. 263, 1992). This is an indication that Ryan did not value his celebrity status because it came from his impending death. Rather, he would have wanted a normal life, with girlfriends, cars, pizzas and sex. Instead, he was a famous teen dying of a terminal illness. This statement represents all the regrets that Ryan has about his condition, and all the regrets he has about not having a future. Returning to the idea of “being up/being down,” in this new school, Ryan was seen as being up due to his fame, where as at his previous school he was seen as “being down” because of having AIDS. And yet, he still wanted to be in the middle.

The last chapter is appropriately titled “Going to a better place” (White, 1992). This is an obvious reference to the belief that Ryan was going to heaven when he died. This is also a reminder that Ryan was not at fault for his contraction of AIDS, and despite all the hardships he and his family endured, he continued to believe in God. Ryan needed to believe that he was going someplace better when he died, otherwise his life would have been in vain. Despite all the name-calling, abuse and vandalism that he had endured, Ryan portrayed himself as being better, and understanding that people simply did not comprehend what AIDS really was. He was the innocent one in this situation, and the text reminds that he was only 18 when he died. His ultimate pain was that his body failed him at a time when it should have been the strongest.

Ryan’s mom, Jeanne, lets her voice be heard in the afterword, and the fact that she feels the need to say anything is an indication of her own guilt. She details his funeral, and ends it with the statement, “Make AIDS a disease and not a dirty word” (White, p,
Jeanne felt that she had given Ryan AIDS because hemophilia is passed from mother to son. By attempting to redefine AIDS, she is trying to alleviate her own guilt at giving her son a terminal illness. The hope is that people will not think badly of her and will think about the amazing things that Ryan had done to educate about AIDS in his short lifetime. And, she reminds us that she is not the bad one in all of this, that “Ryan’s grave has been vandalized three times. The third time, in June of 1991, they knocked over the big headstone and broke it” (White, p. 283, 1992). This moves the audience from focusing on her and blaming her to those people who would vandalize the grave of a young man who died. By ending the book this way, the guilt is then left on those who still blame Ryan or say that he deserved his fate.

It should be noted that while Ryan does a good job of detailing the physical implications of having hemophilia, he very rarely discusses the physical issues his body endured because of AIDS. A few times he mentions having diarrhea, fevers and general malaise, but provides few details. Perhaps Ryan feels guilty about dealing with the issues brought about by having AIDS, and by not focusing on these issues he does not draw attention to his being physically ill. Also, this lack of description about AIDS and the detailed one about hemophilia actually creates an image of AIDS as being a less serious medical condition. Ryan’s textual denial of the physical aspect of AIDS downplays the ailment greatly and further reinforces his shame at being infected.

Thus far, this exploration has dealt primarily with the guilt felt throughout Ryan’s narrative in his own words. However, because Ryan wants to be accepted as being normal and like everyone else, he has to create identification in the text so that the guilt about being ill is removed and placed onto the others portrayed in his text. Burke
(1969a) states that in order for persuasion to occur, the audience and rhetor must feel as though they have something in common. Once these common substances are agreed upon, the parties become consubstantial, or united. This is one strategy used by Ryan to ensure that his narrative is accepted as truth. If the text is rejected as inauthentic, then Ryan may not be redeemed. The text creates identification by constantly stressing his normalcy.

Ryan’s story discusses his being caught smoking, wanting a dog, going to prom, having dates, loving cars and pizza, and hanging out with his friends (White, 1992). These activities are common among most teens; they are not necessarily the behaviors of a deviant. Once a bond is formed with Ryan, the guilty become the others who call him names, or hurt his family in some way. The shift is from Ryan to those who refused to accept him for who he was and saw only his illness. This theme of identification will be needed in the next two chapters when the issues of purification and redemption are addressed.

Janice’s angst:

“I never thought my life would be a quick read, a condensed book”

Burns, part one, 1995

Janice’s story bears some resemblance to that of Ryan, but she was 10 years older then he when she was diagnosed, therefore her guilt deals more with her not fulfilling what she thinks is expected of her as a wife, daughter, sister, and professional woman. There are two stories being told in her autobiography: her own battle with AIDS and that of her husband, Bill, who also had AIDS. As the quote above shows, her life was cut
tragically short by her diagnosis with AIDS. The analysis to come will look at her guilt at being a normal person with a terminal sexually transmitted disease.

One might wonder at the title of Janice’s book, *Sarah’s Song*. Sarah is the name Janice and Bill would have given to their daughter, had they been able to have one (Burns, 1995). However, since in 1987, women were told not to attempt to have children when infected, Janice did not pursue the option of having a child. This is where her first battle with her guilt begins. Once again, hierarchies are created by the negative, by “thou shall nots”. By her doctor telling her that she should not have children, she has been placed low on a hierarchy that has great meaning to her: motherhood. In a brief chapter she explores her inability to have children, and says she can hear her ovaries scream (Burns, 1995). “My ovaries are probably shriveled and mangled by now, eaten through with foreign chemicals and mutating cells. And if they still live, they could be lethal” (Burns, p. 17, 1995). The language used to describe her reproductive organs shows her anger at the betrayal of her body. Ironically, this part of her body that normally created life was the reason hers was ending. Now, her ability to create life is lethal, dangerous, or risks spreading the virus to a baby. In addition, Janice also states that when she saw Bill with children, it made her want to have his child right after marriage, but now neither one can do so. While this story is not told from Bill’s perspective, this alludes to the idea that he too feels the loss of not being able to have and raise a child. The text creates a feeling of great sadness to know that Janice and Bill not only have to deal with their own mortality, but also that of a child never to be.

Janice begins her narrative by describing herself and Bill:
I am a white, married twenty-four-year-old woman who lives in Yonkers, New York. My husband and I earn 67,000 a year and spend most of it on vacations and home furnishings. We love to eat out, go to Broadway shows, and shock people by revealing the liberal outlooks that hide under our conservative exteriors. We call each other “booby”…we will never have children. In October, we will celebrate our third wedding anniversary; we have known each other for five years.

We are HIV-positive. (Burns, 1995)

Until the last line, this couple could represent many in the United States. They are young, educated professionals who spend money liberally. While this paragraph attempts to create identification, it also shows Janice’s feelings about her life and her status. There is nothing exceptional or different about them. Why, then, are they infected with HIV? Why them and not another couple or someone who is gay or does drugs? Janice and Bill should have a wonderful life ahead of them, but instead, this paragraph is the highlight of their lives together. At the same time, guilt is also created by the text in that people like Janice and Bill do not ordinarily become infected with HIV. It is a disease of drug users, homosexuals and prostitutes, not good, hard working Caucasian Americans (Alcamo, 2003). It happens to people society would label as being down or lower in status, not those who are viewed as being up or higher on the social hierarchy. So, if it could happen to the Burns, could it not happen to others like them?

Janice further explains that she and Bill are like many people who are positive, they come and go and yet are rarely noticed (Burns, 1995). More than likely, many do not want to notice these people. Janice then discloses that she has been infected for two years and has yet to tell her parents. Her guilt here is obvious: she feels that her
infection will disappoint her parents, much like it does society, so much so that society does not notice who may be positive outside the stigmatized groups. It is as though people like Janice and Bill cannot have AIDS because that would mean others like them are at risk, too.

In 1989, she does finally disclose her status to her parents. When she states she has an announcement, her father, the Catholic deacon, immediately asks if Janice has had an abortion. She replies no, that she and Bill are HIV positive (Burns, 1995). Instead of being rejected or blamed for her ailment as some endured from family members early on in the epidemic, she received nothing but love and compassion from her parents. And no one asked how she had become infected. It is ironic that her father should ask if she had an abortion, because Janice’s previous statements show she feels as though her body has killed any chance of having a child with her lethal ovaries; in a sense aborting her opportunity to have children. However, this could also be interpreted as a hierarchy, that to some the murdering of a child, at least from her father’s perspective, is worse than having HIV, a death sentence.

Perhaps, as a way to ease her own guilt about having AIDS, Janice tells this story:

She had been, after all, a prostitute and crack-head for three years and sold herself for drugs right up until the time she delivered her second child five months ago. Residents of her neighborhood spit at her when she passed, a disgusting addict who does not give a shit about her baby’s health but only wanted to feel that expensive high, even if it meant fondling some syphilis-laden man. I kept thinking, she’s got to have AIDS. Wishing, yes, wishing, that she did…she does not. (Burns, original emphasis, p. 71, 1995)
The irony is that Janice, who had slept with two men in her life, did have AIDS, but this woman who fit every negative stereotype about those who have AIDS/HIV, was negative. Janice wanted this woman to have AIDS, as though it would vindicate or explain her own infection, but it did not. She, on the one hand, feels ashamed that she would wish her own plight on another, but at the same time it is not fair that this crack whore, whose life is perceived as being worth less than Janice’s is free of HIV. The hierarchy about the value of life is clear: a crack-addicted whore who has sex right before childbirth with a man infected with an STD does not deserve to live. Despite realizing that there are those who do not fit the AIDS stereotypes, most people might agree that Janice should be the one who is negative. Janice may not be the only one wishing, yes *wishing*, that this woman were infected.

Janice was infected because Bill had a short-term relationship with a man when he was questioning his sexuality (Burns, 1995). Due to this, Bill feels a great deal of guilt for infecting Janice, although he did not find out he was positive until after they were married.

Like a bolt of lightening for a brief moment illuminates so violently, I remember countless examples of my irritability and self-pity, my hostility unspoken but not unnoticed. I see my anger, anger, anger concealed behind the smile of a devoted wife. Until finally the words burst from his lips, un kissed by compassion for so long: I don’t deserve to be loved. (Burns, p. 86, 1995)

Evident in this quote is also Janice’s guilt about her anger toward the man she loves, but who also infected her. Bill feels as though he has murdered his wife, he has ended her life and therefore does not deserve her love. From the quote, it becomes evident that
Janice has not been giving him love and therefore has led him to feel this way. Her guilt stems from her inability to see that he not only suffers from AIDS but the knowledge that he gave it to her as well. But Janice is truly angry with this, and she feels ashamed for her anger and her lack of acknowledgement of his emotional suffering. This is a side of AIDS/HIV that is not often seen, how the person feels who spread the infection. It may allow for feelings of sympathy for Bill as he did not intentionally give her this death sentence, and as a result must deal with this anguish. At the same time, the audience could be led to understand Janice’s feelings of anger at Bill, and her desire to lash out and express this. Instead she internalizes it, pretends that it does not exist and she is not upset.

Janice does not tell Bill of her own guilt that she suffers because it was her initial rejection of him when they first met that gave him the shove he needed to find love with a man. Thus, Janice may feel that it is actually her fault that Bill became infected, and in turn she, too. However, in small ways, as seen above, she makes him suffer. This provides an insight that AIDS/HIV is much more than a physical ailment; it is also an emotional one that creates feelings of guilt when the possibility of infecting others exists. It also allows for feelings of anger and resentment toward the one who caused the infection. Bill is paying the ultimate price for his sin; he is dying, but sadly, so is the love of his life.

Thus far, the analysis has outlined Janice’s feelings of guilt about not conforming to the roles that she feels others want her to fulfill: wife, daughter, would-be-mother, etc. However, Janice is in her early twenties when she is diagnosed, and there is another role that she is failing at: a healthy young person. The physical breakdown of her body leaves
her ashamed. Not so much because Janice cannot do the things that other people her age can do, but rather because her body is terminal. Rueckert (1963) asserts that a sense of the unclean also leads to guilt and the need for purification. Janice fears disclosure, and while she can opt not to tell anyone about her condition, her body betrays her with the non-verbal signs of AIDS. “Anamorphosis: the deliberate distortion of an image so that it can be accurately viewed from only certain angles or with special instruments” (Burns, p. 65, 1995). This metaphor is an excellent way to look at HIV. Although the sero-converted, or positive, person looks healthy, the reality is that under certain conditions, the truth about the person and the potential for illness is there. This dichotomy between healthy and ill leaves Janice pretending to be something she is not. While with some she can be her true, non-healthy self, in her social circles, she must pretend to be normal. Again, she fears disclosure because either there is a fear of stigma and rejection, or she fears that people will then begin to treat her as Janice with AIDS, and not simply Janice. “My left side is a war zone. Lesions on my ear and face—painful, disgusting, oozy—spread, ripping my vanity to shreds. Friends look at me with newly acquired looks of fear and pity…. I am tired of being the girl with AIDS” (Burns, p. 113, 1995). Janice clearly wants people to look at her as they did prior to diagnosis, but this may be the guilt that many with a terminal illness must endure.

Burke (1969a) deals with the pollution of the body in what he has termed the demonic trinity, consisting of erotic, urinary and excremental. Foss, Foss and Trapp (2002) add that bodily functions, including sexual ones, are infused with negatives, as they are not discussed in normal, every day situations. One sign of physical guilt, then, is finding ways to discuss the unspeakable (Foss, Foss and Trapp, 2002). Returning to the
quote above where Janice clearly talks about the oozing of her sores and the ripping apart of her vanity suggests her guilt because she talks about such grotesque breakdowns of the body. However, given her subject matter and her desire to create an authentic portrayal of her life with AIDS, this unique forum allows her to do so in a way that could not be done otherwise. At the same time, these sores do represent the war, to use Janice’s own term, between her body’s defense system and the virus attacking it. This detailed depiction of the war zone also leaves a graphic image in the mind of the reader, one that Janice can not hide from or cover with makeup, therefore returning her to a state of feeling diseased, unclean and terminal.

Bill dies before Janice. As a result, she also suffers from survivor guilt. There was a part of her that wanted to die before Bill, so that she did not have to live alone. Her whole life was with Bill, and once he is gone, she has no idea who she is in the world. This crisis of identity leaves her feeling alone and insecure. Her future with AIDS is uncertain, yet certain. Janice knows she will die, but when is unknown. This lack of control over her body and her life leaves her feeling helpless and scared. She often dreams about Bill, and in some dreams she kills him by proceeding with surgery or not, or by removing a tube and allowing him to die in his own fluids. It was Bill’s fluids that infected Janice, so one could read into this that in her dreams she is retaliating. But these feelings after his death leave her sad and upset. These dreams reflect her fear of still caring for him, and not having him around to care for. They also show her own indifference to life and death. In the dreams where he is alive, she has a reason to continue with her life. But in the dreams where he has passed, it reminds Janice that her life is empty without Bill, and that she is metaphorically killing him again and again as
punishment for her current spouseless status. This guilt could also remind the audience that even though Bill infected Janice, he did not do so on purpose, and she is suffering without him. Therefore, perhaps Bill got what he deserved for sleeping with a man and then having a relationship with a woman. No amount of blaming will help Janice live any longer.

Janice’s narrative is a complex one in that it is both a condemnation of Bill and a tribute to him. She does spend a great deal of time talking about his amazing qualities, but any time she discusses her illness, it is a reminder that it was Bill who infected her. While this sharing of infection was not intentional, it does not change the fact that underneath all of her compliments and accolades, there lays the dark truth. For example, Janice mentions that when he was younger, Bill was raped by a male neighbor (Burns, 1995). She may do this to alleviate her own guilt about her initial rejection of him and his turning to another man for comfort. Rape is not the victim’s fault, and therefore one could not blame Bill for being confused and for looking for acceptance anywhere he could. Also, because AIDS was such a new disorder in the early 80’s, one cannot blame Bill for being careless. Yet, she also introduces the fact that, at the same time he was sexually experimenting, he had emergency surgery where he received a blood transfusion. This is mentioned only once and may be meant to question how Bill really became infected. But, as the narrative is told, it was Bill who infected Janice. This point is stressed over and over again, which leads one to wonder why Janice does not consider herself to possibly be the carrier. Perhaps she not only feels guilt about her rejection of him, but maybe there is, at least in her mind, the possibility that she infected him. However, by misdirecting her audience, the focus is never placed on her own sex life. In
actuality, her past lovers are never mentioned. This lack of disclosure suggests another level of guilt that might create some doubt about the veracity of Janice’s version of her narrative. Just because HIV is passed more easily through anal sex, does not mean it cannot happen during heterosexual intercourse. It did happen to Bill and Janice.

In the chapters to come, Janice and Bill will find ways to purify themselves in both their own eyes and that of the audience, thereby paving the road for redemption. But for now, Bill’s guilt comes from his past sexual encounters and his infecting Janice. Janice’s guilt stems from all the roles that she feels she will never fulfill, and from her own culpability in allowing Bill to have had access to a relationship that may have caused his initial infection. Pedro’s story is a bit different, as it is equally about the writer’s guilt and that of the protagonist.

**Pedro and Judd:**

“I never knew anyone with AIDS”

Winick, p. 2, 2000

Pedro and Judd’s narrative has more in common with Ryan White than it does with Janice and Bill’s. They appeared on MTV’s *The Real World*, and for that reason were well known individuals who had the power to change the image of someone with AIDS. But this story is also different than the others analyzed because this comic book was about AIDS education. This may imply a feeling of guilt held by the audience, as it is assumed they did not know much about AIDS, and therefore, required an education about the ailment. Judd and Pedro suffered from different kinds of guilt, and the analysis of this portion of the narrative will explore Judd’s ignorance and Pedro’s homosexuality and cultural issues.
Although Judd is both the artist and storyteller of this narrative about Pedro, the one infected with HIV, on the front cover of the book is a large picture of Pedro, followed by a smaller snapshot of both Pedro and someone assumed to be Judd. As with Ryan White, both photos of Pedro show him looking like a healthy young man with his whole life ahead of him. This shows the guilt that Judd felt about his friend’s ailment and untimely death. Although Pedro, too, was known for his life as someone with AIDS/HIV, he is shown looking healthy; as a matter of fact if one had not seen them on the *Real World*, one would not know who was who in the smaller picture. Perhaps Judd is making the point that people with AIDS/HIV do not look any different than everyone else, and might be asking people to confront their stereotypes.

The first chapter of Judd’s book is not about Pedro, but about the man who drove the shuttle to the airport. This man could represent the inadequacy that Judd feels as he goes to see Pedro dying in the hospital. The wise shuttle driver tells Judd that he must return what has been given to him, that he must be the light that brings others up (Winick, 2000). There is a religious metaphor evident in this message, about being the light of guidance for others who do not know or understand and need to be led. But, at the same time, this also expresses Judd’s own inability to repay Pedro for all that he has taught Judd during their brief friendship. As the book progresses, Judd will *enlighten* both himself and others about AIDS, and by doing so, repay Pedro for helping him to find himself.

The first portion of the comic book is also about Judd: who he is and where he came from. These few chapters create an identification with the reader, so that as one progresses through the comic book, Judd could represent the reader in the story and then
as the book ends, also purify and redeem him/her as well. Judd talks about hating school, but loving art and how upon graduating college, his dream was to be a syndicated cartoonist, like the creators of Doonesbury or Bloom County. Initially, he did get a column, but not too long afterward, he was dropped. With no money and no prospects he was forced to move home with his parents. Judd is attempting to create identification by showing there was nothing exceptional or different about him. Although he called himself a liberal who was open minded, he had never been confronted with anything that challenged his way of thinking. Until he applied for the Real World 3: San Francisco.

Judd sailed though the initial screening process, which included submitting a photo of himself and providing a video of his personality. But it was when a face-to-face interview was conducted that Judd learned he would most likely be living with someone who was HIV positive.

I gave them the safe, diplomatic answer: I don’t know anyone who’s HIV positive, at least personally. So, that sort of life experience is something that I am more than willing to learn…. But what I was actually thinking was Jesus H. Christ! I am going to be living with someone who has AIDS! (Winick, p. 22, 2000, original emphasis)

The guilt present in this quote is multilayered. One, Judd has claimed to be an open minded liberal, but his statement contradicts that identity, and this may cause him feelings of panic and chaos as he is forced to confront his own prejudices and stereotypes about those who have AIDS and the ailment itself. Two, the audience may also be confronted with this judgment, as many people may find that verbally they are accepting of issues until those issues become a reality; then they behave differently than they
thought they would have. Judd’s honesty about his true feelings versus his politically correct stance allows that sometimes people are forced to take a hard look at who they really are and what they truly stand for. Evidently, Judd answered the question correctly, because he was invited to become a cast member of the show.

The next portion of the comic book is about Pedro, and his life in Cuba. While Judd had everything, Pedro had nothing. Judd was not a happy child and Pedro was a very content boy. Judd paints the picture of Pedro as a blessed child. According to the religion of Santeria, he was born to save lives because he was the seventh child of a woman who was told she would never have more children, born on February 29th of a leap year. Judd details this information as a way to set up why Pedro would always feel he had to push himself harder so that his message about AIDS could be heard. This may also explain Pedro’s fear that he was not doing enough to help others. But, at the same time, it shows that those who come from little can make a big difference in the world, and that one does not need to feel bad if she/he comes from less. Burke (1966) states, “Those ‘up’ are guilty of not being ‘down’, those ‘down’ are certainly not guilty of being ‘up’” (p. 15). Judd does not want the audience to label or judge Pedro for being poor, Cuban, or having AIDS. To help create a positive image of Pedro, he tells the story of how Pedro was a blessed child. This is not something that one would normally think of when describing someone who would later die of AIDS.

Pedro was very close to his mother. When he was thirteen, she was diagnosed with, and later died, of cancer. Pedro’s guilt, his driving force became the memory of his mother and wanting to make her proud. This relationship is what gave his life meaning, made him excel in school, and helped him to decide to pursue a medical degree in
college. It was also the driving force that pushed him to look for love with all the wrong men. Being gay in the Latino community is considered unacceptable (Leiner, 1994). Pedro hid his true identity from his family. But his father knew that Pedro was gay. He accepted Pedro, but warned that life was going to be hard. Judd’s inclusion of this portion of Pedro’s story shows how the expectations of both culture and family can make one feel as though he/she has to hide a true self. It also shows that Pedro felt guilty about of who he truly was and wanted to pretend to be like other young men his age. But Pedro’s father’s acceptance sends the message to other gay men, Latino or otherwise, that one does not need to feel guilty about one’s true self. It was not easy for Pedro to come out, but he did. Sadly, not long after, at the age of 17, Pedro would be diagnosed with HIV.

Perhaps as a way to deal with his guilt at being positive, Pedro gave a speech in front of his entire high school about AIDS/HIV and the truth of his own status. This would appear on the surface to be an altruistic move meant to help others avoid his fate, but underneath, the sharing of his status allowed Pedro to alleviate his guilt at being diagnosed. “I am here to tell you that you should be very frightened of AIDS, not people with AIDS. I am not dying. I am living with AIDS. Living. No one should or has to be where I am” (Winick, pp. 56-7, 2000, original emphasis). The bolded words are that way in the text as well, and they too show Pedro’s feelings. The emphasis on the word “very” in front of the word “frightened” could indicate how Pedro feels about the disease, not really how the audience might see it. In addition, by stating that one does not need to fear those with AIDS, Pedro is asking his audience not to reject him because of his status, but rather to see him as they always have. Pedro clearly states that he is not dying, but that
too is emphasized in a way that indicates his fear about the idea of death, and why he emphasizes living twice. By re-defining AIDS as something that one can live with, he is actually contradicting himself. If AIDS is something that one lives with, why does one need to be very afraid of it? This answer is found in the last line, when Pedro says that no one needs to be where he is, because regardless of whether or not AIDS is deadly, to Pedro having it is the end of his life. His guilt about having something wrong with him physically is perhaps worse than the fact that some will reject him and that he will eventually die from it.

At this point in the comic book narrative, the stories merge as they both, with a group of other people, move into the MTV house in San Francisco. For Judd, the big issue was trying to figure out which one of them was HIV positive. Judd looked for signs of the virus, and one of the cast had what looked like a purple lesion on his face, so Judd erroneously concluded that he was the infected one. Another cast member thought it was Judd. This physical stereotyping may have created feelings of guilt in Judd as he knew it was wrong, but could not help his curiosity. Rather than ask his cast mates, he made assumptions. Pedro, on the other hand, was afraid of what would happen when people in the house found out and how each would react. Although Judd made the comment that he did not want to room with the sick person, he did choose to room with Pedro, and that is when the truth came out.

Oh. It’s Pedro. Pedro has AIDS. But just like that…. I was OK with it. I wasn’t going to be living with HIV walking around on two legs. I was going to be living with this guy who I spent two hours talking with…and I liked him. He was not someone to be frightened of…he was just Pedro. (Winick, p. 67, 2000)
Judd thought, as do many people, that those with HIV look like they are ill, which is not always the case. Judd thought this person would be different, someone to whom he could not relate or like. Pedro was no different than Judd, a young Caucasian man from suburban Long Island. This means that those with AIDS/HIV are not as different as some would like to think. This may create a bit of fear as some may begin to understand that HIV could have the same face as they do.

In contrast to Ryan’s lack of details about AIDS, and more like Janice’s honest portrayal of life with the ailment, Judd details some of the medical issues that Pedro endured. Judd details them because they serve as a powerful tool of persuasion to encourage others to never find themselves in the position of contracting HIV. But for Pedro, these symptoms are a betrayal of his young body. These tie back into Burke’s idea of the demonic trinity, where the body is polluted and certain word choices lead to a purging of that pollution (1969a). However, while Burke was detailing more metaphorical uses of the demonic trinity, it also has application to the literal body. In this case, Pedro had to deal with shingles, also called Herpes Zoster, which is related to the chicken pox virus (Langone, 1991). Judd explains “it’s a little like chicken pox but 100 times worse. Scabs breakout in huge bubbly patches. They are extremely painful and physically repulsive” (Winick, p. 51, 2000, original emphasis). The depiction of the huge bubbly scabs creates the image of oozing, and within that ooze would be the pox virus, but it is non contagious. This is the body purging the pollution from the inside to the outside, but because of the depressed immune system, the purging of the virus does no good. Pedro’s shame at having such visible evidence of illness is further stressed by Judd’s choice of the term “physically repulsive”. These shingles were all over Pedro’s
face; therefore, Pedro is not only socially repulsive to some, but physically damaged as well.

Shingles were not the only purging Pedro dealt with; he also suffered from severe diarrhea. Again, this is not a metaphorical purging, but rather a physical response to the virus attacking his body. It is a symptom that many with HIV as it progresses to AIDS must deal with, but Pedro did not know that there was medication to control this parasite. For two years, Pedro thought this was something he had to live with until he told a physician about the problem, and a medication was prescribed. Pedro’s silence about this condition indicates a fear of HIV and what the diarrhea might represent. It also exemplifies the dis-ease such a condition creates in others when being discussed. In most settings, this is not an appropriate topic of conversation, but in this narrative it serves as a reminder that AIDS/HIV is a physical breakdown of the body, and these excretions, whatever form they may take, are very important for the patient. It also served as a reminder to Pedro that he was lower on the health hierarchy than his peers.

Judd addresses Pedro’s fear and shame about the slow demise of his physical body.

He was living with AIDS. He wasn’t sick. He could hold a job. He could fall in love. Be in a relationship. Do everything and anything that anyone else could do. He wasn’t going to be that sickly AIDS boy from MTV. He was going to show them that you could succeed with AIDS and HIV. But he wasn’t. It was a lie. Pedro was sick. (Winick, p. 113, 2000)

To further this feeling of guilt, anytime Judd was asked while filming the show how Pedro was, he would lie and say Pedro was doing great. It is an indication that
neither one of them wanted to acknowledge the truth about Pedro’s condition. Neither one wanted to admit that Pedro was slowly dying from the inside out. Judd wanted him to be the one to beat this or to live ailment-free for decades, but that was not the case. Had Pedro admitted on the show the truth about his condition, it would have undermined all that he was trying to do, which was prove to others that one could live with, not die of, AIDS. It was his one goal, and to him failure was not an option. So, it was hidden. Pedro was willing to sacrifice what little of his health he had left to help others see AIDS/HIV differently.

Right after the show stopped taping, Pedro had lapses in memory, and was eventually diagnosed with Toxoplasmosis, a type of brain infection that can be treated (Winick, 2000). It was later discovered that his T-cell count was 32, which meant he had finally progressed from HIV to AIDS (Winick, 2000). A diagnosis of AIDS comes when one has had a bout with one of the twenty-nine opportunistic infections chronically (30 days or longer) and a T-cell count of below 200 (Garrett, 1994). Even HIV and AIDS have their own hierarchy of illness. A healthy person has a T-cell count of 1000 or more. Someone with HIV can have the same or lower until they progress to AIDS, and are 200 or below. So, the higher the T-cell count, the less one has to worry about having AIDS, the lower the T-cell count, the more one has to worry about death. Even if someone’s T-cells did rebound to above 200, and the opportunistic infection went away, that person is never UN-diagnosed with AIDS (Garrett, 1994).

Pedro’s T-cell count of 32 and his diagnosis with toxo meant that he had AIDS. Prior to this, Judd was detailed about Pedro’s ailments, because they just meant that his immune system was weakened, but not destroyed. Now, Judd becomes vague about
Pedro’s appearance as he slowly dies. Even in the pictorial depictions of Pedro, he never looks any more ill than he did with HIV. Judd may do this to alleviate his own issues with Pedro’s slow demise and ultimate death. He does not want Pedro remembered as an AIDS patient, but rather as an AIDS activist. And of course, this too is how Judd wants to remember him as well. In the last drawing of Pedro as he passed, Judd has the background painted black, signifying death, but Pedro is contoured in white, and it actually looks like he has wings and is floating up to heaven. This suggests that Judd needs to believe that Pedro has risen up to a better place, a place with no pain, no blame, no guilt and no terminally ill, 22-year-old, gay Latino men. Judd wants a certain image of Pedro to remain, and it is not that of one who suffered.

Since most people tend to be curious about how people with AIDS/HIV become infected, Judd addresses this issue. This could also be the source of Pedro’s major guilt. He was a young gay Latino man. After his mother’s death, he needed to fill a void in his life and he turned to older gay men for the love he lacked. They did not teach him how to protect himself, so he decided when he found out he was positive, to educate others as a way to alleviate his own anger at those who did not care enough to use protection with him. “Our sex, our sexuality, our person belongs to us. No one can or should make you do anything you do not want to absolutely do” (Winick, p. 99, 2000, original emphasis). The language Pedro used here, taken from one of his lectures, shows his feelings of betrayal at those he thought cared about him. It also shows his attempt to empower his audience to say no to sex that feels wrong, emotionally or physically. Obviously, he did not feel empowered when he was younger. But it also makes it sound as though Pedro might have been taken advantage of, which creates a different picture of his infection.
Judd and Pedro’s stories are meant to educate about AIDS/HIV, those who have it, and those who do not and do not understand. Judd’s very honest portrayal of his feelings about HIV, before and after Pedro, allow for the alleviation of certain feeling of guilt at being ignorant or stereotypical about AIDS/HIV. Pedro’s drive was to prevent further infection and he did so through his lectures and Judd’s detailing of his life and death. Judd’s depiction of Pedro as being the special one he was born to be also alleviates any remaining feelings of shame that he might have had about sharing the way he felt about AIDS before his own education. His continuation of Pedro’s lectures also speaks to his drive to live up to Pedro’s memory. In the next chapters, more detail will be given to how they both purify and redeem themselves. In the next section, a new perspective on what it means to have AIDS will be explored.

Roger and Bob’s medical guilt:

“I believed I had discovered the underlying cause of AIDS: Abusive life styles”

Owen, p. 161, 1997

As one can tell from the quote, Roger’s narrative is markedly different from the other three. This story subscribes to the dissident view of AIDS/HIV explored in detail in chapter two. Roger is the AIDS patient, and Bob Smith is the medical doctor who not only treated the condition, but allegedly cured Roger as well. Although the stories are different in premises, they still deal with the physical and emotional guilt attached to a diagnosis of AIDS/HIV. This last section will explore Roger’s medical issues and Bob’s identity crisis as he questions all he has been taught about medicine.

One interesting point about this story is that Dr. Bob, M.D. nor Roger, M.D wrote it. The author of the book is actually Dr. Bob Owen, PhD, and D. Sc. This may cause a
bit of confusion as both protagonist and author are called Dr. Bob. There is an author’s note at the beginning of the book where he remarks on the ten-year anniversary of Roger’s story, but the entire narrative is written in the same language, same voice, so it is hard to know there is a difference between the Bobs. The narrative is allegedly written in the M.D. Bob’s first person voice. This in an important fact because the dissident view is controversial and not accepted by mainstream AIDS researchers (Alcamo, 2003). In the hierarchy of academia, a medical doctor discussing medical research would be seen as more valid and authentic than a PhD hypothesizing about the same issue. This is not to say that one is more correct than the other, but some of the claims that are made in this narrative are medical, not theoretical. This confusion between the protagonist and author could indicate feelings of guilt held by the true author because of his lack of a medical degree, and therefore, might weaken his voice in the matter. In order to be persuaded to accept that Roger was truly cured of AIDS, some may want scientific and medical proof, not theories that these ideas may or may not work. This leads one to question if the medical Dr. Bob is Owen’s more valid medical muse.

Roger and Bob were good friends in medical school and became even better friends when they went to Vietnam together. They had parted ways upon returning stateside, and the first time Bob saw Roger again was when he came to Bob for help with his diagnosis of AIDS. He knew he was going to die, and was looking for Bob to ease his pain and make his transition easier. Roger sold his thriving practice in San Francisco once he became too ill, sold his home and moved to Los Angeles basically to die. “One day I said to myself, I’ll see if old Doctor Bob Smith can figure this thing out. So…here I am, Dr. I’m in your hands. See what you can do. Okay?” (Owen, p. 4, 1997). It is
evident that Roger cannot take care of himself, despite the fact that he, too, is a physician. This shows his frustration, shame, and his realization that he needs the help of someone else because his body is betraying him. Dr. Bob feels his own guilt because while he had read about AIDS, he was not as educated about it as some doctors. In order to make him feel better about this lack of knowledge, Bob states that as a general practicing physician, “I was quite generally interested in all phases of medicine, but more specifically conversant with the subjects more relevant to my practice” (Owen, p. 7, 1997, original emphasis). Bob is setting the stage for his naïveté when it comes to anything AIDS related, and yet also stressing that he knew a great deal about many other medical subjects. This is a reinforcement of his own knowledge and gives him an out for not knowing much about the ailment. While the narrative never gives an exact date of when this reunion occurred, hints peppered throughout the story suggest it was before 1986, when not very much was known about the syndrome.

The narrative suggests that Roger became infected via IV drug use. It appears that this drug use began as a coping mechanism to deal with the atrocities of the Vietnam War and segued into a way to cope with life after the war. “For a while after ‘Nam I was still shooting up. I had to, Bob. I was sick. I don’t think I ever got over ‘Nam” (Owen, p. 45, 1997). Roger’s guilt stems from what he thinks is his own moral failure leading to his drug use. The language and its inclusion in the text reveal the fear that both protagonists have about blaming Roger for his current medical condition. By stating that Roger had fought in a war is a way to shift blame and to paint him as an innocent who became an addict as way to cope. This addiction, a betrayal of his body, also led to his infection with HIV, another failure of his body. Dr. Bob’s occasional comments about
Roger looking nothing like the man he knew in Vietnam is also an indicator of the physical demise Roger has suffered. The key here is that Roger is dying, and he needs Bob’s help to save him, which translates into Bob’s feelings of impotence over saving a life which, according to the medical literature at the time, was doomed.

Bob does not know how to save Roger. He turns to the literature, and it provides no answers. He turns to fellow physicians, who are also without answers. The traditional medical establishment that he has trusted is letting him down. This guilt appears to motivate him to look for information anywhere he can find it, which leads him homeopathic medicine. The narrative shows this tension as Bob struggles to believe that the answer may not be in traditional medicine, but in an outside view.

I am not entirely sure why, but I didn’t tell anyone at the hospital the next morning about Dr Mendelsohn’s book. Perhaps I was ashamed to have read something so derogatory to my chosen profession. Perhaps I was fearful that some osmotic process might also brand me as a heretic…. Maybe I had become the kind of doctor they warned me about in medical school: The Doctor whom patients regarded as God until the doctor himself begins to believe and act as though he actually were God. (Owen, p. 43, 1997)

Bob is struggling with his faith in medicine and the fact that one book written by a medical heretic could cause him to question that faith. He has to believe that for all the years he has been practicing, he has done some good for his patients. At the same time, he worries that maybe he was doing what he was trained to do, and not thinking about the specific needs of each patient. Roger’s diagnosis of AIDS has caused him to look for answers that only the heretics seem to have found.
The first seeds of conflict cause Bob to feel uncomfortable. He describes Roger’s diagnosis with AIDS as a puzzle where traditional science has provided most of the pieces, but not all of them. As he finds ways to create the pieces that will fit, he has to rationalize his departure from medicine. One such departure is his discovery that drug abuse, like Roger’s addiction, could be a cause of illness. This is something that traditional medicine supports. By the same token, Bob feels that all drugs, including prescriptions, will cause the same breakdown of the immune system found in AIDS patients. “AIDS does not destroy the immune system. But, a weakened immune system falls prey to a combination of symptoms we call AIDS! AIDS is the result of an already non-functioning immune system caused by abuse” (Owen, p. 64, 1997). As a way to deal with his guilt of not being able to save his friend from AIDS, Bob has created a new definition of the ailment, one that implies that anyone can become infected, whereby Roger’s guilt at having AIDS is also alleviated. Despite this new way of looking at the syndrome, Bob is still grappling with the piece of the puzzle that will lead to a cure or remission at least. Discovering that abusive lifestyles break down the immune system is good news for the healthy, but does nothing for those who are ill. Bob has replaced one guilt with another for now he must find a way to translate his new theory.

Roger became Bob’s medical guinea pig. He moves into Bob’s house and is put on a fast, where he is only allowed to drink fresh fruit and vegetable juices. Bob believes that this will remove the toxins caused by Roger’s former abusive lifestyle. But it is not as easy as it seems, and after a few days Roger is very ill and in great pain. Bob’s first inclination is to prescribe pain killers to ease Roger’s suffering. But he realizes that this is what doctors have been doing for years, making patients feel better, but not really
healing them. On the one hand, he feels horrible watching his friend suffer, but on the other he knows that writing a prescription will cause him a different kind of pain. Bob’s conflict is evident, and the end result could be Roger’s death. The solution to this problem is to put Roger in a warm bath and let his body work it out on its own. Despite making the right choice this time, the reader can see how very guilty Bob feels about his own ideas. “I am really new to this, and everything is a challenge and a risk” (Owen, p. 130, 1997). Making the wrong decision will kill Roger, and even though Bob is beginning to see the light, there is much doubt and little faith in his choices. For the first time in his medical career, he is impotent against the breakdown of the body. The knowledge that he has complied over the years appears to be irrelevant.

Perhaps to persuade himself, Bob begins to question the epidemic of AIDS in relation to other major medical conditions. Pulling sources from such prestigious journals as the New England Journal of Medicine, Bob analyzes the data about cancer. In one article, it states that much progress has been made in treating cancers of all kinds (Owen, 1997). Yet, in another article it states that the war against cancer is being lost (Owen, 1997). Also, AIDS is being called an epidemic; whereas, cancer and heart disease were killing more people each year than AIDS had in its first five years. Bob’s defensive position appears to be a persuasive tactic meant to question the validity and credibility in his claims about challenging the medical system. It also, however, shows that he needs to reinforce his own beliefs with authentic research from respected physicians. Bob is willing to see the faults with traditional medicine, but at the same time he worries that his new views may not hold the right pieces to the puzzle. In addition, he greatly fears the backlash from his medical peers should they discover his treasonous
thinking. At the same time, Bob is allowing for doubts about traditional medicine and the unknowns of holistic thinking. It is as though he uses himself as a way to walk through these fears. It is not an abrupt change, but gradually using resources to support his medical ideological changes.

Although Bob’s thinking has become more holistic, he is still treating patients with traditional medical techniques. This upsets him because Bob feels he has done more harm than good. As a result, he decided to stop prescribing medications to his patients. “A few of my patients appreciated my efforts. But not many. My partner indicated that some of my patients went to see him because I refused them treatment. Maybe I should have humored them, but it is more and more difficult to treat them in ways that I know are not in their best interests” (Owen, p. 132-3, 1997). This quote shows the guilt that is on going with Bob and his medical epiphany. Instead of seeing him teetering back to traditional medicine, one can see him on the side of less traditional approaches. On the one hand, he does feel bad for not treating his patients. He is, after all, a doctor and based on his constant struggle to find the best way to help others, he appears to care a great deal about his patients’ long-term care. But on the other hand, he fears that his past treatments will do more harm than good. Therefore it is better for him to let them go, knowing they will most likely seek treatment elsewhere, than to willingly prescribe medications that he believes will hurt them.

Once Bob has accepted his new, non-traditional views of healing, he no longer struggles with the decision. Rather, now he feels badly for not having had this information in the past. However, there is a new fear to deal with, and that is the repercussions from traditional medicine.
When doctors disagree with AMA standards of medicine and thus violate their accepted procedures, the AMA, the federal Drug Administration, the National Cancer Institute, and other agencies go after them…they harass the man until he comes into line. If he does not get the message, they take him to court and close him down. Or, even worse. (Owen, p. 186, 1997)

Although the ones who should feel guilty about this practice are the traditional medical establishments listed here, it is Bob who now worries about the repercussions of saving a man’s life. Since Bob tried unorthodox methods, he is now seen as a medical heretic. This most likely has two effects. One, Bob feels amazing for being validated and for saving his friend’s life and the lives of countless others. Two, Bob still retains an attachment to his longtime profession and feels invalidated because they will not recognize the enormity of his achievement, regardless of how it came about. He is no longer in the “in-group” but now will be seen as a quack. Therefore, his research and findings will be ridiculed and dismissed. This is another source of guilt Bob must deal with, because even though he found alternative means to “cure” AIDS, he still wants to be legitimized by the establishment. It could be argued that the fact this book is written in such a way as to show his gradual shift in thinking and how well documented his sources are is also an indication of wanting affirmation from his peers, the same one’s whose ideals he rejected. When asked if he was going to go public, “No. Not at all. In fact, I do not want to even hint at any advertising campaign. If people with AIDS come, we will treat them. If they come with other symptoms, we will treat them with our new knowledge as well” (Owen, p. 188, 1997). The irony, of course, is that this book is the
best campaign. Evidently Bob felt that to keep silent was like murdering those who did not know the truth about traditional medicine.

Perhaps as a way to validate the authenticity of the narrative, there is an afterword written by Roger, the man now “cured” of AIDS. In this brief essay, he states that he has never been healthier and never been more disappointed in traditional medicine. Evidently, many great doctors have tried to preach the benefits of holistic medicine only to be shut down by the traditional medical establishment. For this reason, Dr. Bob and Roger have moved to Africa where they can do more to help people without the bureaucracy found in this country. His fears are evident; the readers of this book will wonder why they have never heard of this miraculous cure. Roger addresses it by saying that those who need to find this story will do so, and there is no need to go public. A skeptic might find that they do not want to go public because the data would be carefully analyzed, including whether or not Roger ever really had AIDS in the first place. While Roger is offering a plausible reason why this story is not a familiar one, it also shows his fear that the story will be dismissed. After all, if he and Bob truly want to save lives, it would seem they would want to get the word out to more than just the readers of the book.

At the beginning of the book, it is clear that Dr. Bob feels traditional medicine is “up” on the social hierarchy. He even calls one of the non-traditional books he read medical heresy. But, as the book progresses and as Dr. Bob’s thinking expands, he begins to move established medicine farther down the ladder, until, at one point, it is equal to that of unorthodox medicine. At the end of the narrative, traditional medicine is portrayed as being lower when Bob states, “If there is a hell, those who have reaped their
pound of flesh from the agonized cries of the living dead should be mummified in their money and forced to suffer forever” (Owen, 1997, p. 183). This language is very descriptive. The irony is that, at one point, Bob was guilty of the same sin. But, because Bob challenged the traditional views and took a risk, he has risen above those who would cause “the agonized cries of the living dead”. In addition, Roger has risen above, so much so that he could no longer work in this country, and went to a place where he and Bob would be free to save lives. The picture painted of traditional medicine is quite negative. The picture portraying those who would give up everything to save patients is extremely positive.

Roger and Bob’s narrative is pedagogical in a different way than the other narratives are. It still educates about AIDS in small ways, but this text is a redefinition of what AIDS is and what it is not. In addition, traditional medicine is greatly questioned in this book; thereby, creating discomfort for the readers as they try to process the legitimacy of what is being stated. In the chapters to come, Roger and Bob will find interesting ways to blame traditional medicine and to find redemption in a new way of thinking.

Chapter summary

The purpose of this chapter was to define the concept of guilt, as proposed by Burke and others. To further the understanding of guilt and its application to rhetoric, a few examples were provided, followed by the analysis of the four texts about AIDS/HIV chosen for this research. AIDS/HIV is an unusual medical condition, as it may be contracted via at fault behaviors or by accident. Despite the method of infection, based on these four texts and the analysis provided, it appears that these people with AIDS/HIV
do feel guilty about their status. This is evidenced by the descriptions of the ailment, the shame at being ill with a moral, terminal ailment, and the issues of identity created once one is infected. The uses of identification are another indicator that the authors/protagonists need to be redeemed and to find ways to alleviate their guilt by showing how normal and like everyone else they are. Perhaps there is also a message to those who would judge these people, because none were in high-risk categories at the time they were infected. The reminder is that AIDS/HIV can happen to anyone who needs a blood transfusion, who has unprotected sex or who has shared a needle. Even now, no one is really safe from infection. However, the protagonists believe they need to find a way to rid themselves of the guilt they feel about their condition. In the two next chapters, these protagonists, through language, will attempt to ease their guilt by purifying themselves, by victimage or mortification (blaming others or themselves), and in the end will find redemption from the fault that society has placed upon them.
Chapter Four: Purification through Victimage and Mortification

Receiving a terminal diagnosis causes an individual to experience great emotional upheaval. Alcamo (2004) explains that most patients experience the five stages of grief as put forth by Kubler-Ross: denial, anger, bargaining, depression and acceptance.

Having AIDS/HIV complicates these stages because many may stay in the denial stage while asymptomatic. These stages will only be addressed once the person becomes diagnosed with AIDS. Being HIV positive is a complicated social condition because of the stigma attached to such a diagnosis, as there is a feeling that the person infected has done something to deserve their fate. The previous chapter addressed the guilt felt by four individuals who were positive. To rid themselves of this guilt the protagonists must now purify themselves, which will ultimately lead to the last stage of the drama: the redemption itself.

AIDS/HIV has become a social condition as well as a physical one. For that reason, Burke’s (1969b) modes of purification allow for the HIV positive individual to cope with this guilt. There is both a psychology of having AIDS/HIV and a sociology of a society that is struggling to come to terms with the implications of HIV. This ailment, more so than more traditional terminal diseases (e.g. cancer…), is not only about the physical demise of the body, but the social demise of the person infected due to the fears and misconceptions that others may have about this virus. The language of Burke’s (1969b) purification allows one to understand why the patients who are infected feel this
social demise, for victimage (scapegoating) is social, and mortification is psychological. This chapter will explore, in detail, how Burke and others define the purification aspect of the redemption drama, followed by an analysis of the four narratives.

Burke (1984) offered that people need to find a way to alleviate guilt once it has been identified through language. One way to do this is through the act of purification, which comprises two possibilities. One is victimage, or scapegoating, whereby another or others are blamed for the act in question. The other is called mortification, or self-sacrifice.

Burke (1973) explored the idea of the scapegoat in great detail, applying this idea to Hitler and his portrayal of the Jewish people as the cause of Germany’s fall after World War I. One interesting component of the scapegoating process is that it unifies people, creating a feeling of identification, in groups who might normally be divided, by shifting focus to a “vessel of evil” (p. 40). One reason for creating a scapegoat is so that some can place their sins on another, thereby shifting attention off of themselves and their own flaws. Burke (1973) explains the term in a very detailed definition.

Since the symbolic transformation involves a sloughing off, you may expect to find some variant of killing in the work. So we get the “scapegoat”, the “representative” or “vessel” of certain unwanted evils, the sacrificial animal upon whose back the burden of evils is ritualistically loaded. This vessel, delegated to the role of sacrifice, must obviously be “worthy” of sacrifice. A few basic strategies for making him so must be listed:

(1) He may be worthy legalistically (i.e. by making him an offender against legal or moral justice so that he “deserves” what he gets).
(2) We may make him worthy by leading towards sacrifice fatalistically (as when we so point the arrows of the plot that the audience comes to think of him as a marked man, and so prepares itself to relinquish him). Portents, auguries, meteorological omens and prophecies have regularly been thus used for functional purposes—while transition into the sacrifice may often employ an intermingling of this second kind of worthiness with the first, as when the Greek dramatists reinforces the fatalistic operations with a personal flaw, hubris, punishable pride, the pride that goes before a fall.

(3) We may make him worthy by a subtle kind of poetic justice, in making the sacrificial vessel “too good for this world” hence of the highest value, hence the most perfect sacrifice. (p. 40)

For Burke, then, there is more than one way that a person or representative vessel can be victimized or scapegoated. The person can be seen as a criminal, as thinking he/she is better than everyone else, or society sees the person as being too good for this world and needing to be released to go to a better place. Furthermore, Burke (1989) adds another set of characteristics explaining what it means to victimize;

...victimage extends the range of those manifestations far beyond the areas ordinarily so labeled. Besides extreme instances like Hitlerite genocide or the symbolic “cleansings” sought in wars, uprisings, and heated political campaigns, victimage would include psychogenic illness, social exclusiveness (the malaise of “hierarchical psychosis”), “beatnik” art, rabid partisanship in sports, the excessive pollution of air and streams, the “bulldozer mentality” that rips into natural conditions without qualms, the many enterprises that keep men busy destroying in
the name of progress or profit the ecological balance on which, in the last
analysis, our eventual well being depends, and so on. (quoted in Gusfield, 1989,
p. 280-1)

Basically, Burke is stating that a scapegoat can be made of anyone who threatens society
or the way of life of a society, including the entire human race. While there are times
when others point the finger of blame, there will be other instances where a person will
internalize responsibility for an event. This is what Burke defines as mortification.

Mortification (Burke, 1970) is where the person in question accepts the blame for
a certain failure or feeling of guilt. This is a symbolic slaying of the self, although it
could also be a literal one in certain circumstances, such as the act of committing suicide.
The self-sacrifice is done when there is no other to be punished; therefore, a self-sacrifice
is made for the good of others. Burke (1970) further adds to this term

The derived meaning (humiliation, vexation, chagrin) would figure here. But
mainly we have in mind the Grand Meaning, “subjection of the passions and
appetites, by penance, abstinence, or painful severities inflicted on the body,”
mortification as a kind of governance, an extreme form of “self-control,” the
deliberate, disciplinary “slaying” of any motive, for “doctrinal” reasons, one
thinks is unruly. In an empathic way, mortification is the exercising of oneself in
“virtue”; it is a systemic way of saying no to Disorder, or obediently saying yes to
Order. It must come from within. The mortified must, with one aspect of
himself, be saying no to another aspect of himself—hence the urgent incentive to
be “purified” by “projecting” his conflict upon a scapegoat, by “passing the buck”
by seeking a sacrificial vessel upon which he can vent, as from without, a turmoil
that is actually within. “Psychogenic illness” would occur in cases where one is scrupulous enough to deny oneself such easy outgoing relief, and instead in all sorts of roundabout ways, scrupulously circles back upon himself, unintentionally making his own constitution the victim of his hierarchically goaded entanglements. (p. 190-91)

Perhaps a clearer way to define these terms of purification is that the victimage of others is a symbolic homicide (scapegoating) and that the victimage of one’s self is suicide (mortification) (Burke, 1970). Rueckert further explains that there are two types of scapegoats: “the polluted agent who is sacrificed because he is polluted and the unpolluted agent who is sacrificed because he is not polluted” (1963, p. 146). In victimage the pollution then must be transferred to another. In mortification, nothing is transferred, but rather the guilt is internalized.

Foss, Foss and Trapp (2002) add to this that when being scapegoated victims can be driven away, marked or defiled. Hitler did this with the Jewish people when he sent them to camps away from the “clean” German people (Burke, 1969). In addition, in order for one to be victimized, that person must also represent some of the elements of the victimizers. This means that the person being blamed must have some of the same qualities as others, but yet possess attributes that are different as well. Identification is then created between those who are united against the common evil. Mortification is defined by Foss, Foss and Trapp (2002) as “self inflicted punishment, self sacrifice, or self imposed denials and restrictions designed to slay characteristics, impulses or aspects of the self” (p. 197).
As a clarifying example, Bobbitt (2004) has analyzed Martin Luther King Jr.’s “I have a Dream” speech for its redemptive qualities to show how King’s speech mortified African Americans and scapegoated some Caucasian Americans. In addition, they mortified themselves because they were an oppressed minority, and therefore, felt inferior and self hatred. King argued that to suffer was a virtue, and Black Americans had endured much pain. By using the techniques of non-violence, many Blacks could rise above their oppression and become morally superior to their oppressors. Their willingness to mortify themselves ultimately allowed for their ability to attempt redemption.

In another clarifying example, Brummett (1981) looked at speeches for their redemptive characteristics, but this time applied the concepts to the presidential campaign of 1980. President Carter used mortification to stress the economic problems of over-consumption and waste. In order to compensate for this guilt, one could be redeemed by using conservation and restraint. This would punish the person by limiting their wants and desires the unnecessary. Reagan, on the other hand, scapegoated the Carter administration by stating that Americans should not have to restrain themselves, but rather look at the Democrats in office as the cause of the economic issues of the day. Reagan placed the blame for these issues on Carter, not the public. Reagan argued that redemption, in this case, could have been had by changing the party in power, not by curtailing behaviors (Brummett, 1981).

A distinction must be made here between scapegoating and mortification. The term scapegoat implies that a vessel, person, or representative has been chosen to shoulder the blame placed upon them by others. Blame is the vehicle, the language, that
allows the scapegoat to become or to be developed. More precisely, blaming is the verbal process, while scapegoating is the end result. Successful verbal scapegoating is achieved through the language of blame. The same is true for mortification, the blame is the process of showing how the person mortifies, or kills the self symbolically.

For the purpose of this research, when the term scapegoat is used, it means that someone is being held accountable for something that others deem to be sinful or at fault behaviors. While a scapegoat is symbolic, which means that this person is described through certain characteristics, the scapegoat has to be something concrete, something that could be offered in reality as a vessel to carry everyone’s burdens and sins. In these four narratives, the text creates scapegoats of those who: are ignorant about AIDS, use disparaging terms against someone who is HIV positive, do not protect themselves against initial infection or put forth false information about AIDS/HIV and those infected. Mortification is a slaying of the self, and this could be killing, again through language, a piece of someone’s personality or giving up something much loved. It is a self sacrifice, but it must be something concrete, something real, that is taken away. In these four narratives, mortification is based upon giving up certain freedoms and desires, having physical and emotional limitations, enduring risks to their own well-being, and making one’s own story available for public scrutiny. In either case, the use of blame is the tool that allows these rhetors to create the scapegoat or the mortification needed for the ultimate goal of purification. The person in question can, at times, be the scapegoat for society while simultaneously mortifying him/herself.

In order for these stories to have an impact, they must first create a sense of identification. The texts must scapegoat the same people as the writer, otherwise that
vessel of evil will not be a foreign entity, but will turn back onto the author/protagonist. This would occur because it would look like the protagonist or author was being vindictive in his/her portrayal of something or someone, which would make this person seem petty. In addition, in order to recognize and appreciate the sacrifices that each person makes in telling his/her stories, one must sympathize and agree that much was given up or surrendered by telling the narrative. Again, if the mortification is not perceived as being equivalent to the sacrifice, the writer/protagonist could be seen as wanting undue sympathy and be scapegoated for creating a negative and weak image of those with HIV. Therefore, the texts must be clear and detailed in their descriptions. This could lead to seeing how the innocent were scapegoated and the potential good each person has done by writing her/her narrative, regardless of the personal sacrifices involved.

This chapter will explain how Ryan White was portrayed as being at fault for his own infection with AIDS, and how he rejected this identity and mortified himself to provide AIDS education to others, even those people who would find him to be evil. Janice internalizes a great deal of responsibility for her bout with AIDS, but at the same time uses others who are infected as scapegoats for certain behaviors. Pedro and Judd mortify themselves prior to Pedro’s diagnosis with AIDS, and much like Ryan White, they mortify themselves through educating others about HIV and AIDS. Lastly, Roger and Bob clearly indicate that AIDS is a result of medical practices used by most physicians today, and by rejecting the status quo, each sacrificed and risked their medical careers to save lives.
Ryan’s blame:

“I was labeled a troublemaker, my mom an unfit mother and I was not welcome anywhere.”

White, 1992, p. 294

Ryan’s narrative comprised both types of purification (i.e. victimage and mortification) in that he was blamed by others for his infection with AIDS and he also internalized some of this blame. In this analysis of Ryan’s story, one will see the great lengths that others went to in order to make Ryan different, and how much this young man mortified himself to fight back. The first part will explore how Ryan was scapegoated, followed by how Ryan transferred that back onto the people of Kokomo, Indiana. Then, the analysis will show how Ryan used the techniques of mortification as a path to his ultimate redemption.

Ryan received tainted blood through his Factor VIII, the blood coagulator he needed to survive (White, 1992). He did not engage in high risk behaviors. Yet, despite the fact that he was accidentally infected through a blood transfusion, there were those who blamed Ryan for his condition. Burke (1969) stated that for a scapegoat to be worthy of sacrifice, that person or symbol must represent some kind of innocence. Referring back to Rueckert’s (1963) definition, Ryan was the polluted individual who was being sacrificed because of his pollution. In the previous chapter, AIDS was discussed as a form of guilt because the body is polluted with a virus; so, in this case the pollution was not symbolic. Ryan was an innocent child; a sacrificial lamb who happened to be polluted. Therefore, he needed to be cleansed and removed. The town of Kokomo did this by portraying him as different, and therefore, guilty. He was a part of
them in the sense that Ryan had spent most of his life in this little town, but at the same time he was just different enough to sacrifice for the greater good of the community.

The townspeople wanted to keep Ryan out of school. They feared that he would willingly want to infect other innocents. “They do not want you back, Ryan. They’re afraid that you’ll infect the other kids” (White, 1992, p.95). This implication creates an image of Ryan as dangerous and deadly. It paints a picture of an angry, uncontrollable boy who wants to inflict pain on other innocent kids. At the same time, it makes the townspeople appear responsible and caring as they do not want to put anyone in harms way. The fact that Ryan would want to return to school and possibly risk infecting others further supports the image of Ryan as selfish and deadly. “I had overheard someone say that I was a murderer because now that I was back, students were going to die” (White, 1992, p. 131). Ryan’s quote reinforces the parents’ fears that Ryan was evil and out to harm the good kids of Kokomo, Indiana. The implication was that Ryan did not care about others, only his own right to attend school. This is one way they made Ryan their scapegoat.

Thus, the first step in scapegoating Ryan was to show how uncaring he was about his peers. At the same time, who was considered innocent was also being established. In case this was not convincing enough for some, rumors began to circulate that Ryan was actively trying to infect others. “One day a kid from school called me up and asked why I spit and sneeze on the vegetables at the supermarket? And also why I peed on the walls in the restroom and spit on people I was angry with” (White, 1992, p. 109). Since his peers needed to see him as different in order to infuse him with the burden of all their sins, they portrayed him as vindictive and inhuman. What normal person would try to
spit on someone or pee on the walls of a restroom? In addition, this representation created an image of those with AIDS as wanting to retaliate for being infected. This would then legitimize why people with AIDS needed to be segregated from the people who were not infected. Ryan could not be seen as a normal young man, rather he had to be viewed as the enemy, and therefore, as someone who could not intermingle with the healthy. However, this defamation showed how frightened people were not only of AIDS, but the repercussions for treating Ryan in this manner. If they could show that he was dangerous, the town would not be guilty of any wrongdoing, but rather praised for ridding Kokomo of a danger to its citizens.

The defamation of Ryan’s character in the text is clearly an indication of a group of people placing blame on a worthy vessel. But in describing this event, Ryan too has unintentionally scapegoated the people who would keep him from going to school and who portrayed him as dangerous. The previous quotes show how some people wanted to portray Ryan, but the quotations also serve to portray these same people in a very negative light by default, scapegoating the townsfolk as well. Research (Alcamo, 2003) shows that one cannot “catch” AIDS/HIV from casual contact. Therefore, the fear exhibited by the citizens of Kokomo is out of proportion with the reality of the situation. By presenting these feelings, Ryan attempted to create an image of these folks as being irrational and hysterical. In doing this, he has attempted to create a bond with the reader of his narrative. The readers, based on the language used, are more likely now to scapegoat the people of Indiana for adding to Ryan’s suffering by intentionally portraying him as deadly, when in fact he was only a sick young man trying to live a normal life. Ryan’s detailing of how people wanted him out of school, and ultimately his need to
leave the area, has the potential to make these people look like cruel and ignorant townsfolk who offered up an innocent boy to the slaughter. Since Ryan had already explained all about AIDS and its methods of infection, he had more to fear from the people of Kokomo than they did from him. By these irrational descriptions, one could scapegoat them for causing pain to those living with AIDS/HIV.

Ryan’s text made him a perfect scapegoat since a child is usually seen as an innocent, and therefore, a perfect victim (Burke, 1984). This also returns to Rueckert’s point about how they are blamed for their pollution, and the unpolluted blamed for not being polluted (1963). Ryan serves both of these definitions. This brings the community together by focusing on Ryan. It also prevents anyone else from becoming the scapegoat. But, this was not the case with Ryan’s family. Perhaps because some felt guilty at scapegoating an innocent child, however ideal he was for sacrifice, some felt more comfortable blaming Ryan’s mother for Ryan’s condition. Hemophilia is passed from mother to son, so in the medical sense she is responsible, albeit unintentionally, for the condition that ultimately provided the virus a way into Ryan’s blood stream (White, 1992). But this is not what she was condemned for. “For instance, they had unusual theories about how I got AIDS. Mom hadn’t fed me properly. She did not clean. She was a trashy housekeeper. What’s more she was lying: She knew perfectly well that AIDS was infectious. Hadn’t she sent her own daughter away last summer?” (White, 1992, p. 112-3). This scapegoating of Jeanne, Ryan’s mom, is for the other parents who are worried about their own children. By defining activities that are seen as negative, other good moms can feel secure knowing that their children are safe because they are excellent housekeepers, or they fed their children properly, or they are honest with their
community members. This is an example of division. While Burke explores how the community can come together when blaming a victim, at the same time they must also separate themselves from that victim so that they do not find themselves on the sacrificial chopping block (Burke, 1984). Thus, parents who loved their children, provided for them, and kept the house clean did not have to worry about AIDS. Jeanne was obviously an unfit parent as even her husband, Ryan’s biological father, had left her due to Ryan’s hemophilia.

Along these same lines, Ryan appears to shift blame when it comes to his own battle with hemophilia. While his narrative does not pursue the option of attacking or blaming his mother for his condition, he does often refer to his hemophilia, rather than to AIDS (White, 1992). Perhaps this is because Ryan sees them as diseases on a continuum, each having to be dealt with in its own way. However, this constant mention of hemophilia keeps this disease at the forefront of the text and, as such, can then serve as the vessel of blame for Ryan’s current condition. Ryan makes a point of bringing up the person who donated the infected blood that ultimately gave him AIDS.

I thought about that person, whoever he was. More and more, women and babies are getting AIDS, but back then I figured it had to be a man. Probably a drug user who needed money to pay for a fix. I certainly was mad that he’d given infected blood that made me ill too….We shared the same blood and the same problem.

He had changed my life forever…(White, 1992, p. 84)

This is an indication that he blamed the infected blood for his condition. His text scapegoated the man who infected him, but makes the clear distinction that he did not feel that this man was homosexual, but rather a drug user. By stating that the blood was
infected by someone who had a choice, Ryan may be seeking to remove the stigma of gay AIDS and focus instead on drug users. This shift is very important, because many gay organizations actually provided Ryan with a great deal of education about AIDS, so to suggest the possibility would be to turn his back on those who supported him (White, 1992). This introduction of the donor provides a different scapegoat as well, and could remove the idea of blaming Ryan’s mom, because she could not have known that she would pass on the gene for hemophilia to Ryan. According to Ryan’s perception, the blood donor only cared about getting high. The lack of discussion about AIDS itself suggests that to Ryan it is a byproduct of the hemophilia, and as such, the blame lies in the medical condition itself and the blood needed to rectify said condition.

Despite how they might have felt about AIDS, hemophilia, and blood donation, Ryan and his family were seen as the cause of all “the town’s problems with AIDS.” They were blamed for their own situation and ultimately run out of town because they refused to back down. But this war cost the White family a great deal; they sacrificed much to pave the way for other AIDS victims. Rueckert (1963) stated that mortification is analogous to committing suicide, or a homicide of the self. Foss, Foss and Trapp (2002) state that mortification also includes self sacrifice and self imposed denials. Ryan’s younger sister Andrea was a well known roller skater at the time he became infected. Due to the nature and cost of his illness, Ryan’s mom could not take Andrea to meets or practices. As such, she was forced to give up her beloved skating. “Before I got AIDS, Andrea had been the famous one in our family. She was a national roller skating champion. I felt for Andrea. As far as she was concerned, our family’s whole life right now was about Ryan White, Ryan White, Ryan White. There was not much room left
over for her” (White, 1992, p. 152-3). Ryan’s respect and admiration for his sister’s sacrifice is evident, but what is also clear is that Andrea felt that Ryan’s fight was worth giving up her own dreams. Andrea killed her own dreams, denied herself her love of roller skating to show that Ryan’s health and well being were more important.

Andrea was not the only one who engaged in mortification. Ryan’s mom endured a great deal of blame from others as well. In chapter three, it was mentioned that she felt responsible for Ryan’s hemophilia and resulting infection with AIDS, and that this was a source of guilt for her. The fact that she dropped everything to support his fight to be re-admitted to school and to be seen as a normal teen could also support her own inner conflict. Her statement at the end of the book might also be her way of addressing her own need for purification. Jeanne had stopped living her own life and adopted that of Ryan’s crusade once he had passed. Her dedication to AIDS research and funding for families was a way for Jeanne to continue Ryan’s life. Perhaps because she felt she had taken his life, Jeanne then devoted her own to carrying on what Ryan had started: AIDS awareness and education. In fact, Jeanne states that she never touched his room when he died, a further indication that she refused to live her life without him. Jeanne’s portion of the narrative shows that she might have committed symbolic suicide as her own life, her own dreams, her own goals, became those of Ryan’s once he died.

Of course, Ryan paid the ultimate price. All he wanted was to be accepted as normal and be treated like everyone else. But instead he felt a calling, a need to educate. This need put him in front of others who would judge him or respect him:

I knew I had to educate people. They kept imagining that AIDS was a dirty word, a slimy disease. If they saw me walking around, shopping, looking normal, I
figured they might have more compassion for people like that. No one was really against me, they were against my disease. Parents were worried about their own kids. When I first heard I had AIDS, I was just like everyone in Kokomo, I was scared and so was my family. It was the adults who were controlled by fear. Many of the kids who called me names were only repeating what they had heard grown ups say. Kids in Kokomo were only doing what kids were supposed to do—listen to their parents. So, I thought instead of trying to change adults, who are set in their ways, I would educate and hang out with kids who could still learn. (White, 1992, p. 168-9)

Ryan’s text has positioned him as one who can save the ignorant through education. Yet, he does so at his own peril and somewhat reluctantly. Ryan never felt the urge to educate others about his hemophilia. But, once he was diagnosed with AIDS, he felt compelled, perhaps by guilt, to defend himself and by extension others suffering from AIDS. This self-sacrifice sends a message to the audience. Here is a young teen that has the maturity to realize that people did not truly hate him as a person, but rather what he represented. This statement from the quote above shows Ryan’s ability to forgive, and so he pardons those who did not know the pain they were inflicting upon him and his family. This is carried onto the ignorant, as then they are forgiven for any initial feelings or prejudices they had about those infected with AIDS/HIV.

The magnitude of the sacrifices Ryan appears to have made in the name of AIDS education could indicate his dedication to reaching out to the children that he can change, as mentioned above. Ryan gave up anonymity, the ability to do things that normal teens do because his face was known across the country (1992). In addition, he would never
have an intimate sexual relationship. The text suggests the biggest and most painful loss to Ryan was that of not being perceived as normal. Not only did he have AIDS, but he mingled with famous people, which created further feelings of jealousy and animosity from others. Ryan could not even have a dog. It appears that one day a police officer ran over Ryan’s puppy, and the man did not stop (White, 1992). The dog later died, a further indication that people did not want Ryan to have the things that normal teens had.

Another sacrifice that Ryan made was leaving the town of Kokomo and relocating to Cicero, Indiana. By the time the move came about, he had endured name calling, vandalism of his home and locker at school, and jokes about AIDS. His family had been tormented. This relocation, however, was not a sign of defeat, but rather that Ryan could not do any more to educate the people from his home town. They were not willing to be saved, and while he tried his best, in the end he cut his losses and moved to a town where people were in awe of the sacrifices he made in the name of AIDS education. But, by detailing how he moved from Kokomo, Ryan is again scapegoating the people from the town and also restating his role as the savior, who could only save those willing to listen to his wisdom.

In Ryan’s narrative, he and his family have been both scapegoated and mortified. Others found reasons why Ryan was infected as a way to differentiate themselves from him so that they could feel safe. The same ideals were applied to Ryan’s mom so that other parents could find reasons why their children would not be infected with AIDS/HIV. But by depicting them in such a way, Ryan also scapegoated those in his town who kept him out of school, by showing their irrational fear of him and his
condition. But it was Ryan who truly mortified himself in his attempts to teach others about people with AIDS.

Janice’s anger:

“What made me think that the terminally ill possess a greater understanding of life? Why did I think they were magically transformed into martyrs, saints? I hardly feel like a martyr or a saint. I feel more like a sacrificial lamb desperately trying to avoid the knife that will slit my throat”

Burns, 1995, p. 31

Janice’s narrative about scapegoating, both internal and external, is not as hopefully as Ryan’s story. Her quote shows that she found nothing redeeming or worthy in the process of dying. Rather, she has found herself fighting for a reason to live.

Janice’s story is about sacrificing herself and her life to share her story with others. This portion of the analysis will look first at who is scapegoated, followed by her own mortification and feelings of responsibility about her infection with HIV.

Janice writes about other people and their issues with AIDS/HIV. Sometimes her writings about others are favorable, and at other times it is clear that she has some issues with others who have AIDS/HIV. She is also upset by those who are negative, but seem not to care about protecting themselves from HIV. For example, she recounts the story of a friend of hers, a nurse, who refused to go to a bachelorette party for fear one of the strippers would infect her with HIV. This anecdote shows her disdain for this type of ignorance, and therefore she is scapegoating the uninformed for not knowing better. Janice clearly pointed out that her friend was a nurse, and this creates the impression that people at the time were irrational about how HIV was spread and who carried it. It was not as though this woman wanted to have sex with a stripper, rather she
feared it would some how “jump” on to her “as a bee jumps from flower to flower” (Burns, 1995, p. 42). The people who thought this are being portrayed as ignorant and irrational. Janice’s anecdote about her friend’s ignorance allows for Janice to create a scapegoat of those who believe that becoming infected with HIV only happens to certain types of people.

An interesting aspect of Janice’s writing is the portrayal of other women infected with AIDS/HIV. In the previous chapter about guilt, an anecdote about a crack addicted woman was provided. This was the woman who found herself to be HIV negative, despite her many unprotected sexual acts, her reuse of needles, and her multiple encounters with STD’s. By using these descriptive terms, Janice does not allow for this woman to be defined as a human being, but rather as a ‘crack head’ with a collection of sexually transmitted ailments and addictions. Janice scapegoats those women who engage in high risk behaviors and yet still remain HIV negative. These women are polluted, but Rueckert (1963) states that one can be a scapegoat either because they are innocent or because they are polluted. In this case, they are innocent from HIV infection, but are morally polluted because of their behaviors. It is a reminder that AIDS is not fair, and that good people do not deserve to get it while others that society deem less good do.

Janice also discusses the women in a support group that she attended. One was infected because her husband had a gay affair, another by a needle stick while working as a nurse, and the other infected by unknown means. What is telling here is not who made up the group, but what Janice has to say about them. “So, there I was in a group specifically for non-drug abusing, HIV positive women, but feeling more isolated than before. I felt pierced and stung by their anger against men, against institutions, against
against randomness, against reality. Anger is too time-consuming, and I do not have the time to waste” (Burns, 1995, p. 70). Janice scapegoats these women by commenting on her own feelings about their reactions, thereby making their reactions seem inappropriate for the circumstances. Perhaps though what Janice truly has issue with is that she too feels this way, but cannot find the venue to express her feelings openly and honestly. By telling these women’s stories and then including her own commentary about them, she can find a way to express certain feelings through them and not be condemned for blaming her husband for infecting her. Her statement that their anger is a waste is to deny the experiences that these women have had. Their reactions to their infection are to be expected, but Janice’s reaction to their feelings is not. Her scapegoating in this situation is an indication of her own feelings about her condition, and the issues she has with her husband and his infection. These women serve as a way for her to externalize these feelings.

Perhaps the most interesting scapegoat of all is Bill, Janice’s husband who allegedly infected her with AIDS/HIV. Throughout her narrative, Janice tries to create a persona of Bill not as the outlet for her situation and her feelings about it, but like the “elephant in the room.” Not addressing this does not make it any less of an issue. There are a few places where she does admit to being angry and even allows her anger to show. “At first I wanted you to apologize, to take the blame upon yourself, beg me for forgiveness. It took me a long time to acknowledge that apologies can only be given for deliberate actions. You never meant to hurt me” (Burns, 1995, p. 185). But, as this quote shows, her anger is always depicted as brief and short lived. This inner conflict may indicate more anger than she is willing or comfortable to admit. The more she discusses
her battle with certain opportunistic infections, the more Bill may be seen as the cause, and therefore, one scapegoat for Janice’s condition. This is because as the narrative is written, Bill’s brief sexual relationship with a man is insinuated as being responsible for both becoming infected. The more she describes Bill’s positive attributes, the more it appears that she is trying to convince herself that he is amazing. But in the end, according to her narrative, Bill’s relationship with another man is revealed as the reason for their illness. “Bill and Henry look at each other, knowing I am the first person in the history of this disease to be cured! The rest of the fantasy is predictable: Bill will also be cured, and we will go on to have child after child conceived on the stone floor of our dream country house” (Burns, p. 41, 1995). When one reads something like this, such a call for a normal, healthy life, how can one not blame Bill for ending this for Janice? In Rueckert’s terms, he is the polluted who is willing to pay for his pollution of others (1963). Bill accepts the mortification of himself.

This reluctance to blame Bill is also an example of one way that Janice mortifies herself. By refusing to do the easy thing and paint her husband as evil throughout her text, Janice denies herself the right to be angry and to verbalize that anger in a way that is appropriate, even healthy. While the quote above shows that there were times when she did entertain ideas of blame and anger, she quickly suppressed them, thereby perhaps expressing her own inner strength and her love for Bill. The fact that she did not leave him also suggests that Janice was willing to endure not only her own physical demise, but that of her partner. This is an indication of the symbolic slaying of what remains of her life for she knew that at the very least, she would have to take care of both of them.
Like Ryan White, Janice allows for an education about the disease as she suffers from it. But Janice was not stigmatized in the same manner as Ryan, therefore her sacrifice was not as great in some ways. Nevertheless, Janice is willing to allow others to learn about AIDS from her experience. So, when in the quote at the beginning of this section, she does not feel like a martyr, but rather the sacrificial lamb, she is actually both. For the sake of education, she does become a martyr, but she will be sacrificed in the end. While some may argue that she does this for sympathy, this conclusion is not supported by the text. Rather, it seems that Janice is willing to tell all in order to prevent others from becoming infected and from dying young. And yet, despite all her pain and suffering, she states that she would be willing to marry Bill all over again even knowing what she does (Burns, 1995).

Janice’s mortification is both a slaying of her character and of her body. While her own sexual past is never explored, Janice clearly wonders if she had dated Bill when first propositioned, he would never have experimented with another man sexually. So, she internalizes this blame, and it is though she is symbolically whipping herself with her ailments. The language used in this narrative suggests Janice may feel that she deserved AIDS on some level for not being there for Bill at his most confusing time. Janice even speculates that perhaps she is a “fag hag” and that she lured him from his true nature of desiring men to wanting her (Burns, 1995). Janice states that she was afraid of big strong men after an incident at a picnic, but never really develops the incident. After that incident, she was always attracted to men who were sensitive and non-threatening. This questioning of her character and of her appeal is what Foss, Foss and Trapp have called a slaying of aspects of the self (2002). This depiction of her is not flattering, rather it is
Janice degrading herself and rationalizing why she saw something in Bill that others did not. It is as though she is punishing herself for not finding more traditional masculine traits attractive.

Once Janice has set up her own character mortification, she then moves on to the symbolic slaying of her body. The interesting point is that this slaying does not start with AIDS, but rather with childhood asthma. Perhaps she feels that because she was ill as a child, she was predestined to be ill as an adult. “I always felt guilty for being sick, felt that somehow I was indulging in an unaccepted weakness, felt that I should be able to tough out anything my body gave to me” (Burns, 1995, p. 106). This quote shows that Janice felt that she was of weak character and this weakness lead to her physical ailments. This ties in with her belief that as a “fag hag,” she lured Bill to her, and is now suffering the physical ramifications of not wanting a more traditional male partner. Perhaps writing this book is an attempt to redefine her weakness as a strength. Nowhere in her narrative does Janice ask for pity or sympathy. She recalls the facts of her life clearly and directly, with little emotion. It would be hard for anyone to label Janice as weak. Her book is a testament to her constant struggle and her strength to carry on. The only weakness found in this narrative is that of the flesh, both sexually and medically (Burns, 1995).

Yet, Janice continues to find reasons why she is not strong, why her experience is not as bad as other experiences with AIDS. One evening she and Bill went to see a play entitled “AIDS Alive”. The gay men in the audience sat near the stage, whereas the rest of the audience sat in the dark around the edges of the theater.
I felt left out that night. I felt that I couldn’t possibly suffer from AIDS as much as the men on stage; after all, I didn’t have the added burden of being gay in a straight world. Now I realize that my thinking was wrong, that suffering is suffering. The hierarchy of AIDS suffering must be abolished; there are not two groups of those with AIDS: Those who deserve their disease and those who do not. There is really only one group. (Burns, 1995, p. 55)

This quote shows that even Janice feels that there are different levels of suffering. Like Ryan, she avoids scapegoating homosexuals, but her reasons for this are because she does not want people with AIDS to be divided into distinct groups. Although she states that there are no levels of suffering, the fact that she recounts this incident is an indication of her isolation, her unique role as an HIV infected woman with a “male” disease. Her physical ailments are a sacrifice since she was one of the early women infected, and therefore, a guinea pig of sorts. While it is true that no one deserves AIDS, one could argue that by giving up her ability to have children, Janice has suffered more than others. But again, Janice may be sacrificing herself to show that AIDS hurts everyone infected, and that her story while unique in some ways, is typical of people with AIDS.

Bobbitt (2004) offers that perhaps the best example of mortification is being a victim of suffering. Janice has indeed suffered. Not only has her body failed her, but when Bill died, she lost the love of her life. Janice details her life with AIDS in graphic, unsettling ways. “AIDS has uncovered my terror, my greatest fears. I am a musical person, a person often called a good listener. I depend so much on sound that I could never imagine living without it. Becoming deaf was incomprehensible to me. What happens to me now if my CMV leaves me blind? I think I will kill myself if this scenario
plays out” (Burns, 1995, p. 146). The medication that Janice needed to fight certain infections has left her mostly deaf, and now another opportunistic infection threatens her vision. Can one imagine losing both senses so quickly? And yet, Janice details her most intimate fears as though she is using her own situation to persuade others to use protection and not become infected.

But her physical ailments pale in comparison to her loss of Bill.

“He is dying; God, he’s dying!” I sobbed. I don’t know if you heard me, but I think you did because at that moment you had your first death convulsion. You seized and gasped for breath, your eyes unseeing pinpoints of morphine….But although your time had started, it was far from over as you had a seizure every hour for about twenty minutes….I never knew dying would be so hard, but it was. (Burns, 1995, p. 232)

These words would haunt Janice every day until she died. Writing them down has made them real and permanent for her. Despite the anger she might have had for Bill, despite her own attraction to smaller, more sensitive men, and despite her seeing herself as weak because she was ill, the greatest sacrifice Janice has made is talking about Bill’s death and the pain that it caused her. The loneliness that remains is compounded by her own knowledge of what is awaiting her. Not only has Janice lost her husband, but she is in the process of losing her own life. Yet, she found the strength to provide a voice, to share her pain with others, and therefore, to make the greatest sacrifice of all: her and Bill’s lives for others. Sadly, Janice still appears to not feel worthy or strong. After Bill’s death, she feels even more incomplete and alone.
The need for identification is clear in this narrative. In order to become educated, one needs to scapegoat those that Janice wants and mortify her by accepting her narrative as evidence of her self-sacrifice. The sacrifice she has made is an attempt to save lives. If these attempts at establishing common ground are rejected, then her message will be disregarded. Janice needs to be defined as a sacrificial lamb, one which can scapegoat others, not to be superior or better, but rather to highlight what not to do so that others do not become infected. While Janice did not give up her life in the same manner as Ryan, she did open her body as a template of AIDS education. Janice symbolically slays herself and others in her text in the hope of saving lives and preventing new HIV infections.

**Pedro and Judd: Giving and taking.**

“No one should or has to be where I am…”  

Winick, 2000, p. 57

This narrative is a bit different from the first two in that the author is not the one dealing with AIDS/HIV, but rather the one experiencing it second hand as he tells the story of Pedro, the one who is infected with HIV. Therefore, there are two protagonists who go through purification in terms of both victimage and mortification, despite only one being HIV positive. The section that follows will first look at the scapegoating that occurs in the text, and will then be followed by the mortification of both protagonists.

In a comic book format, there is a section where Judd explains where his own ideas came from about AIDS/HIV: the media. The images used in this section show the stereotyped ideal of the AIDS/HIV patient. “Most of the news stories would feature shots of end-stage AIDS patients with purple blotches all of their bodies, looking like they had just stepped out of Auschwitz” (Winick, 2000, p. 25, original emphasis). This
is where most people who do not know much about AIDS learn about the disease. Judd is expressing his anger and displeasure at this stereotyped view. After meeting and getting to know Pedro, Judd knows that this is not the case with every patient, but the media at the time did not offer other possibilities. He scapegoats the media with his implication that true representations of those with AIDS/HIV are not found in popular media.

Judd further suggests that this media generated image was the reason why he was, despite his self-proclaimed liberal open-mindedness, afraid of living with someone with AIDS/HIV. This implies that perhaps the reason why people have a negative image of those with the ailment and often blame them for their disease is because the media shows only the worst-case scenario. Therefore, the media not only reinforced the stereotypes of those with AIDS/HIV but may have created them as well. Furthermore, Judd stated that because there was so much mass mediated information about AIDS/HIV during the 1990’s, he felt that he was educated on the matter, when in fact he only had a small piece of the bigger AIDS/HIV puzzle.

Pedro was also given misinformation at a time in his life when teaching him about safe sex and AIDS/HIV might have made a difference. When Pedro was in the seventh grade, a doctor in a three-piece suit came to talk to his class about a new medical issue called AIDS. “In a serious tone, he told them about AIDS and those people who contracted it. Deviants, drug addicts, prostitutes—“Those people get AIDS”. He never directed the lecture toward the children in the class, just to older outsiders” (Winick, 2000, p. 45). Had Pedro known that the term deviant was a euphemism for gay man, he might have learned something that would have saved his life. Instead AIDS was
presented as something that happened to other people, not children or the adults these children knew. The way the medical establishment choose to handle this information was to say only the basics, while not really saying anything at all. Perhaps the information was provided only to reduce panic, but this man and what he represented at the time, the blame of the “others” who were deemed unworthy, is being scapegoated as one of the reasons Pedro might have found himself ill-prepared for being young and gay in the 1980’s. In addition, he represents all that was wrong with the early dissemination of information about AIDS. It was never a disease of deviants, drug users or prostitutes, but perhaps a re-framing by the Reagan administration so that the ailment could be ignored by mainstream America (Alcamo, 2003).

Pedro’s mother is being scapegoated as well. Much like Ryan White talking about the people of Kokomo, Indiana, this is a reciprocal scapegoating. Although Pedro’s mother died of cancer, the implication in the narrative is that Pedro looked to fill that void in his life, and did so in the arms of other men. “Academics wasn’t the only answer to Pedro’s loneliness, his grief. He was sexually active at 13. Looking for the love he missed so much” (Winick, 2000, p. 43). This quote implies that had Pedro’s mother lived, he would never have needed to fill the emptiness in his life. The irony was that it was his mother’s memory that pushed him to excel in everything he did in his life, and evidently this carried over into his personal relationships. The other issue is that had Pedro’s mother lived, she may have educated him about protection. His father knew he was gay, but for whatever reason did not tell him about being safe. Perhaps as a straight man, Pedro’s dad did not know about the dangers. However, this avenue of blame was
never pursued. Instead, the text links Pedro’s search for attention and love directly back to the loss of his mother (Winick, 2000).

The men who had sex with Pedro when he was a young man are also scapegoated. “When Pedro was a teen, a boy really, he was taken advantage of by older men...he was young, lonely, confused, and needing love” (Winick, 2000, p. 101). This quote seems to refer back to Pedro’s filling the void left by his mother’s death; but in addition to that, the older men who used Pedro are highlighted. This implies that Pedro did not know any better when he was young, and perhaps not to blame because from Judd’s perspective Pedro was taken advantage of sexually. The inference is that the older men knew what they were doing, but Pedro did not. Therefore, the sins of not using protection and having sex with men can be placed on the shoulders of those who took advantage of Pedro, as they should have known the risks involved. Note that the age of these men was clearly highlighted: they were older. This suggests that they knew, but did not share with Pedro, the risks involved with such casual relationships. Pedro is also depicted as looking for love, but clearly these men are depicted as looking out for their own sexual gratification. They are implicated as selfish pedophiles that used, abused, and infected young, innocent Pedro. Men such as these who prey upon sexually confused young men are the villains of this story, and of Pedro’s life. It is because of them that he ultimately dies.

Judd uses himself to represent those who were ignorant about AIDS. It might be argued that Judd should be scapegoated for his stereotypes and attitudes about those who have HIV, but revealing his lack of education is one way in which Judd mortifies himself. He repeatedly claims that he is open minded and liberal, but then realizes that he holds
the same ideas and stereotypes about those with HIV as do many others. By admitting
that he has biases, he is slaying his character, because in fact he is not as open minded
and forthcoming as he purported to be. “Of course I’d be fine. I’m liberal boy and had
decided I was okay with this. Problem? Not me! I am okay with this….well, no I
wasn’t’” (Winick, 2000, p. 30). By admitting to his own fears, Judd is showing it is one
thing to believe that you are a certain way, and another to prove it when put in a certain
situation. Judd’s disclosure shows him to be human, but at the same time, when offered
the chance to be on the Real World with someone with HIV, he did not back down.
Instead he embraced the opportunity to learn.

It is ironic that Judd’s choice to do the TV show changed his life, but not in a way
he intended. Judd hoped the publicity would help his career goals as a cartoonist, but he
never could have envisioned that he would change his entire focus and become an AIDS
educator. This is the ultimate gift that he gave Pedro, because he dropped his own
desires, his own future, to carry on the legacy of his friend. So, Judd carried on Pedro’s
legacy of education when Pedro became too ill to continue. “Without catching a breath, I
was out lecturing the next week. Another after that, and another after that. It was the
only thing I could think of to do” (Winick, 2000, p. 162). Judd is talking about how after
Pedro died, he threw himself into AIDS education as a way to honor his friend. But Judd
did this for himself as well. By giving up his own dream, he actually combined both his
artistic talents and his gift of being able to talk to people about Pedro and their friendship.
He did not have a chance to mourn Pedro, rather Judd had to save lives, and in the
process, much like Ryan White, gave up any chance of normalcy.
Although Pedro dedicated his own life to AIDS education, the time this dedication took was something Pedro sacrificed. Instead of being with his family and taking care of his health, Pedro was educating anyone who would listen about AIDS/HIV. Much like Judd and Ryan White, he gave up anonymity to save the lives of others. Pedro’s first taste of mortification came when he disclosed his status in a presentation to twenty-five of his fellow high school classmates. His teacher was so moved that she asked if he would be willing to talk to the entire school. “Consider what Pedro was doing. He was 18 years old. You get up in front of a thousand people—your classmates, your friends, basically the people who make up your entire existence and announce… I am HIV positive” (Winick, 2000, p. 54). For most people, giving a speech would be enough of a sacrifice, but imagine telling fellow students that you are infected with HIV! Pedro always felt he had a calling to save people, ever since he was a little boy in Cuba, and this was his way of fulfilling that prophesy. What was most moving about this particular presentation was that it went beyond telling people the basics and showing them that people they knew could be infected. Pedro used his life, his status, and his experience to persuade the audience to be careful, but more than that to realize that people with HIV were no different than they were.

Also, Pedro sacrificed his career goals. Once he found out he was positive, he decided not to pursue his dream of becoming a physician, despite the grades and background that would have allowed him attendance to the best colleges and universities. “Then he made a decision. His life would become this fight. It would be his full-time vocation to educate young people about AIDS and HIV” (Winick, 2000, p. 57). But for Pedro this was not enough. He could have traveled around the world and not reached
those who needed this information. So, he decided to further mortify himself by exposing himself through mass media on the Real World. While this had its rewards in that Pedro’s message could reach many more people, it also meant that the world was going to see Pedro if and when he became ill. Therefore, if his message was that people with AIDS/HIV were just like everyone else, he was going to have to make sure that he did not get sick, which is something that no one could predict.

While filming the show, Pedro fell in love. Of course being on a reality show, this was public knowledge. Therefore, Pedro had no privacy as he explored his new relationship. Eventually, he would give up trying and decided to marry his partner on the show in order to prove a point. But again, this was a self sacrifice that Pedro had to make in order to have access to a mass audience for AIDS education. It was not as though he used the show for his lectures, but rather used his life on the show to prove to others that he was normal. But, of course he was different, he was dying and had to hide this fact from the cameras. By being on the show, Pedro may have saved lives, but in the process, he gave up any possibility of having one of his own. A few hours after he died, the news was already reporting that Pedro had lost his life to AIDS. Even in death, Pedro could not have peace, but his message about those with AIDS/HIV did reach many, many people.

Pedro and Judd’s story, since they both are AIDS educators, scapegoated the media, the ignorant, and those who would take advantage of young men. But they do not blame people for becoming infected nor did they present that image of AIDS in this narrative. Both men gave up the futures they saw for themselves in order to save the lives of others through education. While there are certainly benefits to this knowledge,
Pedro most likely would have preferred to have lived the life he envisioned for himself instead of fighting his battle with AIDS. In the end, his sacrifice and that of his best friend, Judd, most likely touched more lives than they will ever know.

**Bob and Roger: Down with the medical establishment**

“What have I done? Maybe it was too much too soon for Roger”  
Owen, 1997. p. 76

Although Roger’s story, through Bob’s accounts, is different in that he is allegedly cured of AIDS, scapegoating and mortification are still present in this need for redemption. Instead of blaming people as the past narratives have, Bob uses Roger and then himself to represent all that is wrong in the definition of what constitutes AIDS in terms of a medical definition. In the section that follows, I will show how Bob scapegoats and mortifies Roger while simultaneously scapegoating himself.

Early in the text, It is made clear that Roger became addicted to drugs while in Vietnam. There was nothing to indicate he had the preexisting potential to become an addict, therefore the experiences he had in the war led him to use drugs as a coping strategy. “A lot of good men couldn’t handle the stress and went to pieces in Vietnam. Roger was one of them….The constant pressure got to him and he turned to drugs. A lot of doctors, nurses, medics and G.I.’s did too” (Owen, p. 2, 1997). This statement seeks to clear him of responsibility for contracting AIDS/HIV. It was through the drug use that he became infected, but by shifting the blame to his experiences in the war, the American Government then becomes the scapegoat for Roger’s resulting infection. Ironically, major American medical establishments will also bear the burden of Roger’s and other’s ailments.
After much research, Dr. Bob, much like Judd in the previous section, also
scapegoats the media for its presentation of incorrect information about AIDS. However,
the media that Bob sullies is that of prestigious medical institutions. “But the AMA
(American Medical Association) and the CDC (Center for Disease Control and
Prevention) are pouring out news releases for the media. Radio. TV.
Newspapers…magazines. They keep feeding the world statistics—40,000 victims today,
50% of them dead. Inciting the people to panic” (Owen, 1997, p. 53). Bob argues that
AIDS is not what has been defined by these medical organizations, and therefore
scapegoats them for creating information geared toward scaring the public into believing
that there is a deadly virus randomly killing people. The quote shows his early disdain
for such information. Bob appears to believe that people will be misinformed because
AIDS is a billion dollar industry (Owen, 1997).

This responsibility for misinformation progresses from media released from
medical institutions to certain medical doctors representing these institutions. Bob
recounts an incident where he and two other colleagues were discussing a book written
by a husband and wife, who the doctors felt did not have medical credibility and needed
to be “locked up” (Owen, 1997, p. 101). These “felons” were reporting that Americans
needed to eat more fruit and less protein (Owen, 1997). These two colleagues were
ridiculing holistic approaches to medicine, which Bob was just beginning to explore at
the time this conversation occurred. Because Bob was desperately trying to save Roger’s
life, including feeding him fruit if that would work; these two doctors came to represent
traditional medicine, and as such, are scapegoated for their close-minded approach to
potentially healing remedies. They are being used to represent all that is wrong with those who practice traditional medicine.

Bob continues to scapegoat traditional medicine by questioning the prescription of certain drugs for certain ailments. “These conventional remedies, being suppressive in nature and having undesirable side effects, interfere with the normal bodily processes, and actually inhibit restorative and healing efforts of the body. Eventually they cause more damage than good” (Owen, 1997, p. 160). Bob has come to believe that prescription drugs may be bad for people, but there are two scapegoats created in this realization. The first would be the drug companies who create and produce drugs that Bob has come to believe do more damage than good. The other would be physicians who continue to prescribe this medication because the pharmaceutical industry informed them it would help their patients. The key here is that these doctors do not question what is in their patients’ best interests, but instead do what is easiest for themselves. This scapegoat is recognized when looked at in terms of what Bob is trying to do for Roger and what the medical establishment has not done for other ill people. Thus, Bob has successfully, by comparison, made a martyr out of himself and a scapegoat of doctors who do not do enough for their patients.

Early in the AIDS epidemic, the four main groups impacted with AIDS/HIV were labeled the 4-H club: Homosexuals, Hemophiliacs, Heroin users, and Haitians (Garrett, 1994). One will note that the only group of people from a certain culture blamed for the spread of this disease were Haitians. It was believed that gay men would travel to Haiti looking for cheap sex and that the Haitians might have initially given the virus to gay men who, in turn, brought it back to the United States. Then, the Haitian men would go
back and have sex with their wives, spreading it to them as well (Garrett, 1994). Thus, Haitians were also scapegoated not only as a group infected with the virus, but also one responsible for bringing it to the United States. Dr. Bob redefines this entire perception by reframing this version of AIDS history.

Dr. Bob concluded that the cause of AIDS in Haiti was actually the injections given by the medical establishment in the form of childhood vaccinations against such diseases as mumps and measles. This redefinition of the cause of Haiti’s epidemic is a re-scapegoating of the establishment that ultimately labeled them as one of the main groups for carrying HIV. “To combat Haiti’s disease problems…most if not all Haitians are regularly and routinely treated with immune-suppressing drugs in the form of vaccinations. Haiti’s problem was drug abuse! It mattered not a whit that the drug use was legal. The end result was exactly the same” (Owen, 1997, p. 140). Therefore, Haitians were not responsible for the disease that was killing many of their own people, but the vaccinations provided to them by the United States government had broken down the immune system and allowed these opportunistic infections to take hold. This discovery scapegoats the drug manufacturers and, in essence, holds them responsible for the entire AIDS epidemic and the resulting deaths.

This is a large leap taken by Dr. Bob, but he needed to highlight the damage he feels other physicians and the pharmaceutical industry have done to their patients. This new-found way of thinking becomes incorporated into his own way of practicing medicine. He even stops prescribing medications to his patients for fear that he is causing more harm than good. “I had begun trying to treat my patients differently, prescribing fewer drugs, giving fewer shots, and explaining why I was doing what I was
doing. Surprisingly, some patients reacted negatively” (Owen, p. 130, 1997). The last sentence in the quote implies that some patients are afraid, and therefore, unwilling to change. By portraying certain patients this way, Bob is finding fault with those who do not care enough to look for better alternatives to their medical conditions. He indicates that to treat these patients as they had in the past would be akin to murder, and thus, he refuses to treat them at all. The physicians who would treat them are being blamed as well, again in comparison to Dr. Bob, who is willing to risk his lucrative medical practice for the benefit of others. By mentioning these types of patients and these types of doctors, Bob has created a scapegoat for why he believes that traditional medicine continues to be practiced in this country, and he believes it is because no one wants to take the risks needed to challenge the system.

Further, Bob does this with Roger and his poor eating habits. He is not advocating that one blame Roger for his current medical condition, not in the traditional sense of blame. Bob uses Roger as an example to scapegoat all the unhealthy things that people do to their bodies. For example, Dr. Bob tells Roger that he must cut both caffeine and salt out of his diet because Bob feels that substances such as these will ultimately lead to the breakdown of the body (Owen, 1997). This is a rhetorical move that faults Roger’s unhealthy lifestyle choices and sends a message to the audience about their own unhealthy habits. Therefore, Roger can serve as the vessel of blame for certain unhealthy practices. Of course, by allowing himself to represent the unhealthy ills of others, Roger mortifies himself. In addition, all the sacrifices Bob is making professionally also mortify him.
For Roger, allowing himself to be a medical guinea pig so that others may learn from his suffering is clearly a sign of mortification. His guilt about having AIDS is evident, as seen in the last chapter, and yet he exposes himself and his medical experiences so that his pain and misfortune do not have to be endured by others. In addition, at the end of the narrative, he explains that he has relocated to Africa. His complete recovery from AIDS has forced him to have to leave the country because the medical establishment was hunting him down (Owen, 1997). This is again an indication of how he was willing to give up his entire life for medical research and saving lives.

Although this narrative is really Roger’s story, Dr. Bob’s mortification is more evident since these are his own words. As mentioned above, Bob mortifies himself by at first presenting himself as a representative of the medical establishment. In this sense, he allows himself to be scapegoated for his past ways of seeing patients and diseases. At the same time this slaying of his previous uninformed self is his own mortification. Bob is willing to admit to going along with the status quo and by doing so allows others to find him misinformed and selfish. And, like the aforementioned authors, the act of writing this book is a further act of mortification since Bob has sacrificed his medical practice, anonymity, and family to the scrutiny and condemnation of others.

One example of how he risked his medical practice was shown above, as Bob refused to treat patients with traditional medicine which he believed would do more harm than good. The argument was made that in this situation the pharmaceutical companies and certain medical doctors were being scapegoated by not caring more about their patients. However, Bob’s more patient-centered focus shows the risk that he was taking when he decided not to just prescribe pills because it was easy for him to do so, but rather
he wanted to actually heal the patient. Bob also risked losing his practice when he
blatantly refused to treat patients as he had in the past. Bob’s actions indicate his
willingness to take a stand against traditional medicine. Thus, Bob’s choice to see
medicine differently, and subsequently put that vision into practice are examples of his
mortification as he slays the traditional physician in himself and allows a more open and
progressive doctor to be born.

Bob’s change in views extend beyond his patients to include his family. It was
indicated above that Bob felt Haiti’s issue with AIDS came from the vaccinations they
received. Of course, the scapegoating was clear in this situation, but Bob took it one step
further and applied it to his family. He refused to have his son vaccinated for school,
which at the time was not only a stand against the medical establishment, but also the law
(Owen, 1997). Bob found a way around the law, and his son did not have to receive the
childhood vaccinations required by schools. However, this stand against inoculations
may have showed how he was willing to risk the health of his own family for what he
now believed. There will be some who will choose to use this scenario to condemn Bob
and claim that he is a bad father and a incompetent physician. And in doing so, such an
act would allow for an out against believing what Bob was trying to share. Bob was
willing to take the chance some might turn against him after this anecdote. However, he
felt strongly about what he was doing, and was willing to take that risk. This is how he
mortified himself in this situation, by knowing that some would vilify him for this act,
and using the story in his book anyway.

Roger’s recovery from AIDS is allegedly unprecedented. One would think that
this narrative would have been a major news story. Although the text never suggests that
Roger had anything other than AIDS, there appears to be no other sources to either refute or validate this claim. In order to address this very issue, Bob discusses the fact that many who have broken away from traditional medicine have been scapegoated as heretics, hence the reason why this story has not become mainstream news. Apparently it was dismissed because of the preconceived idea that anyone who practices holistic medicine is not credible. “The AMA is cracking down on any operation that even looks like it’s using an alternative approach. They are closing down clinics and private operations all over the country…these people are scared” (Owen, 1997, p. 198). But Bob feels that he needs to share this information with others. In the process of scapegoating the American Medical Association for being small-minded, petty and akin to murderers, Bob paints himself as a martyr. Unlike Ryan, Pedro and in some ways Janice, his goal here is not to educate about AIDS per se, but rather to educate about the realities of the medical establishment and the harm they are doing. In contrast, these few doctors and clinics are willing to sacrifice everything for the betterment of others. Bob’s altruism leads to his mortification. The same can be said about Roger and any other physician with similar ideas. On the other hand, anyone associated with the medical establishment, is faulted for being wrong about medicine and how it’s practiced. Bob moved his family to Africa, with Roger, to escape this “small-mindedness.”

The last person who mortifies himself in this text is Bob Owen, the author of the book. This is because some will question the validity of the narrative, and others will wonder if he made it up. His credibility as a writer, researcher, and non-medical persona will come into question. By writing this book, he is representing the protagonists in the story and making a claim as to the validity for all the contained information. Thus, like
Dr. Bob, MD and Roger, he is willing to risk his career because he feels the information provided in the narrative is more important than any thing else. His mortification comes as the voice, the channel, for which this story can find an audience. Along these same lines, the publishing company also takes this risk and sacrifices future book sales and submissions by publishing a story that may cause the medical establishment to attempt to stop publication of this and other such health-related materials. In the end, any entity involved in the publication of something that not only goes against the status quo, but is controversial enough to draw attention to itself, is taking a risk. This is true of Roger, both Bobs, the publishers and the readers who are willing to take what is said here as truth and question traditional medicine.

**Chapter summary**

This chapter explored the concept of purification in terms of both victimage, or scapegoating, and mortification. The very act of writing these stories mortifies the author because to make public one’s life with an illness is to be willing to receive criticism as well as praise. With a disease such as AIDS/HIV, the risk is greater for negative feedback than with a disease like breast or colon cancer.

These narratives scapegoated the prejudiced and the ill-informed. This does not mean those who truly were lacking in information about AIDS/HIV but rather those who did know and choose to believe something contrary. The media were also victimized as some of the information provided was incorrect, lacking, or extreme in the portrayals of those with AIDS/HIV.

The protagonists of the narratives were mortified. To say these people infected with AIDS/HIV did not suffer would be to diminish their experiences. Each person in the
narratives endure the physical and social implications associated with having a disease that is often called a plague. The pain these individuals endured can never really be understood, but their sacrifice for others can be appreciated. While many may have had feelings of guilt about being ill, none of them internalized fault for being infected in the first place. This is important to note, because others were looking to victimize them for being infected, and yet the protagonists and authors did not take on that label.

Ryan White understood that he had done nothing to cause his illness, but he did endure the fear of others and by writing and sharing his pain, he attempted to change the definition of AIDS. This is Ryan’s own mortification, as he fits Burke’s (1970) third definition because he was too good for this world hence his sacrifice is the most perfect. Janice was one of the first women to find herself infected, and while she does suffer both physically and emotionally, her anger appears directed toward those who refuse to see how deadly and devastating AIDS can be. Pedro and Judd’s narratives both scapegoat the media and its representatives for not telling the whole story about AIDS. At the same time, their ignorance and their willingness to share that ignorance, is a slaying of the self. Finally, Dr. Bob and Roger are trying to blame the medical establishment for their situations, but both took a risk in sharing their stories as they were forced to leave the country for going against the status quo.

This chapter focused on the purification of the AIDS patient and the ways in which each one either used mortification or victimage to do so. In the redemption drama, the first cycle is the feeling of being guilty or polluted, as was seen in the previous chapter. This pollution must be cleansed, and the way to do that is through purification rituals, whereby either one externalizes or internalizes that guilt. This step is vital in
order to reach the end result of this drama: Redemption. Redemption cannot be obtained until the stain of guilt or pollution is removed. Bobbitt (2004) suggests that for many Burkean scholars, purification is the most important part of this drama, but as the next chapter will show, for these infected individuals, the redemption is the end point in multiple ways.
Chapter Five: The Redemption of Self and Others

The preceding chapters have investigated the first two parts of Burke’s (1984) redemption drama. The third chapter addressed and defined the concept of guilt. The fourth explored the idea of purification and ways to either victimize someone or mortify oneself. This leaves Burke’s last part of the drama: redemption. While much has been said about both guilt and purification, significantly less has been analyzed using the rhetorical strategy of redemption (Bobbitt, 2004). One reason for this may be that it is hard to attain, and very often once achieved redemption is fleeting and momentary. However, for this research, redemption may be the most important part of the overall drama. Some of these protagonists do not have the luxury of a continuous search for redemption; therefore, their rhetoric must attempt redemption on the first try. This chapter will delineate what redemption is and then how each of the four narratives attempt or achieve this end state.

Burke (1961) stated that redemption could be contextualized as a move toward something or it could be a repayment of some kind. He also added that before one could understand what redemption is, a person must first fall; only when guilt is seen can one truly understand to obtain redemption. Since one feels guilt because one cannot be perfect, this pursuit of perfection can also been seen as a way to achieve redemption. However, once obtained, redemption is fleeting, and therefore only temporary (Burke, 1961). “Is not the sufferer exerting almost superhuman efforts in the attempt to give his life a certain form, so shaping his relations to people in later years that that they will
conform perfectly to an emotional or psychological pattern already established in some earlier formative situation? What more thorough illustrations could one want, of a drive to make one’s life “perfect,” despite the fact that such efforts at perfection might cause the unconscious striver great suffering?” (Burke, 1966, p. 18).

Brock (1999) extends the definition of redemption by stating that redemption is never a permanent change, but rather a short-term fix for a larger problem. Foss, Foss and Trapp (2002) state that it is a rebirth that symbolizes a time of rest or stasis. In addition, this can be “a change in the self, a change of identity, a new perspective, or a feeling of moving toward a goal” (2002, p. 211). Ruckert (1963) expands on this definition by offering that this terminal point is more psychological than metaphysical. This means that the termination point or redemption is subjective in that what one sees as a good ending others may not see in the same way. For example, a person might find redemption in being punished for a crime, but others may not find that punishment strong enough to release the person from guilt. Bobbitt (2004) observes that while much has been studied using Burke’s idea of purification, the concept of transcendence, change, and movement toward a goal has been primarily ignored by scholars. Burke (1984) explains transcendence as

the adoption of another point of view from which opposites cease to be.

This is, at present, the nearest approach we can make to the process by verbal means. One may “transcendentally” organize his interpretation of human motives by the following broad emphases: a human act is done for God, for an ideal (humanity, culture, justice, truth), for a corporate grouping (political or
otherwise), for himself, a new way of defining the individuals identity. (p. 336-8).

Rueckert (1963) offers that Burke has many concepts to explain what constitutes redemption including the upward way, the mystic way, the search for the self, and the grammar of rebirth. These are archetypes which represent multiple ways to reach perfection or redemption.

The upward way, the mystic way, the search for the self all follow the pollution-purification-redemption archetype; and any work which has this kind of a structure enables the author and/or the reader to go on a purgative, albeit symbolic journey, for if he submits himself to the work, the progressive form of the work will, ideally, induce him in a similar kind of progression and his reading self will undergo the purgative journey the author has prepared for him. (Rueckert, 1963, p. 111)

This quote is significant because it indicates that not only is the author going on a journey of redemption, but the rhetoric is the creation as well as the means of the journey. Thus, to summarize, redemption can be seen as a change, change in identity, beliefs, ideals, or it can be seen as a moment of rest, or a search for the self, or a symbolic rebirth. Burke (1969) is interested in either the appeal to a real or an ideal audience and can include the self in either category.

A man can be his own audience, insofar as he, even in his secret thoughts, cultivates a certain idea or image for the effect he hopes they may have upon him; he is what Mead would call an “I” addressing its “me”; and in this respect he is
being rhetorical quite as though he were using pleasant imagery to influence an outside audience rather than within. (p. 38)

Thus, just as a rhetor can use tactics to persuade an audience to accept a certain claim or image, so too can that rhetor use the same means to persuade him/her to see the self differently.

Chaim Perelman offers that an ideal audience is the same as a universal one, made up of all reasonable and competent people (1968). These are audience members the speaker or author envisions when they attempt to persuade. This can also include the self. This creation of an ideal or universal audience serves two purposes: it allows the rhetor to choose and create the perfect argument, and it creates a rational audience when they do accept the message put forth by the rhetor (Perelman, 1968).

The selection of examples where redemption is used as a rhetorical strategy is limited, and perhaps one of the few who truly follows through with the entire redemption drama is Bobbitt (2004) in his analysis of Martin Luther King, Jr.’s *I Have a Dream Speech*. Bobbitt (2004) believes that King’s ideal end would be a place where a national rebirth of the definition of race existed. It would be a “heaven on earth” scenario where the dreams and promises of a better life were offered to those who did not have such opportunities before. Of course since King was a spiritual leader, it could be that his use of the term “heaven” was also an indication of a spiritual location as well as a political one. Bobbitt (2004) explains that since redemption can be defined as a move forward, the marches, the protests, and the speeches can be seen as a move in that direction by those engaged in the fight for civil rights. Since it was argued that Whites felt guilt because of the treatment of Blacks, they can find redemption from this guilt by
participating in this forward movement. This could be a physical participation in the movement or it could be an emotional one, such as a redefinition of racial issues. King’s speech allowed for the redemption of both Blacks and Whites to be possible (Bobbitt, 2004, p. 62).

There are multiple descriptions and interpretations of how one reaches and defines redemption. The example used above about King’s speech provides insight into how redemption can be created by both the speaker and the listener together. It is also for this reason that the idea of the self as audience is included in this section. This research argues that the author/protagonist of each narrative finds redemption in multiple ways. One is that they find redemption in normal day-to-day living, things that healthy people deal with everyday. Another is through the love and acceptance of friends and family. But, there is a critical role played by the reader of these narratives, because the authors can be redeemed if the ideal audience (reader) perceives them in a certain way and, thus, accepts the rhetorical message found in each story. If by the end of the narrative, the idealized reader absolves the infected individual of any guilt or wrong-doing, then that person has been redeemed through an ideal audience. The possibility of this redemption leads to the self as audience, as the author/protagonist can see him/herself as the audience sees that person. For example, perhaps Martin Luther King, Jr. had an ideal audience in mind when he wrote his famed “Dream” speech. That audience would be one who believed in the importance of civil rights and the need for unification and equality of all Americans. With this audience in mind, King could create arguments that would appeal to these types of people so that they would be more likely to step forward, either psychologically or physically. At the same time, the rhetoric used would flatter and
validate such opinions, and the ideal audience would then see King as an ideal representative of the movement. The audience’s positive feedback would reconfirm King as the most worthy choice as leader, and in the end, both King and the movement would be redeemed. Thus, the rhetor is calling for the audience to redeem him/her based on the arguments used for that specific audience.

There are various ways to define what redemption means, although the definitions may be subjective and abstract. This research will follow the vocabulary of Burke (1961) when he states that redemption is moving forward, as if toward a goal and that it is marked by a fleeting period of rest or stasis. This view is also coupled with the terms used by Foss, Foss and Trapp (2002) when they explore changes in the self, identity, world views, and perspectives. Redemption then is a rhetorical destination that is attempted by each narrator/protagonist in the narratives analyzed. It is found in differing degrees and attainment can be found in multiple meanings. Redemption can be seen as enlightenment by education, validation from another person, or reaching a momentary act of perfection. It could also be a change in identity that leads to a new perspective. Since redemption is fleeting, there will be many moments of it in each narrative. However, there is a larger sense of redemption, and that is found in the relationship between the narrative, the protagonist, and his/her ideal audience. For the narratives, redemptive rhetoric is believing that someone with HIV or AIDS is not at fault for his or her medical condition.
Ryan’s end: Normality achieved.

“I never really believed that Ryan would die of AIDS. Our whole family thought that God would send us a miracle. I now believe He did send us a miracle in Ryan. Sometimes a miracle isn’t life long; it’s what a person is able to do with life”

Jeanne White (Ryan’s mom), 1991, p. 286

The quote that begins Ryan’s section of this chapter highlights the dedication and the sacrifices that Ryan made to both the issue of AIDS and to those with the ailment.

Ryan did not set out to be a hero; rather he was simply a young man who fought for the right to be treated like everyone who was healthy and HIV-free. Ryan wanted to be a normal teenager. His desire for redemption can be found in his positive attitude and spirituality, by those who loved him and treated him as “normal”, and finally by the ideal audience agreeing that he was just another teen.

Foss, Foss and Trapp (2002) explain that one can be redeemed through seeing life in unique ways. Ryan White most certainly found many ways to view life as rewarding and fulfilling. One of these ways was through his use of humor and sarcasm. Ryan was never blatantly disrespectful, but the way he described things showed his ability to appreciate the irony in certain situations.

We got phone calls and visits from healers as far away as Tennessee and Florida. First, each one had to sit on our sofa for a couple of hours and tell us how holy he was, how many people he had already healed, and how he’d gotten his call from Jesus. I wanted to ask how Jesus had gotten his phone number, but I did not dare in front of Mom. (White, 1991, p. 85)

This quote is not an indication of Ryan’s rejection of faith, but rather his ability to see that sometimes while some had good intentions and they just wanted to help him, some
where misguided in these attempts. However, it allows one to see that Ryan could appreciate the humor in situations and that he did not take himself too seriously.

Ryan’s maturity in dealing with life and its difficulties also allowed him moments of peace. He believed that one needed to see life as a blessing and not to take anything for granted (White, 1992). “I hate the idea of anything that makes me seem sick forever. Maybe I have an incurable disease, but I don’t have to be a permanent invalid” (White, 1992, p. 21). Burke (1961) explained that one sign of redemption is a move forward, and so Ryan’s view of life as a gift can be seen as a move forward anytime his ailments attempted to keep him back. Instead of feeling defeated and giving up, Ryan took the next step, regardless of how difficult. This allowed him to redefine the idea of what it meant to be ill. For some it would be the chance to be taken care of or to give up, but for Ryan it was the opportunity to fight harder and feel a sense of accomplishment, no matter how fleeting, when he overcame adversity. His redemption was found not in getting better, but rather in not being perceived as one who is ill in the first place.

Perhaps Ryan’s sense of humor and his outlook on life stem from his spirituality and his belief in God. Ryan could put his terminal illness into perspective because he felt that he was moving onto a better place when he died. “I believe that when you die you go to a better place. And, I believe in God and everything, so I am not really afraid of dying. I am very religious. It’s just there when I need it” (White, 1992, p. 192). Ryan’s faith is what Foss, Foss and Trapp explain as progressing toward a goal (2002). He wants to go to Heaven, to a better place, and in order to do so he must live a good life and not dwell on issues. These issues also include those who would seek to keep him out of school or any other venue due to his HIV status. By being a good person and a role
model for others to emulate, Ryan progressed toward the goal of perfection, of being the kind of person he wishes others would be to him.

It is not only his religious beliefs and sense of humor that offer him a chance at redemption, but also the fact that some people in his life refused to treat him any differently. Throughout his narrative, Ryan constantly stresses his desire to be seen as being a normal young man, and when people in his life treated him in this way, they validated his view of himself (Foss, Foss, and Trapp, 2002). For Ryan one way to achieve a state of perfection was to be perceived as normal. The one person who saw his potential perfection was his mom, and therefore, the one place he was always the closest to being redeemed was in his mother’s eyes. But, the way others treated Ryan needs to be included in his move past his illness.

Despite the fact that Ryan first had to deal with hemophilia and later AIDS, Jeanne, his mom, never treated him as an invalid and never restricted his ability to do anything that other children could do.

When I got home, Mom told me right away that I was grounded and could not go roller skating on Friday night. “What?” I blurted. “How come?” “You know how come,” Mom said. “I can’t believe what you did. I must have gotten four phone calls from people who saw you. Smoking is bad enough Ryan, but with your lungs…”(White, 1992, p. 124)

Jeanne had grounded her terminally ill teenager because the neighbors caught him smoking! This example represents the ways that Jeanne treated her son as though he was healthy, and this sense of being a normal teenage boy validated Ryan’s image of himself. It also allowed him a time of stasis, or rest, from being ill or being seen as ill (Rueckert,
1963). And Jeanne repeatedly reinforced that Ryan was not special because he was ill, but rather he was special because he was Ryan.

While Ryan found redemptive moments in his mom’s love and acceptance, Jeanne found her own moments in her ability to see Ryan as a normal kid. By treating Ryan as she did Andrea, she could pretend that he really was not ill and going to die. This allowed her to move toward her own ideal of perfection, where the Whites would be a normal family like any other and deal with less dramatic issues than life or death. In addition, the fact that Ryan was mature, giving, and caring about others and dedicated to the fight for those with AIDS is also a confirmation that Jeanne raised Ryan to be a good human being. Even after his death, Jeanne continued to seek redemption for both herself and her son’s memory. “I am especially glad that I’ve been able to carry on the work that Ryan started, educating people about AIDS. Besides being active with other AIDS education groups, I have started my own: The Ryan White Foundation” (White, 1992, p. 286). This dedication to educating other about AIDS is what Burke would call “stepping forward” (Burke, 1961). Jeanne could have withdrawn from the world and mourned the loss of her only son. But instead she took the opportunity provided by Ryan and continued to help others, much as Ryan most likely would have wanted her to do. The memory of Ryan and all that he represented both as an AIDS educator and her son appears to have provided Jeanne with a new direction for her life. Andrea, Ryan’s sister, also found her path, and decided to study medicine at Indiana University. In honor of Ryan’s death, she gave up skating and found a new love in helping others (White, 1992).

Once the White family left Kokomo and moved to Cicero, Indiana, others too allowed Ryan to define himself as normal. Where his former school tried hard to keep
Ryan from attending, his new one embraced him. Before school began, students came to his new home to provide assistance and to introduce themselves to him. They were not afraid of him, but rather wanted to make him feel at home and welcome. Relocating to a new town was an act of redemption seeking as it allowed for a better life in general, but by treating Ryan as just another new student in the school system, the young people of Cicero provided another means for Ryan to see himself as a normal high school student. It also allowed others to see him as just another student as well.

Wendy and Jill brought me photos of all the teachers at Hamilton Heights, so I’d recognize them when I got to classes. The girls called me every week just to say hi, and brought some of their friends over to meet me and tell me about what would go on at school. By the time school started, I would know about fifteen of the six hundred and fifty kids there. (White, 1992, p. 173)

Again, since being like everyone else was all that Ryan appeared to desire, these small acts of acceptance served to help him achieve his ideal. There were those who were inquisitive about him and that curiosity negated Ryan’s attempts to be anonymous. However, there was no animosity, just students being nosy about someone whose name was well known.

Outside of the scholastic setting, Ryan’s name was still known because of his medical illness. While he had been validated by some peers and by his family, he had been rejected by some members of society. It was not Ryan who was being rejected, but rather his AIDS, and there were others who were being singled out because of being ill. “There were so many TV lights in my eyes I couldn’t see the crowd. But I could hear them. Thousands and thousands of people were clapping and cheering for me. And I
hadn’t even opened my mouth yet!” (White, 1992, p. 1). This quote highlights one kind of redemption for Ryan, knowing that he was helping to de-stigmatize a disease that many did not understand. Regardless of whether or not a cure was found in time to save Ryan, his legacy would be that he helped re-define what AIDS was and who could become infected. Because Ryan was willing to mortify himself, he could provide a path for others who were infected, and therefore his suffering becomes worthwhile. Others would benefit from Ryan’s own pain and ostracism. The education of others allowed Ryan to find some explanation for why he was dying. In the end, it would mean that he did not die in vain because his information would live on.

Thus far, the analysis has looked at the language in the narrative itself to find the rhetorical redemption present in the text. It would appear that Ryan wrote his own story with what Perelman would call a universal audience in mind (1968). This would be what Ryan would envision as the perfect audience, or one that could enact the changes or goals that he would have liked to see accomplished. In this case, the audience would comprise sympathetic readers who agreed with Ryan’s view of himself, who would think negatively of those who denigrated him, and who would change how they viewed people with AIDS/HIV, thus allowing Ryan’s memory to live on.

Ryan has incorporated many techniques of identification throughout his narrative. The portrayal of his life encompasses many things that people deal with everyday. This includes wanting a dog, having a crush on a TV star, getting caught smoking, fighting with his mother and sister, wanting to date and cruise in his car, worrying about grades and prom, and caring about how others viewed him. Ryan constantly reiterated that he was a normal teenager dealing with teen issues, who just happened to have AIDS.
However, this is not what he wanted to define him as a human being, so while his fame did come from his ailment, Ryan’s rhetoric indicates his desire to be remembered as an ordinary person. When writing his book, his language used specific techniques which indicated that his universal audience would be those sympathetic to his plight. For this reason, Ryan’s ailments are downplayed, while his fight against discrimination for having AIDS was emphasized. Ryan’s ideal audience would accept this definition of Ryan as a fighter, but a reluctant one. Despite the fame Ryan received, the text does not portray him as abusing his celebrity. Actually, Ryan used his notoriety to benefit other people with AIDS/HIV, by showing others that infected people were human beings. So, by presenting all the ways that he was not different from others, Ryan’s rhetoric creates an image of being normal, noble, giving, caring, and like everyone else.

Once the idealized reader has accepted Ryan’s self definition, an alignment can be created between the protagonist and the audience. This connection may generate feelings of sympathy and compassion for Ryan, and feelings of anger and disgust with those who would blame Ryan for his condition. Thus, when one reads that someone stated that Ryan peed on the walls of the bathroom or spit on the vegetables to spread HIV, that person will not believe that Ryan would do something so deviant, and therefore find fault with the one who would begin and propagate such a rumor. This alignment further reinforces Ryan’s view of himself as normal because if such rumors were believed, then one would consider Ryan deviant and perhaps to blame for his ailment. But, through his rhetorical use of identification, the audience may relate to and care for Ryan. In addition, a new definition of AIDS/HIV as a medical condition, and not necessarily a condition brought on by questionable behaviors has been put forth. Ryan’s textual portrayal of
himself as a victim allows for alternative definitions as to what it means to have AIDS/HIV. Thus, Ryan is redefined by this new definition.

There is another universal audience to be found in Ryan’s narrative. While the story is clearly geared toward a pedagogical imperative, there is also a message for those who find themselves HIV positive or living with AIDS. Ryan’s story is one of courage and finding ways to cope with the medical or emotional issues of being diagnosed with a terminal illness. If a teen-age boy can cope, then these same strategies can be applied to others. Thus, if certain readers use Ryan as a template for how to self-define, then they can attempt redemption as well. His narrative includes homosexuals, heterosexuals, IV drug users and other hemophiliacs. By incorporating these narratives, Ryan appears to be making a statement that AIDS/HIV is a medical condition, and how one became infected is irrelevant. This alleviates societal guilt placed on these individuals by those who would condemn or blame the patients for their HIV status. This is a move toward a new understanding of AIDS/HIV. It allows patients to redefine themselves and their medical conditions.

Ryan’s text creates an alternative definition for his ailment. Once the universal audience has done this, through the use of identification and strong arguments, Ryan can persuade himself that he is not to blame for his ailment. Herbert Mead (1934) has suggested that the self is created in the process of communicating with others. Wood (2006) adds that people can either live up to these expectations or fall short of them. By creating arguments for a universal audience who will appreciate the descriptions that Ryan uses of himself, Ryan persuades himself that he is the person the audience believes him to be. It could be that the Ryan White portrayed in the text is more a fictionalized
character than a representation of the real person. Without having known Ryan when he was alive, one only has Ryan’s self descriptions, not his authentic self. Assuming that the universal audience accepts this view, Ryan can conclude that he truly was a normal teen. This is Ryan’s ultimate attempt at redemption: his rhetorical rebirth (Rueckert, 1963). It was not that he died for the greater good, but also that others could see him as a young teen fighting discrimination for having a misunderstood terminal illness. In the end, the ideal audience understands that Ryan was a victim on all fronts. And when this is done, Ryan’s legacy becomes that of a normal teen who helped redefine an epidemic by being himself.

Janice: The desire for rest

“Each new medicine, each remission promises a happy ending yet unseen. Each relapse, each opportunistic infection portends an unhappy ending yet unseen. In either case we inch forward and anticipate both the best and the worst, satisfied to just prolong the journey itself”

Burns, 1995, p. 144

Janice’s narrative attempts to find redemption in some of the same ways as Ryan’s. Her wit and spirituality helped her to see through the darkness when needed. Also, the love of her family, her friends and Bill helped to move her forward in her fight against AIDS. But there are some major differences. Janice’s ideal audience is more intellectual than Ryan’s might have been, and she is not looking for others to see her as normal, but rather to see her as the outlier of AIDS victims. She also spends a great deal of time addressing her ailments and crediting her stable health to her infectious disease doctor, Henry Frey. This section will explore the different ways Janice tries to find peace in her otherwise chaotic existence.
One only needs to read a few pages of Janice’s narrative to appreciate her intelligence and sense of humor. After Bill died, Janice contemplated what the changes in her marital status would mean, since she was not a normal widow in that she was terminal as well. “Single, white, HIV+ female, two hearing aids, failing eyes, underweight, less than one hundred T-cells, Portacath, widespread scarring, thinning hair, numb feet. Seeks man who should know better for possibly short-term relationship. Must be able to look death in the eye” (Burns, 1995, p. 247). This quote highlights Janice’s ability to move forward with her life. The quote shows that Janice has the ability to use humor to deal with the loss of her husband and she recognizes that her new identity is one that has limitations. For the first time in more than ten years, Janice has to re-define her place is in the world without Bill. The significance of this realization is that Janice is choosing to continue to live her life and not just waiting or hoping to die. Redemption for her would be to recover from some of her opportunistic infections, and to remain in stasis, not progressing closer to death. She is not looking for a cure anymore, but rather for a time of rest when she does not need to fight so hard.

It is not until halfway through the narrative that Janice introduces the idea of spirituality as a way to deal with her ailments. She discloses early on that her father became a religious scholar during his own midlife crisis, but Janice never explores her relationship with God until one day when lying in a hospital bed, contemplating the food. I trust in God. If some people can be reborn by falling down in a church aisle or stepping into a bath at Lourdes, why can’t I be spiritually rekindled in a beige hospital room in Yonkers, hooked to an IV, a television speaker propped against
my head because the medicines I have taken to save my life have made me near-deaf? (Burns, 1995, 124)

This is the most she expresses about her belief in the divine, but even when she is wondering about her relationship with God, her ability to use humor to assess the situation is evident. This declaration may be Janice’s way of controlling what is most unpredictable: her health. By believing that God will take care of her, Janice metaphorically could be trying to reach the biblical state of perfection, heaven. Rueckert (1963) stated that the goal of reaching heaven is one kind of redemption archetype, and for Burke it meant an expression of something defined as good and worthwhile. Perhaps Janice feels that by believing in something greater than herself, her suffering will have meaning beyond her physical pain. Or maybe it is the idea that there is something better after this life that keeps her focused on getting through each day as best she can.

Janice also finds moments of rest when others accept her for who she is and not the “AIDS girl” (Burns, 1995). When Janice finally discloses to her family and friends that she has AIDS, her initial fear is that of rejection and condemnation. Instead her loved ones rally around her and show their love and support. This acceptance appears to allow Janice moments of normality where she can be herself. It allows her a place to define herself as friend, sister, daughter, and not patient. Burke (1961) used the word stasis to mean a period of rest before another redemption drama began, the term also has a medical definition of stopping a normal bodily flow (Burns, 1995). Because Janice has HIV, physiologically her body is in stasis as the normal function of the immune system has stopped. Since she was diagnosed, her life has been anything but restful as she and Bill have continued to fight opportunistic infections continuously. Therefore, when Janice
is with her friends and family, she can momentarily feel like a healthy, normal person because that is how they treat her.

Much of Janice’s life has been about Bill, so in many ways he assists in achieving redemption. Through their life together, Janice has been able to find who she is in relation to him. Even though she believes that Bill infected her with HIV, Janice still finds him to be an amazing person, and his love for her has made her feel that she is special.

I know he suffers; I know he must suffer because I do, and we have the same disease. Yet I do not see him cry at night when he thinks I am asleep. I do not see him grip the table’s edge when the reality of his life overwhelms him. I do not see him wallow in pity or regret, take to his bed and escape for a day or a week or a month as I have been tempted to do. (Burns, 1995, p. 157)

Since Bill was diagnosed prior to Janice, his reactions to his ailments serve as a guide for how she should feel and react to similar information. This means that Bill can then help her and be strong for her when she fights opportunistic infections. Bill’s ability to defeat his own opportunistic infections provides Janice with the confidence that she can do the same. This allows her to move forward and not to give up after every new diagnosis. After all, Bill survived with five t-cells for years. While he suffered many infections, he ultimately beat all but one (Burns, 1995).

It is Bill’s unconditional love for Janice that provides her with the knowledge that she is loveable and deserves to live. The last words that Bill spoke were, “Marrying Janice was the smartest thing I ever did in my life” (Burns, 1995, p. 232). This statement reinforces to Janice that despite how hard the last years of their life together have been,
that Bill would marry her again. By stating this to Janice, Bill is providing her with the needed strength to know that she can have a life and deserves a life after he is gone. Bill has given Janice the push forward so that she knows she did everything she could for him, but in the end, he had to admit defeat and stop fighting. For Janice, these words allowed her to let Bill die and find his own path to redemption in no longer being ill or having pain. While Bill’s spirituality was never mentioned in the narrative, he has found peace in the love of his wife.

It should be noted that Bill and Janice had a medical savior, a physician who allowed for periods of stasis between opportunistic infections and other AIDS related issues. This man was Dr. Henry Frey, or Henry as Bill and Janice called him because they saw him more often than many of their own family members. Janice dedicates an entire chapter to this man whom she credits with prolonging her life further than most AIDS patients at the time. Henry never had a problem admitting that he did not have the answers, and this lack of knowledge would lead him to search until he found the answer. In the process, while many others would have prescribed all sorts of other medications, Henry would not experiment on either Janice nor Bill. He would treat only when he found the right remedy to the infection (Burns, 1995). This allowed Bill and Janice to have periods of time when they were not medicated and could engage in normal activities because they did not have to be hooked up to IV drips or admitted to the hospital for scheduled medication. These intermissions permitted free time from being ill. Janice states that without Henry, she would have died long before Bill did.

Some people think guardian angels have wings. I know better. They have stethoscopes and amazing blue eyes. Henry is an old fashioned doctor in a world
where dividing a patient into treatable segments dominates, were a doctor is always supposed to remain at arm’s length. Instead, Henry rolls up his sleeves and plunges ahead without feeling the consequences of caring. For Henry there is little separation between his personal life and his work, and this suits him. He was always willing to admit that he didn’t know and was willing to do whatever was necessary to change that fact. (Burns, 1995, pp. 136-137)

Henry clearly played a very important role in both Janice and Bill’s life. But Janice’s depiction of him as an angel paints the picture of Henry as being more than human, of being a savior, one who could help her achieve redemption for her suffering. This alleviation was not medical, but psychological in that Janice believed that Henry could save her, could prolong her life, and could make the quality of that life better. He gave her the confidence to trust him and to take medical chances she might have otherwise rejected for both herself and her husband. Her depiction of this doctor who always questioned and searched for answers also allowed her a symbolic rebirth after winning long battles with certain ailments. “The rebirth process is a never ending one. Once rebirth is achieved, the cycle begins anew as the rhetor experiences pollution yet again….” (Foss, Foss and Trapp, 2002, p. 211). This is certainly true of both Janice and Bill because defeating each opportunistic infection due to Henry’s analytical diligence allowed them a temporary break before the next battle would begin. The pollution of the virus in their blood was always present, but Henry would find ways to subdue it so that Janice and Bill could attempt to live life with some predictability. These brief moments of respite were small victories, but they allowed them both to survive, hoping that the extra time provided might find the ultimate redemption in a cure for HIV.
Like Ryan White, Janice has a universal audience that she wants to redeem her. While Ryan may have found contentment with anyone who agreed with his definition of himself as a normal teen, Janice’s redemption is much more complicated. She in fact does not want to be seen as the normal AIDS patient, but rather as the exception.

Based on Janice’s writing style and self-characterization in her narrative, her text attempts to appeal to an educated universal audience, one who can understand why her story is important in the overall scope of AIDS education. Janice is interested in teaching her readers something about AIDS, but it is not traditional information about T-cells, safe sex and clean needle rhetoric with which many are familiar. Rather, she is showing people through the details of her own life the harsh reality of living with AIDS while representing a minority in the grouping of those who usually become infected. On the one hand, Janice is using fear tactics to persuade educated, affluent, Caucasian, heterosexual married couples that even they are not immune to this virus. On the other hand, she is the epitome of denial that AIDS happens to other “different” people. In order for her definition of herself and Bill to be seen as unique in their fight against AIDS, the ideal audience needs to accept that they are not typical, but yet they could be if certain information is ignored. Janice wants desperately to be seen as atypical for her rhetoric to be successful and for her redemption of self to be achieved.

Rueckert tells us “certain kinds of women are universally used as symbols of the redemption archetype. Usually they are naively innocent, and often they become sacrificial agents or innocent victims; they are usually naturally good and have always been and will always remain this way” (1963, p. 107). This quote summarizes Janice, but it may also highlight how she wants her universal audience to see her. In order for her to
be redeemed and therefore alleviated of her guilt at being infected with HIV, a virus traditionally associated with promiscuous gay men, prostitutes and drug users, she has to create an image of herself as a reluctant victim. The tone of her narrative is that of one who would rather not have to tell this story at all. However, it is as though Janice feels compelled to share her experience with others so that they know that all kinds of people do become infected with HIV.

I fantasize about receiving a gift certificate for one day without AIDS, but even in my dreams I cannot redeem it. I once convinced myself that I would make Henry famous by being the first person cured of this disease, but I have stopped dreaming of miracles….perhaps it is the Ativan or the hypnotic drip of the IV fluids that keeps away the panic, makes posthumous recognition somehow acceptable. (Burns, 1995, p. 116)

This quote highlights how Janice feels about being known in death only, but yet she still chose to write her story for others to learn from.

In order to further the argument that Janice is an anomaly in the greater AIDS narrative, and that she is mortifying herself for the greater good, she introduces characters who represent more traditional AIDS victims. In previous chapters, gay men, women addicted to crack, angry HIV positive women, sexually promiscuous women, and the ignorant have been introduced as various examples in this research. Their roles however are also important to Janice’s arguments of being an AIDS outlier. By mentioning these individuals, she reminds about the stereotypes associated with people infected with HIV or who have AIDS. Janice is not asking that her readers buy into these views or even suggesting that she supports them. Rather she is placing them in her narrative for
comparative reasons. In contrast to these individuals, Janice and Bill are reinforcing the view that they are not to blame for their medical situation, and that their message about AIDS education is important.

Janice’s text implies that she had a universal audience in mind while penning her story. She has attempted to create an image of herself she wants others to accept, and based on her persuasive strategies, her readers likely see her as an exception and not to blame for her status. Since Janice believes that her audience will see her this way, she is now free to self-define in this manner. Thus, the ideal audience has provided Janice with the ability to find a new sense of identity, one where her illness allows her to be altruistic in sharing information about a medical condition. Therefore, Janice has the potential to be redeemed. Her pain, suffering, loss of her partner, and loss of her own life has provided others with a template of what it truly means to have AIDS and who can become infected. Janice and Bill’s deaths have not been in vain as they served a greater purpose: to take AIDS beyond a stereotype, beyond a medical condition, and to make it a reality for those who may view it as irrelevant. In addition, they redefined the idea of blame associated with AIDS/HIV.

The idea of a universal audience has given Janice one more significant form of redemption. “Instead of giving me permission to die, the book’s completion has given me a renewed desire to live. The process of writing showed me that limits can and should be pushed and that we should not always assume we know what constitutes the beginning, middle and end of any life” (Burns, 1995, p. foreword). This quote embodies why Janice chose to share the last years of her life with her readers. It is a reminder that
life is not always what it seems to be, but that people should find the moments that define it and embrace them.

**Pedro and Judd: Change through education**

“I’d like to thank Pedro Zamora. I know this may seem redundant after this tale, but there is one more nod I’d like to give to Pedro. Aside from the friendship, love, and lessons, Pedro, thank you for giving me my voice. Before writing and drawing this book, I’d never truly found my way as a storyteller. You’ve given me that. So, once again, thank you. It’s one more way that I can never repay you”  
Winick, 2000, p. 181

Pedro and Judd’s stories are a bit different since the narrative is told from someone close to the AIDS/HIV patient and not the actual person him/herself. This section will highlight how Judd attempts to redeem both himself and Pedro. In Pedro’s redemption, Judd can also find his salvation as Pedro provides Judd with the tools needed to learn and grow as a person and AIDS educator. There are some similarities with the other narratives in that there is a use of humor and strong world views to help deal with the issues raised, but there is a strong focus on AIDS pedagogy in this story and a more modernized view of AIDS/HIV and those infected. The analysis will conclude by exploring who comprises the universal audience and what others are expected to do with the information presented in this text.

Foss, Foss and Trapp (2002) have referred to redemption as a change in the self or a move toward a new self. Judd states that prior to knowing Pedro, he had not found his voice as a storyteller. Therefore, this comic book narrative is Judd’s attempt at redemption. The format of the text is important to analyze, too. There are many narratives written about those who are HIV positive or have AIDS. But this one is the only one done in comic book format. The fact that Judd published a comic book with
such large distribution is a form of redemption as he moved toward the goal that he set out to accomplish while in college (Burke, 1961). When Judd first started writing his comic strip, he was thrilled that it would be syndicated. Unfortunately, soon after it was dropped and he was forced to return living with his parents and being unemployed (Winick, 2000). The fact that this book was published and can be found in mainstream media reinforces Judd’s identity as an artist and also as a writer. The argument could also be made on a larger scale that perhaps Judd validated the use of comic book formats to tell stories about unpleasant information. Instead of demeaning the topic of AIDS, it provided an original and interesting way to learn about someone with AIDS.

The quote that introduces this section came from the acknowledgement part at the end of the text. When Judd thanks Pedro for helping him to find his way as a storyteller, Judd is stating he has found a moment of redemption through Pedro and his bout with AIDS. As mentioned above, when Judd applied to be on the *Real World* it was because he had lost his focus in life. Meeting Pedro changed what Judd thought was important. He began to realize that educating others about AIDS/HIV was his new calling, his goal in life. This growth included learning to see people with AIDS/HIV differently, but it was also about Judd seeing himself differently, since he suffered guilt when he realized that he was not as open-minded and liberal as he once thought. Teaching others about AIDS/HIV allowed him to become the open-minded liberal that he ascribed himself to be (Winick, 2000, p. 13). However, this self-discovery also gave Judd a deeper understanding of the importance of seeing people for who they truly are, and not judging them or defining them without any real knowledge.
The realization that a person is not what he/she once thought can be disconcerting. Judd was clearly upset to realize that he was not happy living with someone who was HIV positive, as was highlighted in the previous chapters. However, it was not easy for Judd when he adopted a new world view. This epiphany exposed him to perspectives that he was not sure how to assimilate. Judd’s new role as an AIDS educator simultaneously thrilled and scared him. “Unfortunately, Pedro was about to begin a national AIDS education lecture tour when he got sick. He asked me if I’d sub for him until he got better. I was leery at first but I relented” (Winick, 2000, p. 134). Judd’s fears are understandable since the people who booked the lecture were expecting a well-known figure with AIDS/HIV. However, Pedro’s confidence in Judd’s ability to both represent Pedro and the AIDS campaign is a clear confirmation of Judd’s new view of himself. Thus, Judd’s new identity had been validated by the one person who had the credibility to do so. This backing then gave Judd the confidence he needed to deliver the lectures like someone who knew not only about AIDS education, but about what it was like to love and care for someone who was HIV positive.

Pedro’s support was the first step in Judd’s move forward as an AIDS educator. The next step had to come in the form of validation from those who attended these lectures. It could be argued that Pedro was biased since he was good friends with Judd or maybe Pedro had no choice and Judd was the best alternative. However, if others validated Judd’s performance and heeded his message, then his new identity could lead toward his definition of a new self. “After a lecture, the teacher who invited me to speak took me aside. The older brother of one of his students had died of AIDS just three months earlier and he wanted to know if I could talk to Laura for a minute” (Winick,
2000, pp. 163-4). Judd sat with this girl and explained that he understood what it was like to lose someone you love. This girl is portrayed as sitting on his lap hugging Judd as she cries. For Judd this was one of the signs that the information that he was sharing was important and needed by others. This little girl may have represented all the other lives that he touched both with his information and his friendship with Pedro. At the very beginning of the book, Judd has depicted many faces with comments that state things about Judd, Pedro, and the show. The implication is that these people were moved by Judd and Pedro’s education about life with AIDS.

Meeting Pedro may have allowed for Judd’s redemption by helping him find a new identity, a new purpose in life. However, this narrative is not only about Judd’s redemption, but Pedro’s as well. Just as Pedro’s friendship helped Judd, Judd’s love and appreciation for Pedro validated that he was a normal person with AIDS/HIV. Judd did not treat him any differently because he was infected, and this encouraged Pedro to be like everyone else. For example, while living in the Real World house in San Francisco, Judd details a time where he and Pedro sat and watched Star Trek and discussed the attractiveness of some of the female characters (Winick, 2000). This incident of normality is one way that Pedro could find redemption because it implied that people could treat Pedro like they did others who were not infected. For a small amount of time, Pedro could be just another friend hanging out on the couch. This is what Burke (1961) would call a moment of stasis or rest, where one did not have to feel guilt and could find peace.

But, Pedro redeemed himself by sharing information with others. His mere existence as a gay, HIV-positive Latino sent a message to people about what this all
meant. Pedro most likely encouraged people to challenge their stereotypes about all three
groups of which he was a member. Gay, Latino men were redeemed by identifying with
Pedro because they could see themselves living as gay men and still be culturally
involved. People with HIV could see how others treated Pedro and could infer from this
that they too would be accepted and loved in spite of their HIV status. People who knew
almost nothing about AIDS/HIV could live vicariously through the show and get to know
Pedro. By default they were learning what it meant to have AIDS/HIV. Chances are
good that many of the people who watched the show held the same beliefs about HIV as
Judd. But they too could learn from Pedro and see that people with AIDS/HIV are,
indeed, people. Thus, Pedro could save lives, not just physically, but mentally and
emotionally as well.

Pedro’s family loved him very much. He initially feared their rejection and
disappointment because they had such high hopes for his future. When he finally told
them the truth about his HIV status, they embraced him with open arms (Winick, 2000).
Early on in his diagnosis, Pedro thought he was going to die immediately, but after
surviving a bout with shingles, he realized that he might have many years left. This
epiphany leads him to move forward. “I am sick now. I am going to get better but it
does not change the fact that something is wrong inside me. I should stop denying that
and start doing something about it” (Winick, 2000, p. 52). Pedro went to an AIDS
organization and learned about life with HIV. Pedro became educated, and this led him
to find his path as an AIDS educator as he did not want others to give up as he initially
had. The original acceptance from his family provided Pedro with the confidence he
needed to move forward and fight. Pedro wanted to inspire this same type of self-
salvation in others who were HIV-positive. The fact that hours after Pedro’s death, President Clinton mentioned his courageous fight against AIDS, validated the sacrifices Pedro made to spread the rhetoric of AIDS education (Winick, 2000).

Pedro’s positive outlook on living provided him with a path toward redemption because it gave him a purpose, a goal to work toward. If one had not watched the MTV show, then all that would be known about Pedro was what Judd narrated in his book. So, the image that is made permanent is the one that Judd creates about who Pedro was and what he stood for. Again, much like Ryan White in his own self-presentation, the audience can only go by what Judd says about who Pedro was. Since the narrative is more pictorial than verbal at times, the images of Pedro also allow for his redemption. There is only one drawn section where it is clear that he is ill, and that is when Pedro is depicted with shingles (Winick, 2000). After this, even when shown in the hospital bed dying, he still looks the same as he has been drawn throughout the text. At the end, when Pedro died, Judd did not represent him as ill, but instead changed the foreground and background colors to show his physical departure, but never showed the physical demise. This omission allows for a redemption of Pedro’s memory because one will not remember him as dying, but rather surviving with AIDS. Whereas Janice verbally painted a graphic image of what it was like to live with AIDS/HIV, Judd and Pedro did not focus on the ailments, and therefore the art is not about the violence of the death, but rather the end of Pedro’s battle with AIDS.

In addition to Pedro’s physical representation, there is a character created through Judd’s narrative. Pedro is shown to be funny, intelligent, caring, and a good friend. When Judd’s comic strip went into syndication for a second time while living in San
Francisco, Pedro not only lent Judd the money to buy multiple copies of the paper, he also wrote him a congratulatory letter.

Dear Judd, just a little note to say congratulations…I am so very proud of you. You are talented. You have worked hard and deserve to be made a big deal of. One day when you have your comic strip in every newspaper in the country and an animated series on television, I will say to those around me “not only did I live with him, not only is he my friend, but I lent him ten bucks to buy papers the first time he was published.” Then I will sit back and bask in their envy and field questions. Pursuit of one’s dreams is the noblest profession. Seriously, you are wonderful. You deserve it and I am proud of you. I love you. Your friend, Pedro. p.s. You owe me ten bucks. (Winick, 2000, pp. 82-3)

This letter highlights the kind of person Pedro was, in his own words, ones he most likely never thought would be read by large amounts of people. And yet, this letter shows Pedro to be a sincere and caring person. It reinforces the image of Pedro as an AIDS educator and explains why he chose to spend the healthiest moments of his life talking to others about AIDS/HIV. While Judd’s narrative may paint a certain picture both physically and characteristically of Pedro, this letter reinforces and validates the information Judd has shared with the reader. Thus, Pedro’s image in death has the ability to educate others because his credibility has been validated by Judd and by Pedro’s own words. Judd and Pedro are both redeemed because the reader can see that both are honest, sincere, and telling the story as candidly and straightforwardly as possible.

Perhaps because Pedro did not write this narrative from his own perspective, the need for others to redefine him as blameless in his method of contraction is not found in
the same manner as Ryan or Janice. Judd, as mentioned above, is the catalyst for Pedro’s redemption as the image created is that of Judd’s interpretation of Pedro’s life and death. However, there was still a universal audience in mind when Judd wrote this narrative. This group includes two sets of ideal audience members.

The first group would be those who read this narrative and who are themselves HIV positive or have AIDS. The depiction of Pedro’s life is that of someone who could plan a future and who would not give up. At the same time, the narrative shows Pedro struggling with his diagnosis and the new meaning of his infected life. In addition, Pedro is shown dealing with his first ailments, telling his family and friends, finding his new identity, and ultimately finding importance in everyday activities (Winick, 2000). Thus, the message for this audience is: life does not end with a diagnosis of HIV positive or even AIDS. Pedro is also shown having a close relationship with another HIV positive man and ultimately marrying him, in spite of their HIV status. Pedro’s acceptance by his housemates on the Real World, and by a nation who watched him each week on TV, can redefine how others view those who are HIV-positive. No one will deny that the stigma and the blame factor exist. However, with the education that people receive today, the focus of that stigma and blame are different than fifteen years ago. Pedro’s message provided a guide for others to learn how to live and cope with this virus. A universal audience would see the arguments for living with HIV and not waiting to die of AIDS.

There is also an education present in this narrative for those who do not have HIV or AIDS. This universal audience is represented by Judd. He was a member of this group until he met Pedro and learned what it meant to be HIV positive. Since both Pedro and Judd were AIDS educators, they focused their energy on addressing facts and
redefining misconceptions about the disease and those who are infected with it. The entire comic book is pedagogical. The idea is that someone with little or limited knowledge of HIV, perhaps even knowing only that presented in the media, would read this narrative and learn that human beings are not diseases, they are people who happen to be ill. In a perfect world, which is what Judd attempts to create with his book, the audience walks away enlightened, and therefore pedagogically redeemed by this correct presentation of information. The reader in question would then share the information with others, and eventually, there would be complete understanding of what it means to have AIDS/HIV.

If this universal audience receives the pedagogical message, then Judd and Pedro can reach redemption. Judd’s new focus in life would be validated because people would listen and protect themselves and their loved ones from infection. Or, they would treat someone with AIDS/HIV as they would anyone else, and not see the disease over the human being.

Pedro can find redemption when this universal audience accepts the education presented in the narrative. It would mean that his prophesized future came to be. One will recall that when Pedro was born he was predicted to save lives. This book, and Pedro’s own dedication to AIDS/HIV education, then would validate his very existence. By giving up the chance to fight his battle alone or with close loved ones, Pedro gave up a great deal of freedom. If the education presented here is internalized and used as it was intended, then Pedro’s sacrifice was worth the price. Thus the universal audience can redeem both the author and the protagonist, and anyone else who is infected with HIV or has AIDS.
Pedro and Judd’s narratives deal with enlightenment through education and knowledge. Both of their experiences provide information so that others can understand what it means to have AIDS/HIV. The worst thing that could happen would be a dismissal of both Judd’s own attempt at redemption and Pedro’s sacrifice in the name of education, as not being authentic.

**Roger and Bob: The Redemption of AIDS/HIV**

“From the beginning, across many months, we have been driven to seek the truth concerning the nature of disease in general, and AIDS in particular. We leave it to the readers to determine how successful we have been”


While there are some redemptive similarities between this narrative and the ones previously analyzed, there is a bigger issue presented here. Thus far, the narratives presented have a pedagogical quality in that they seek to educate an audience about AIDS/HIV. The previous narratives also redefine who can become infected and what life means once infected. Bob and Roger, however, are seeking to completely change people’s beliefs concerning what AIDS is and what it can and cannot do to the body. Their narrative has the potential to take AIDS/HIV from being a stigmatized, terminal ailment to a breakdown of the body not caused by a transmitted virus, but by one’s own abusive actions. This last story will explore how both Roger and Bob attempt to rhetorically redeem one another, and how through their own personal and medical growth, they have validated the view of alternative medicine and the dissident view of AIDS/HIV.

The entire narrative is about Dr. Bob’s goal of redemption. While for Roger his redemption is truly about a new life, Bob’s is more about a journey that begins with
questions about the efficacy of traditional medical practices. Any time Dr. Bob tried something new with Roger and it worked, these were redemptive moments, or what Burke (1961) would call steps that moved forward. Continuing with Burke’s definition, these little redemptions were short-lived and fleeting because something would always happen to challenge that moment of perfection. For example, Bob decided that Roger needed to quit drinking caffeine. Roger became violently ill and almost died because giving up caffeine was more difficult than either had anticipated (Owen, 1997). Roger survived this ordeal, and ultimately overcame this addiction, one that Bob believed may have contributed to the breakdown of the immune system therefore resulting in AIDS. This incident is a small medical redemption toward Roger’s full recovery from AIDS. However, the risk that Bob took to try to save Roger was worth it in the end.

Based on this idea of ridding the body of addictions and toxins, Bob decided that he needed to change his medical focus.

In that moment I pledged the rest of my professional life to the purpose of teaching my patients how to live so as to maintain their bodies in a constant state of health. At that time I did not know how I would do this or how even to begin. But I vowed that I would begin to drug less and less and to counsel more and more. (Owen, 1997, p. 107)

This quote indicates that Bob had a change of heart in that he began to see the merits of different or holistic treatments. This is a step forward for him because soon he would apply this new world view not only to saving Roger’s life, but to dealing with his other patients as well. Any time he implemented this new ideal, and the idea was appreciated and/or enacted, Bob was redeemed for taking that risk. These moments,
when they occurred were small, and for every victory, he suffered more defeats, but Bob is doing more than just saying one needs to live a healthier life, he bet his best friend’s life on it.

Roger’s redemption is also about taking a medical risk, but it was not the soul searching journey that it was for Bob. For Roger, this battle was truly life and death. While every medical milestone brought Dr. Bob one step closer to redefining what it meant to practice medicine, it was Roger’s sacrifice and risk that allowed this process to take place. His body was broken and beaten, but on the off chance that he might survive, Roger became a guinea pig and gave up caffeine, salt, solid foods, and believed that Bob would save his life. In the end, both Roger and Bob had a fleeting moment of perfection. For Roger this redemption was to find himself whole again, healthy, and AIDS/HIV free.

Today I have never been healthier or more energized. My muscle tone and reflexes are excellent and I have no difficulty with my work or sleep patterns. Thanks to a healthy and well-balanced diet, I weigh the same as I did when I was in high school. All in all, one could not tell that I had ever been sick, much less struck down by a disease that I no longer fear. (Owen, 1997, p. word from Roger)

This release from illness gave him a new life, and a new identity as the man who survived AIDS. The quote implies that one has reached his/her healthiest potential when one has returned to the health status of an adolescent. Roger has done this, and in the process has redefined what it means to have AIDS. The redemption is that Roger is alive ten years after his initial diagnosis, something that is rare even today with all that is known about AIDS/HIV.
However, this narrative is not only about Roger and Bob’s salvation, but the redemption of a theory of medicine as well. Bob points out that many physicians were skeptical of alternative treatments, and made comments about the potential legality of such misdiagnoses (Owen, 1997). This story is one attempt to prove that alternative medicines do work. The quote used above states that Roger is in excellent health, and he achieved this status by holistic means. Bob removed the toxins from Roger’s body not by giving him prescription medications, or blood transfusions, or surgery, but just by removing solid foods from his diet and providing him with nothing more than water, fruit/vegetable juice, care and some sunlight (Owen, 1997). Since no one doctor or pharmaceutical company has been able to claim they have cured or found a cure for AIDS/HIV, the fact that Bob and Roger had was monumental. This provides legitimacy to alternative means of treatment, yet at the same time it embarrasses traditional medicine. In comparison, traditional medicine is characterized as small minded, evil, and harmful to the body.

In line with the rhetorical redemption of holistic approaches to medicine the entire classification of AIDS as put forth by medical establishments around the world has been redefined. This narrative has dismissed the view that AIDS is brought on by a virus which breaks down the immune system allowing certain opportunistic infections to take hold and eventually kill the patient. This is not something that can be transmitted from one human to another, but rather it has been recontextualized as something that humans do to themselves or from the advice of those in traditional medicine. This is not to find a new way to blame the patient for his/her condition, but rather to show how certain information received about the correct treatment of the body and ailments is at a
minimum erroneous and potentially deadly. The only fault the patient has in this new
definition of AIDS is listening to physicians and being unaware of alternative views of
medicine and health. Thus, if the definition of AIDS has changed and been revised, then
so has the meaning of being an AIDS patient. This person no longer needs to feel guilty
about being infected, and no longer needs to worry about being terminally ill either. This
offers hope and a new identity to those who have been labeled AIDS patients. A huge
step forward has been taken by this narrative in providing a new way to look at those who
were dying of AIDS. Of course, the text made it clear that some people’s immune
systems would be too badly abused to recover, but it offers something to look forward to
and hope where before there was none.

Not only has AIDS been redefined, and those with it offered new hope, but this
entire narrative lends credibility to the dissident view of AIDS. To recap, this is the view
held by some physicians, scientists, PhD’s, and others who do not believe that HIV is the
cause of AIDS, and that AIDS is a systemic breakdown of the immune system. This
outlook suggests that HIV is a harmless passenger virus because it is in the retrovirus
family, which is one that has never been found to harm humans (Duesberg, 1992). Until
Roger’s story, the belief that HIV did not cause AIDS was a theoretical argument. While
many people had died of AIDS who were HIV positive, the dissidents had only scientific
theories that many people who have HIV may never progress to AIDS, or that many
people have AIDS, but not HIV. This very narrative, if it is valid, is proof that AIDS is
not terminal nor is it linked to HIV in a negative way. Rather, AIDS is a potentially
reversible condition brought on by abuses to one’s body. Based on this story, as told by
Bob Owen, the dissident view of AIDS/HIV has been validated and rhetorically redeemed through an actual case study where Roger was allegedly cured of AIDS.

Based on the way the book was written and the characters depicted, there appears to be a specific universal audience in mind. If one were truly supportive of traditional medicine and believed that anything other than that view of medicine was irrational, this book would have no impact. Instead of persuading that person, the narrative would only reinforce the currently held beliefs, and further justify why holistic medicine was an unfounded idea created by questionable medical professionals. The universal audience sought is the kind who would be open and willing to explore non-traditional means of curing illness. For those who were opposed to holistic medicine, Dr. Bob’s own hesitancy about departing from what he had himself practiced for years, could serve as a guide. Dr. Bob’s own slow conversion can be the attempt at redemption for those who are seeking to find the truth about medicine and different approaches to it.

Once these people, the skeptics and the more open-minded, see the benefits of alternative medicine and reject the establishment view, then Bob has found the path to his own redemption. It was presented in his story that Bob struggled with leaving his training and moving into uncharted medical territories. One must assume that he had doubts, even after Roger recovered and he was forced to move his family to Africa. However, if he believes that his universal audience supports his medical conversion and the salvation of Roger, then Dr Bob’s sacrifice, including changing his medical identity, was worth it. The end result is that the universal audience will believe holistic approaches to medicine do work and that Roger’s cure is a direct result of a rejection of traditional medicine and an embracing of alternative approaches.
One has to wonder why more people are not aware of Roger’s miraculous recovery from AIDS. It would seem that this information should be known by a great many people, and yet only the readers of this narrative know of this “cure.” However, while some may question the veracity of this narrative and the authenticity of the claims made, both Bob and Roger can find their redemption in those who do believe that such a healing can and did occur. Perhaps the goal of this narrative might have been a journey from believing in traditional medicine to questioning that belief, to ultimately being willing to accept a different view of treatment. Roger’s recovery from AIDS is a byproduct of the bigger message presented about the power of the body to heal itself and the questionable things done in the name of medicine. Therefore, while it would be nice to believe that people with AIDS have some hope, the path to redemption is created through the universal audience when they believe that this narrative is possible, and that holistic approaches make it so.

**Chapter summary**

This chapter has explored the Burkean concept of redemption, adding to that definition the idea of the universal audience as a way to provide an identity to the authors/protagonists of each narrative. Each story had its own way of attempting to achieve redemption. Ryan is rhetorically redeemed because others begin to treat him as normal, but he also found salvation in his sense of humor and his spirituality. The universal audience allowed him to see himself as he wanted others to see him, thereby allowing Ryan to live as a young teen who just happened to have AIDS.

Janice found momentary redemption in her sense of humor and her spirituality, but she also found it in her interpersonal relationships differently than Ryan did. In
addition, her path toward redemption occurs through the ideal audience when others recognize that Janice and Bill represent the minority of those infected with AIDS/HIV, but that number could grow if people do not see that AIDS can and does happen to people who do not fit into neat categories assigned by the CDC.

Pedro and Judd seek redemption through their great friendship. Judd’s new career as an AIDS educator served to honor Pedro’s memory and at the same time commemorate his image. Pedro provided an education for others and allowed them to see what it was like to live with HIV and who deals with this everyday. Their universal audience is comprised of those who are willing to either heed their message or spread the message to others. The ultimate redemptive act for Pedro would be to have his experience save another from infection.

The chapter ended with the rhetorical redemption of Roger and Bob. Roger was given a second chance at life, and he went to Africa to share his experience with others who would be receptive to his rhetoric. Bob could find redemption not only because he saved Roger’s life, but also because he found a new calling in a different type of medicine. Their universal audience would be those who would challenge traditional medicine and seek out alternative treatments for health-related issues. While the veracity of the narrative may be questioned, the power of holistic medicine is explored. Roger was ill with some type of disorder, and apparently holistic approaches saved his life.

The protagonists/authors of these narratives found the path to redemption in many ways, but there is also redemption to be found for the audience. Each text has the ability to change a view or to reshape the way something is defined. AIDS/HIV is not an easy ailment to live with, and these stories remind of the human side of the epidemic. Each
protagonist represents a statistic in AIDS research, but their stories make that number a reality. Therefore, the ideal audience can grow from each narrative and can learn what it means to be infected with HIV or to have been diagnosed with AIDS. For a brief moment, the readers can give these authors/protagonists their lives back, because other than Roger, all have passed on.
Chapter Six: Concluding Remarks

December 1st is World AIDS day. It is a time to reflect on the past of this epidemic as well as the present. It is also meant to provide hope for those who find themselves diagnosed each year; a reminder that they are not alone and that there are people out there who care and want to help. But this day also serves as a warning that despite all that is known about AIDS/HIV, the number of new infections continues to grow. Worldwide statistics reinforce the message that this pandemic is still very much with us. Forty million people are living with AIDS/HIV (UNAIDS, 2005). Their voices need to be heard so others can remember this disease can and does happen to anyone.

The four narratives analyzed in this research show some of the ways AIDS/HIV can impact the lives of different kinds of people. While some will look only to the statistics to explain who becomes infected, others will realize that statistics can only tell one side of the larger AIDS/HIV story. Despite the twenty plus years since the first AIDS case was diagnosed, the stigma of having this ailment has remained. While the hysteria about the epidemic has subsided in some areas, the belief that people are to blame for their condition remains in the minds of some Americans (Stine, 2002). These narratives show the lives of those who deal with this ailment and their responses. The analysis began with the guilt each suffered, followed by how they purified that guilt and concluded with redemptive acts in the form of closure. This last chapter will provide a summary of the findings for the chapters exploring guilt, purification and redemption, and will close with implications and directions for future scholarly research in this area.

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Guilt

Burke (1984b) stated that guilt occurs when one feels bad about one’s location on the hierarchy of society. He also added that society suffers from what he called categorical guilt, which is like the concept of original sin in Christianity (Burke, 1984b). Even though people with AIDS/HIV have a terminal diagnosis, they are often placed on the lowest rung of the illness hierarchy. In addition, anytime someone is ill, they are automatically lower on the social hierarchy of being healthy and fit.

Ryan White’s narrative highlights how his illness led to his being socially ostracized by others. It began with his hemophilia, a condition of the blood, and was later compounded by his infection with HIV. All Ryan wanted was to be like other kids his own age.

Janice found herself infected by her husband, Bill. Like Ryan, her guilt also stemmed from the breakdown of her body, but in this case it had more to do with her not achieving what she wanted to in life. As a Caucasian, educated, heterosexual woman in her early 20’s, Janice “should not” have been an AIDS statistic, but rather a young wife with a career and a future including children. Instead, she found herself fighting opportunistic infections and hoping to live until thirty. Bill felt guilt that he had infected his wife, even though he did not know he was HIV positive until after they were married.

Pedro and Judd suffer different types of guilt. Pedro is HIV positive, and therefore, feels he has let his family and his culture down. Judd believed that he was open-minded and liberal, but when faced with the possibility of living with someone who was HIV positive, Judd realized that he held common stereotypes.
Roger and Bob deal with a unique form of guilt since both are physicians. Roger had AIDS as a result of using IV drugs during the Vietnam war. His status on the hierarchy of guilt is low because he is a recovering drug addict, who also found himself infected with HIV. Bob, on the other hand, is high on the ladder of status because he is a successful physician. However, as he delves into treating Roger’s ailment, he soon learns that his own medical beliefs may be more dangerous than any illness.

In order for others to accept the guilt felt by the protagonists, identification, or a common bond formed through language between people, must occur with the audience (Burke, 1969). Each of these protagonists needs another to relate to them so that the guilt is understood, and one can envision and understand the bigger societal issue that is presented. This means that the origin of guilt comes from the social view of AIDS/HIV, and therefore, creates the individual need for each of these authors to defend their AIDS/HIV status to others. By identifying, or seeing themselves in these protagonists, others can then understand why Ryan, Janice, Pedro, Judd, Roger and Bob had to deal with the need to seek redemption.

The analysis of guilt in these four narratives implies that these protagonists feel somehow responsible for the breakdown of their bodies and the resulting social repercussions. By using Burke’s concept of guilt as part of the redemption drama, one can believe that the guilt each suffered began with the social implications of being ill with AIDS/HIV. It was then internalized by each infected person to create other issues associated with being placed lower on the hierarchy. The fact that any of these books were written suggests a need to defend being infected with AIDS/HIV and as such, a way to redefine that guilt through the modes of purification.
Purification

Burke (1969) continues his dramatistic analysis with the concept of purification, which can be divided into two parts, mortification and victimage. Rueckert (1963) defines mortification as self-sacrifice or suicide, and victimage as murder or the sacrifice of the other. Another term for victimage is scapegoating (Burke, 1969). In each of the narratives analyzed, both forms of purification are present as is the continued need for creating identification with the ideal audience.

Ryan White was scapegoated by many in his hometown, who sought to accuse him of some type of evil that explained why he was infected with AIDS. These individuals created rumors about his sexuality, his attempts to “spread” the virus to others, and made comments about his mother’s lack of parental responsibility as reasons for his ailment. Despite the hostile reactions from others, Ryan took the moral high road and mortified himself by attempting to educate others about his condition. By making the choice to publicize his ailment, Ryan gave up his anonymity and his ability to be the normal teen he desperately wanted to be.

Janice scapegoated others who either were ignorant about how one became infected with HIV or those she felt lived a risky life-style. In addition, the analysis of her narrative showed she blamed Bill, because she believed he infected her with HIV. Janice mortifies herself by her detailed disclosures of her body being torn apart by AIDS. In addition to this, Janice deals with her anger at Bill for infecting her and her anger at her own hesitancy associated with not dating him when they first met. Janice’s willingness to share her life for the benefit of educating others is the major way she mortifies herself.
In Pedro’s experience with AIDS, he became an AIDS educator, choosing to make his fight with AIDS known, thereby denying himself the peace of being with his family and friends. Judd mortified himself by being honest about his initial views of AIDS/HIV and admitting that he was worried about knowing and living with someone who had HIV. However, victims of AIDS/HIV are not scapegoated in this text, rather through Pedro’s ordeal and Judd’s telling of the narrative, people learn about AIDS/HIV.

Roger and Bob’s story is a bit different than that of the other narratives, but despite this difference, purification of both men is still present. Bob scapegoats the traditional medical establishment by blaming the institution for creating the ailments that make up a diagnosis of AIDS. By making such a claim, Bob is willing to write about his new hypothesis concerning the current medical system, at the risk of losing readers. In addition, Roger allows himself to be a guinea pig as Bob tests out this theory.

Burke’s concept of identification plays a large part in whether or not an audience is willing to accept the protagonists’ scapegoat and how they choose to mortify themselves (1969). In order to find a common bond each narrative must prove why some serve as scapegoats and why each protagonist has mortified themselves. Without this bond, one might not see the purification that took place, which would then allow the authors to shed their guilt and attempt to achieve redemption.

Redemption

The protagonists are unique in that their quests for redemption are the most important part of the journey. They are unique because their terminal status means they have a brief chance to achieve redemption. For most, while the little redemptions each achieves may be fleeting, its the overall redemption which needs to be successful since
they only get one chance to plead their case. Burke (1961) defines redemption as a move toward something, but it can only be reached once the individual has suffered guilt and purification for only then will the person know he/she has achieved redemption. It is a unique experience and also a subjective one as definitions of what constitutes redemption differ. Foss, Foss, and Trapp (2002) expand on the Burkeian definition and add that to find redemption one may find a new identity or a new perspective on the world. The narratives represent this forward movement which encompasses finding a new self and learning to see the world in new ways.

Ryan White could find his path toward redemption in all those who could see him as the normal teenager. Both his mother and his sister refused to show him preferential treatment and by doing so allowed Ryan to have the chance to be a normal teen. In turn, both his mother and sister attempted to find their own redemptions because Ryan’s strong, positive spirit taught them about themselves and to handle certain issues. In addition, Ryan found a way to see the good that could be done because he had AIDS, and chose to define his experience in a positive way instead of a negative one.

Janice had a hard time seeing the benefits to being HIV positive, but she still managed to redefine her ailment by having a sense of humor about her opportunistic infections. She also found her spirituality as a guide for living her life as someone with AIDS. Much like Ryan, she found moments of rest when people saw her for who she was, and not as Janice, the girl with AIDS. Janice found her path toward redemption, however, in her love for her husband, Bill.

Pedro and Judd found redemptive acts in their friendship with one another. Judd’s purpose in life did not become clear to him until after he met Pedro and realized
that he needed to educate people about AIDS. Pedro appreciated that Judd saw him for the person he was, and not as someone with AIDS. Judd’s loyalty, friendship, and respect gave Pedro the strength to keep fighting and to make the point that people with HIV are everywhere. Both Judd and Pedro have positive outlooks on life, which allowed them to have a perspective about AIDS/HIV that they could use to educate others.

Roger and Bob found moments of redemption in challenging the medical establishment’s definition of AIDS/HIV. Bob, throughout this narrative, slowly changes his view of how to treat patients and also what it means for a patient to have AIDS. These are small steps that rhetorically lead to a redemption of how to define AIDS/HIV. Roger’s overall attempt at redemption is found in his being cured of AIDS, and also discovering a new life for himself, something he thought would never be possible since he was diagnosed as terminal.

Identification was important in the first two parts of the redemption drama, guilt and purification, so that the perspectives of the protagonists could be better understood. For this last part, a different relationship must be established between the protagonist and the reader. The authors need to find a way to promote redemption in the minds and perceptions of those reading their narratives. Perleman offers that rhetors can create arguments for a universal audience in such a manner that the audience is persuaded to accept that view and no other (Foss, Foss and Trapp, 2002). These protagonists create an audience with their rhetoric that by the end of each narrative. The ideal reader is likely to conclude that the infected person is not to blame for his/her status, but rather that the person is ill and suffering. By having an audience accept this view, the protagonists can
then see themselves the same way, as not being to blame for their medical conditions. This lessens or removes the social stigma of having AIDS/HIV.

**Implications, limits and future research**

Bobbitt (2004) is one of the few researchers who used Burke’s idea of the redemption drama in its entirety. Other scholars appear to use bits and pieces, but do not carry the analysis through from guilt/pollution, purification, and redemption. It appears that Burke’s concept has not been used to analyze AIDS/HIV rhetoric or any other health communication topic. This drama has allowed for the analysis of how people with AIDS/HIV use narrative to redeem and redefine blame issues associated with the ailment. By creating identification with the audience and, in turn, creating that universal ideal audience, the authors of these texts have tried to find a path toward redemption in their lived experiences and have had the opportunity to redefine a life with AIDS and what it means to be infected. Each narrative implied that the best course of action is to be protected, but at the same time reinforced that these were people suffering with a disease they did not want. Instead of offering statistics, they offered up their experiences.

These stories are known as illness narratives. These are first person accounts of dealing and living with illness. This research adds to the body of knowledge by reinforcing that being sick is not just a physical issue, but an emotional, spiritual and social one as well (Frank 1991, 1995). These protagonists are not telling a watered down version of what it is like to have HIV or AIDS; some of them are very detailed in what they deal with on a day to day basis. On some level, the motive is pedagogical; it is intended to educate and perhaps scare one into being safe. It also reinforces that anyone can become infected with HIV if sexually active, and therefore those who are currently

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infected are no different than anyone else. All of this is done through language. These narratives use language as a way to communicate their lived experiences. There are meanings created not only about being ill, but about what it means to be ill with a disease often labeled as a plague. In this case, the medium of choice is written communication, but found within the words one can analyze the guilt, purification, and attempts at redemption to explore the meanings being presented. Burke’s concept of the redemption drama works with AIDS narratives because of the way AIDS/HIV has been contextualized in society since the first case in 1981. Since the beginning, the language of blame has been employed, pointing fingers at homosexuals, IV drug users, and Haitians. The phenomenon of blame indicates the fear and guilt that Americans may feel about the prevalence of AIDS/HIV.

Burke’s rhetorical tools found in the redemption drama allow for an analyst to explore where the guilt is found in the language used to create meaning about AIDS/HIV. Interestingly, it is found in those who are ill, but it is also prevalent in society as well. The analysis of this language, and the ability to find it in texts, allows for a new meaning to be created about how AIDS/HIV is and can be framed rhetorically. The fact that one feels the need to defend being ill is an indication that there is a language that needs to be explored in more detail.

It needs to be noted, however, that the narratives for this research were chosen within a certain historical context: Ryan represented the early 80’s; Janice represented the mid to late 80’s, Roger and Bob represented the mid 80’s to early 90’s and finally Pedro and Judd represented the 90’s. It is now 2007, and while many of these stigmas still exist for people with AIDS/HIV, there are new issues that will change the context of
AIDS/HIV narratives. The CDC (2004) states that there has been an increase in seroconversions (people testing positive) in the United States over the last several years, and the reasons for this are twofold.

First, some believe that with the advent of new drugs, HIV can now be controlled and is therefore no longer a terminal condition. For a select few, the protease cocktails do keep the virus from progressing to AIDS, but not indefinitely. However, it would appear this erroneous belief may cause some to take risks that they might not otherwise have taken. The reality is that many cannot take these cocktails due to the toxicity of the medications or because the virus mutates and becomes resistant to the medications (CDC, 2004).

Second, it appears that there is a rise in infections among homosexual men. This may be a surprise given that in the past, gay men were very vocal about AIDS/HIV and prevention. However, this new increase in homosexuals is a bit different than it was in the 1980’s. It appears that minority men are living something called the “down low lifestyle” (King, 2005). This means that these men are having sex with other men and then going home to their wives/girlfriends and not disclosing these sexual acts. In addition, these men do not define as homosexual (gay) or bisexual, but rather believe their identities are heterosexual or straight (King, 2005). This not only causes an increase in what the CDC labels as homosexual statistics, but these unsuspecting heterosexual female partners are also showing an increase in seroconversion. The statistics complied by the CDC support this as there has been an increase in cases of HIV among African American and Hispanic women (2004). This new trend in AIDS/HIV numbers suggests that new narratives about AIDS/HIV will be written, but the stigma may still exist.
While AIDS/HIV is terminal, the reality is that many people suffer from STDs that also carry stigmas and fear of rejection. This may provide an explanation as to why these diseases continue to spread since people fear disclosure. Burke’s redemption drama might provide new insight into why people do not use protection and why people do not disclose their STD status (e.g. herpes, Human Papilloma Virus (HPV) or HIV).

Expanding on the idea of using Burke to analyze medical ailments, his drama may also shed new perspectives on why people share their illness narratives at all, even for ailments that do not carry a stigma, like diabetes, cancer, and heart disease.

There are other non-STD related topics that are stigmatized, which could also be analyzed rhetorically for why people share these narratives and what purpose such disclosures serve. Each story told by someone will be read and judged by another. That reader has the ability to attempt redemption by changing his or her view based on learning new information, and that could change a view of the world as well. Narrative allows for an audience to experience the protagonists’ life. Burke’s drama allows one to analyze the language so that the guilt can be uncovered, purification can take place and redemption can be found.

While Burke’s drama allows for an analysis of the attempted AIDS/HIV redemptions in each of these narratives used, it needs to be highlighted that there are multiple redemptions that may also be taking place. In this research, issues of race, sexuality, class, and gender were not the main focus and therefore were excluded from the analysis. A study of the language which included these aforementioned topics, might produce a different result, one that showed that AIDS/HIV was a secondary redemption from other societal prejudices. This returns to the early point made about these
narratives being situated within a specific historical context. While it might have been that at first having AIDS was reason enough to blame the patient, now it may appear that there is an intersection of multiple hierarchies. In her narrative, Janice used an example about a play that she and Bill saw, where the gay men were seated closest to the stage, and everyone else sat further away. This is a nice analogy to the multiple hierarchies in question. It shows that there are multiple levels to being HIV positive. A homosexual black man not only has to deal with being positive, but he also has to deal with issues of sexual orientation and race, which would provide a very different rhetorical situation than that of a heterosexual Caucasian woman with the same ailment. One would need to look at more contemporary narratives to see if issues such as the ones mentioned above address these different redemptions.

As stated in chapter one, statistics about disease do not show the nuances of what it means to be ill. Illness narratives can fill in the blanks and take the definition of disease from a medical condition to a more humanized story of that ailment. The narratives show how complicated it is to be infected with AIDS/HIV. They provide a glimpse into the complex backgrounds of each person. Textbooks about AIDS/HIV can provide a list of the opportunistic infections associated with AIDS and they can supply an anecdote of the discrimination people with AIDS/HIV suffer, but they cannot tell the entire story. Ryan, Janice, Pedro, and Roger show what it is like to have AIDS. While reading these narratives, one can suffer along with them, feel what it is like to be ill with a stigmatized ailment, and can begin to comprehend the complications of their daily lives. We come to identify with them not as patients, but as human beings struggling to make sense of their lives.
This is the power of narrative and communication. Reading about first hand accounts of people who are ill provide information that medical textbooks cannot. They show us the story that happens in between the definitions and the statistics. They show us real people who deal with this. Narratives provide us with what Burke called equipment for living (1969). While the narratives here were about AIDS/HIV, there are narratives about ailments that provide readers with insights into other medical conditions. However, the amount of literature about living with STD’s is limited. It appears that either people do not want to talk about having herpes or HPV or they feel there is no audience for such literature. People with cancer are not blamed for their cancer, but those infected with STD’s, ones for which there is no cure, are often labeled and stigmatized for their conditions. Until such issues are openly discussed and explored, the stigma will continue. Statistics show that many Americans are infected with these two viruses, and yet many are not willing to openly talk about these issues. At one point in time, the same could have been said about cancer. Now, there are many narratives about coping with cancer. Those illness narratives are important sources of information both for those who are diagnosed with it and for their loved ones. Illness narratives help us reframe illness in a way that provides a context for discussion. They create a forum for a dialogue and remind us that we are not alone in our suffering.
References


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Andrea Zolnier Thelen, “Adi”, completed her undergraduate degree in Communication at the University of South Florida. After working for IBM for two years, she returned to school and completed a Master’s Degree in Communication at Emerson College in Boston, MA. Adi returned to the University of South Florida to work on her PhD in Rhetorical Studies and Health Communication. She currently resides in Charlotte, NC and teaches fulltime at Queens University, a private liberal arts college located in Charlotte.